

mwrUnited States Army Garrison Fort Rucker



# HANDBOOK FOR NEW MILITARY SPOUSES

The Director of Family and Morale, Welfare and Recreation



Fort Rucker MWR  
[Rucker.armymwr.com](http://Rucker.armymwr.com)



# A WARM WELCOME TO THE NEW MILITARY SPOUSE!

Congratulations on becoming a military spouse.



We hope this handbook will make it easier for you to integrate into the larger Military Family. Life with the military will bring many changes and challenges, but with a smile and a positive attitude, it can be the adventure of a lifetime.

This handbook covers general information concerning the military as well as information specific to your time here at Fort Rucker, the home of Army Aviation. After arrival at your first military duty location, you and your Soldier should acquaint yourselves with the area and the post/base facilities. You are also encouraged to attend a newcomers' briefing or orientation. Each post/base has its own way of welcoming newcomers. The facilities and services that are available will vary depending on the size of the post/base.

## INTRODUCTION

The Fort Rucker Handbook for New Military Spouses is a reference tool for spouses new to the military. Off-post agencies are occasionally listed for information purposes to provide a full range of resources available within the Fort Rucker area. The inclusion or exclusion of any specific off-post agencies is not intended to imply an endorsement or lack of endorsement by Fort Rucker MWR, the Department of the Army, or the Department of Defense.

## NEWCOMERS' WELCOME

If you are new to Fort Rucker or you are returning after spending time away from the installation, your first stop should be the Newcomers' Welcome held every third Friday of the month starting at 8:30am at The Landing. The Newcomers' Welcome is designed to welcome and inform newly arrived Soldiers and Family members of the many Family support services available on Fort Rucker and surrounding communities. This is a mandatory program with attendance by Soldiers required no later than two months after arrival. Family members, civilian employees, and contractors are strongly encouraged to attend. Free childcare is available at the Child Development Center when reservations are made no less than 24 hours prior to the event; call **(334) 255-3564**. Eligible children must first be registered with Parent Central Registration at **(334) 255-9638**. For more information participants may call the Army Community Services' Relocation Readiness Office at **(334) 255-3161 or (334) 255-2887**.

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# FORT RUCKER HISTORY

## A BRIEF HISTORY OF FORT RUCKER

Although both Fort Rucker and Army Aviation trace their origins back to earlier eras, they came into being during the early months of World War II. The United States entered the war on December 8, 1941, following the surprise Japanese attack on Hawaii, the Philippines, Guam, and Midway. On December 15, Congress voted an appropriation of \$10 billion for the defense of the United States and established a military service draft for men from 20 to 44 years of age. During World War II, America conducted a manpower mobilization unprecedented in its history in terms of total numbers; the United States put into uniform more than 16 million men (one-sixth of the total male population) and also approximately 333,000 women. This mobilization called for the creation of new training camps and military bases, including Camp Rucker.

## CAMP RUCKER

The original name of the post was Ozark Triangular Division Camp, but before the camp was officially opened on May 1, 1942, the War Department named it Camp Rucker. The post was named in honor of Colonel Edmund W. Rucker, a Civil War Confederate officer, who was given the honorary title of "General," and who became an industrial leader in Birmingham after the war. In September 1942, 1,259 additional acres south of Daleville were acquired for the construction of an airfield to support the training camp. It was known as Ozark Army Airfield until January 1959, when the name was changed to Cairns Army Airfield. The first troops to train at Camp Rucker were those of the 81st (Wildcat) Infantry Division; the 81st Division left Rucker for action in the Pacific Theater in March 1943. During the latter part of World War II, several hundred German and a few Italian prisoners-of-war were housed in stockades near the railroad east of the warehouse area, on the southern edge of the post.

## THE CAMP BECOMES A FORT

On February 1, 1955, the Army Aviation Center was officially established at Rucker. In October of that year, the post was given permanent status with the name change from Camp Rucker to Fort Rucker.

## RENAMING OF THE FORT

In January 2023, the Department of Defense ordered all organizations to implement the DoD Naming Commission recommendations to rename installations that commemorated Confederate War military leaders or rebel victories. On 10 April 2023, Fort Rucker was officially renamed Fort Novosel, honoring Medal of Honor recipient Michael Novosel. See his story <https://www.cmoahs.org/recipients/michael-j-novosel>.

In June 2025, the President announced his intent to rename seven installations to their previous names. However, this time the name of Rucker is in honor of a WWI Aviator, then 1<sup>st</sup> Lieutenant Edward W. Rucker, who earned the Distinguished Service Cross for extraordinary heroism while engaging a numerically superior enemy force in aerial battle over France. "Captain Rucker was more than an aviator. He was a warrior, an aviation pioneer, and a testament to the courage that defines Army Aviation," said Maj. Gen. Clair Gill, U.S. Army Aviation Center of Excellence commanding general. "In the heat of battle, he flew with unwavering resolve, facing danger head-on, proving that true heroism is found in the willingness to risk everything for mission and comrades. His legacy is not just in the skies he conquered, but in the fearless determination and bold vision that every Army aviator must embody."

Maj. Gen. Gill added that despite the name change, the installation plans to continue to honor the legacy of late Enterprise resident and Medal of Honor recipient Chief Warrant Officer 4 Michael Novosel Sr., who was honored with the renaming to Fort Novosel in 2023. "CW4 Mike Novosel's heroism in battle, his unwavering dedication, and his commitment to the mission will forever be etched in this installation's history," said Gill. "His legacy remains a symbol of excellence, of who we want our young aviators to emulate."



## THE FORT RUCKER BEAR (AKA SGT TED E BEAR)

SGT Bear was created in 1961, when the Commander of the 2nd Battle Group of the 31st Infantry Regiment, stationed at then Fort Rucker, decided his troops needed a mascot. The Regiment had been deemed the "Polar Bear Regiment" after seeing its first combat action in Siberia. The Commander contacted the Goofy Golf Course in Panama City, Florida and asked them to design the then PFC Bear. Since then, SGT Bear has moved from its original location on Ruff Avenue to his current home on the corner of Andrews and Rucker Street. SGT Ted E Bear stands as a symbol of Soldier strength and proudly serves and inspires Fort Rucker and all who have passed through the Fort Rucker gates.



# DEERS/ID CARD

The most important and very first thing you should do is ensure your Soldier has you enrolled in the Defense Enrollment Eligibility Reporting System, or DEERS. DEERS is a worldwide, computerized database of uniformed Service Members (sponsors), their Family members, and others who are eligible for military benefits, including TRICARE (medical care). Your Soldier must enroll you at a uniformed services personnel office. You can find the nearest uniformed services personnel office by following this link: <http://www.dmdc.osd.mil/rsl>. In order to be enrolled you will be asked to provide important documents for all dependents and children, such as: marriage license, birth certificates, and social security cards.

As a new military spouse, you will need a military Identification Card (ID card). Your military ID card is necessary to gain access to the valuable services your Soldier's service entitles you to. This ID card will enable you to use The Post Exchange (sometimes referred to as the PX), the Commissary, and to receive medical care. ID cards are issued to all Family members who are 10 years or older. Due to its importance, you should always carry your ID card with you and guard it carefully. If the ID card is lost, the loss must be reported to the Military Police as soon as possible. To obtain your ID card, you will need the original or certified copy of both your marriage and birth certificates. You will also need your original Social Security card and a government issued photo ID. The Service Member MUST accompany the Family member to the ID card office to authorize the issuance of the military ID card.

We will list out many of the services and benefits provided to military dependents throughout this handbook. However, a great source of information and an excellent tool to access is the Army One Source webpage. This web page can direct you to a solution for just about any issue that you may come across. You can access Army One Source at the following link: <http://www.myarmyonesource.com/default.aspx>

## MILITARY PERSONNEL AND SERVICES DIVISION (IDENTIFICATION/DEERS)

Soldier Service Center, Bldg 5700, Room 160, Rucker St,  
(334) 255-2437/2182

<https://home.army.mil/Rucker/idcards>

To receive an ID card, all customers who are 21 and older must have two unexpired forms of ID to get a new ID card made. When adding a spouse to DEERS, the sponsor needs to bring the following documents with them: Marriage Certificate, birth certificate, social security card, & a photo id. All documents must be originals or certified copies. For dependent ID cards, the sponsor must be present to sign the DD Form 1172. When adding a child to DEERS, the sponsor must have the following documents for the child: birth certificate & social security card. If a stepchild is being added, the marriage certificate is also needed. Documents must be originals or certified copies.

# ARMY COMMUNITY SERVICE

Soldier Service Center, Bldg 5700, Suite 350,  
(334)255-3161/3815.

Army Community Service (ACS) is a Soldier and Family support center that is usually centrally located on the post. Larger posts may even have satellite locations positioned closer to military Family housing. ACS provides Army Families with information, guidance, assistance, or problem solving in personal or Family matters that are beyond the Family's own resources. Many ACS facilities offer fax and photocopy services as well. All services provided by ACS are free of charge to ID cardholders. Facebook page Fort Rucker Army Community Service <https://www.facebook.com/FtRuckerACS>

## **SOME OF THE PROGRAMS RUN BY ACS INCLUDE, BUT ARE NOT LIMITED TO:**

### **ARMY EMERGENCY RELIEF PROGRAM**

Soldier Service Center, Bldg 5700, Suite 350,  
(334) 255-2341

<https://Rucker.armymwr.com/programs/army-emergency-relief>

AER is available to active duty Soldiers and their Family members; ARNG and USAR Soldiers on active duty for more than 30 days, under Title 10 U.S.C., and their Family members; retired Soldiers and their Family members; surviving spouses and children of deceased active or retired Soldiers.

### **EMPLOYMENT READINESS PROGRAM (ERP)**

Soldier Service Center, Bldg 5700, Suite 117,  
(334) 255-2887

<https://Rucker.armymwr.com/programs/employment-readiness>

ERP assists Active duty military, DA civilian employees, spouses, retirees, surviving spouses and Family members with identifying immediate and long-range career goals while teaching the client how to write a successful resume. ERP can provide training and assistance with writing both Federal and civilian resumes, two completely different types of documents. Classes on networking, professional dress and mock interviews are also offered.

### **EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)**

Soldier Service Center, Bldg 5700, Suite 350,  
(334) 255-9277

<https://Rucker.armymwr.com/programs/exceptional-family-member-program-efmp>

EFMP is a mandatory enrollment program for Soldiers and their Family members identified with special needs. The EFMP works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, personnel, and respite care services to Families with special needs members. For those military Families with identified special needs members, the EFMP can be an invaluable tool.

### **FAMILY ADVOCACY PROGRAM (FAP)**

Soldier Service Center, Bldg 5700, Suite 350,  
(334) 255-3898

<https://Rucker.armymwr.com/programs/family-advocacy-program>

FAP supports Army Soldier readiness by enhancing Family self-sufficiency, community cohesion, safety, and personal preparedness. The goal of FAP is to prevent Family violence by providing a variety of services designed to strengthen Army Families. Family Advocacy may offer educational classes and other learning experiences on topics such as Stress & Anger Management and Coping Skills.

### **FINANCIAL READINESS PROGRAM (FRP)**

Soldier Service Center, Bldg 5700, Suite 350,  
(334) 255-9631/2594

<https://Rucker.armymwr.com/programs/financial-readiness>

FRP strives to create informed consumers by offering consumer education classes and individual budget counseling. FRP focuses on improving a military Family's financial status and consumer knowledge. FRP can assist with setting up a budget, reducing/eliminating credit card debt and balancing bank statements among other services.



## **INFORMATION, REFERRAL & FOLLOW UP PROGRAM (I&R)**

Soldier Service Center, Bldg 5700, Suite 177,  
(334) 255-3161

<https://Rucker.armymwr.com/programs/information-referral-follow-program>

I & R provides information about Army Community Service (ACS) programs as well as numerous installation and community resources. I&R offers information counseling to determine customer needs and then refers the individuals to the appropriate ACS program or other resources. I&R may follow-up after the referral to ensure that the client received the assistance, information or quality services they expected. I&R also prepares and maintains a comprehensive Information and Resource databank to assist with your integration into your new community. I&R is your one stop location for information on garrison and community resources.

## **NEW PARENT SUPPORT PROGRAM (NPSP)**

Bldg. 8946, 7th Avenue,  
(334) 255-9647/3359

<https://Rucker.armymwr.com/programs/new-parent-support-program>

NPSP helps military Families with young children to adapt to parenthood and to thrive as healthy Families no matter where their service may take them. The first three years of life are critical in a child's physical, emotional, and intellectual development. Military life presents some unique parenting challenges that civilian families may not face, such as frequent deployments, long duty hours, moves to unfamiliar locations, and separation from extended Families and friends. Though not mandatory, this program is a "must" for all new parents.

## **RELOCATION READINESS PROGRAM (RRP)**

Soldier Service Center, Bldg 5700, Suite 177,  
(334) 255-3161/3735

<https://Rucker.armymwr.com/programs/relocation-readiness-program>

RRP provides information and resources for today's mobile Army Family. RRP provides information, guidance and assistance to Soldiers and their Families during, before and after moves. Welcome Packets, assistance during emergencies, support groups for geographically separated families, and the lending closet are a few of the services offered. New Soldiers and Family members are encouraged to attend classes offering instruction on how to prepare for moves to include instruction on how to pack up your household goods, how to prepare your children for frequent moves, how to keep up with your child's educational records and transcripts, and preparing for an overseas assignment. Additional information about military installations can be found at [www.militaryoneosource.com](http://www.militaryoneosource.com). **Lending Hangar**, part of the Relocation Readiness Program, provides kitchen items during transition for up to 30 days, such as pots, pans, dishes, irons, ironing boards, car seats, baby cribs, sleeping mats, highchairs, tables, chairs, and electrical appliances. The Lending Hangar is located in **Bldg 5700, Room 177**. For additional information and hours of operation, phone **(334)255-3161/3735**.

## **VICTIM ADVOCACY PROGRAM**

Soldier Service Center, Bldg 5700, Suite 350,  
24/7 Domestic Violence Hotline is (334)379-7947.

<https://Rucker.armymwr.com/programs/victim-advocacy-program>

Victim Advocacy Program provides immediate response for victims of domestic violence and/or sexual assault. Information and referral on services available on and off post are provided to victims and survivors.



## HEARTS APART (WAITING FAMILIES PROGRAM)

Soldier Service Center, Bldg 5700, Suite 177,  
(334) 255-3161/3735

<https://Rucker.armymwr.com/programs/relocation-readiness-program>

The Hearts Apart Program is a group sponsored by ACS designed to help Families cope with separation due to an unaccompanied tour, TDY, PCS or deployment. The group meets on a monthly basis to provide support to its members in a friendly relaxed atmosphere. Spouses receive a monthly courtesy call. Participation in the group is strictly voluntary. Soldiers remaining in on-post housing are highly encouraged to attend the initial Hearts Apart brief with their spouse and assigned sponsor. Briefings are by appointment only, due to limited seating. Spouses of Soldiers who are deployed qualify for the Blue Star Card program.

## SURVIVOR OUTREACH SERVICES (SOS)

Bldg 8939, Spiritual and Family Life Center  
(334) 255-9637/9639

<https://Rucker.armymwr.com/programs/survivor-outreach-services>

SOS is an Army program developed to serve Surviving Families of the Fallen. SOS provides long-term support, resources and emotional connections by maintaining a continuing relationship between Survivors and the Army. SOS is available to all Survivors: spouses, children, parents, siblings and friends who are grieving the loss of a Soldier regardless of how they died. SOS coordinates with Military, Non-Governmental Organizations and the local community to create a support network. All Army, Army National Guard and Army Reserve component Survivors are eligible to participate

## NEVER FORGOTTEN CARD

Survivor Outreach Services  
(334) 255-9637/9639

<https://Rucker.armymwr.com/programs/never-forgotten-card>

The Fort Rucker Directorate of Family and Morale, Welfare and Recreation (FMWR) offers a discount and activity card for Families (spouse, child, parent or 18 years or younger sibling) of Fallen Service members. The Never Forgotten Card Program includes everyday benefits, providing an extra discount at on post and off post facilities. The Never Forgotten Card is provided in recognition of the sacrifices of Survivors and demonstrates our commitment to provide quality programs and services to help enhance quality of life. Special events/activities can provide an opportunity to alleviate stress and provide leisure activities. The Never Forgotten Card is provided in recognition of the sacrifices of Survivors and demonstrates our commitment to provide quality programs and services to help enhance quality of life.

# ARMY VOLUNTEER CORPS (AVC)

Soldier Service Center, Bldg 5700, Suite 280,  
(334) 255-9059

<https://Rucker.armymwr.com/programs/army-volunteer-corps>

AVC provides placement opportunities for volunteers based on interest and agency needs. AVC assists organizations with volunteer recruitment, training and provides guidance for volunteer recognition. Volunteering is a great way to make friends, discover more about your new area and to gain valuable work experience. Although volunteer jobs do not offer pay, they do offer a wealth of skills, training, experience and networking opportunities. For more info visit <https://www.myarmyonesource.com>.

# BABYSITTING/CPR TRAINING

## TEEN BABYSITTER TRAINING

Fort Rucker Child, Youth and School Services offers a course that educates teens on basic childcare, infant care, diaper changing, home and fire safety, child abuse, CPR and first aid, along with other essential child care procedures. Call for training dates. CYS Parent Central Service **(334)255-9638**. <https://Rucker.armymwr.com/categories/cys-services>

## AMERICAN RED CROSS CPR CLASSES

<http://www.redcross.org/>

The American Red Cross is an organization dedicated to saving lives. As one of the nation's leading provider of health and safety courses, the American Red Cross offers CPR classes that are designed to train individuals to be prepared in a medical emergency. Whether it is a workplace or school requirement or simply because you want the skills to save a life, the American Red Cross has options for you. The American Red Cross also has certification programs for professional rescuers such as firefighters, paramedics, healthcare providers, and EMTs.

# CHAPELS

Posts may or may not have chapels/churches. If there are chapels on post they may offer Protestant, Catholic, Jewish or other religious services, Sunday Schools, Bible studies, and various Family religious education classes. If there are no religious services to your liking available on post, venture out into the local community and get to know your neighbors.

## CHAPLAIN SERVICES SPIRITUAL LIFE CENTER

Bldg. 8939, (334) 255-2989/3946

<https://home.army.mil/Rucker/index.php/chaplain>

The chaplains and staff at Fort Rucker promote religious life by providing religious activities and programs, pastoral care, pastoral counseling, and other religious ceremonies such as baptisms, marriage, and funerals. The Fort Rucker Ministry Team offers a variety of programs to meet the needs of Soldiers and Family members. These include worship services, religious education, prayer gatherings, fellowship times, Bible and religious book studies and counseling services.

# CHILD, YOUTH AND SCHOOL SERVICES (CYS)

Child Development Services consist of a network of programs which provide quality care for children of military personnel and eligible DoD civilian personnel. The programs are designed to provide a safe, healthy and stimulating environment while providing developmental activities. Full time and hourly care may be offered depending on the facilities and staffing of your new location. CYSS also coordinates and manages all the on-post children's recreational sports. CYSS also offers fun and educational classes for children ranging from dance to cooking and music! <https://Rucker.armymwr.com/categories/cys-services>

## CHILD DEVELOPMENT CENTER

Bldg. 8938, Red Cloud Road,  
(334)255-2262/3564/9339

<https://Rucker.armymwr.com/programs/child-development-center-cdc>

The Fort Rucker Child Development Center (CDC) is committed to offering a consistent, safe, nurturing environment for children ages 6 weeks – kindergarten. The center offers a nurturing staff, balanced, nutritional meals, and age-appropriate activities and curriculum. All staff members are CPR, First Aid, emergency medication, and special needs trained.

## FAMILY CHILD CARE (FCC)

Bldg. 132, 6th Avenue,  
(334)255-3446

<https://Rucker.armymwr.com/programs/family-child-care>

Family Child Care (FCC) homes are an integral part of CYS Services. These homes offer child care services to children whose parents have irregular duty hours, children who need small group settings, and those preferring care in a home setting. An FCC provider may be an excellent choice for parents who have an infant, toddler, or preschooler. FCC users must register with CYS Services. Parents can pick up names of potential providers from Parent Central Services.

## PARENT CENTRAL SERVICES

Bldg. 8946,  
(334)255-2958/9638/2447

<https://Rucker.armymwr.com/programs/parent-central-services-registration>

Parent Central Services provides one-stop enrollment for patrons and serves as a resource management measure, centrally tracking and monitoring vacancies and waiting lists in all CYS Services delivery systems. An annual registration is required to participate in all CYS Services programs. Registration has reciprocity Army-wide and is transferable from installation to installation with appropriate documentation of enrollment status.

## SCHOOL AGE CENTER

Bldg. 2806, 7th Avenue,  
(334)255-9108

<https://Rucker.armymwr.com/programs/school-age-center-sac>

School Age Center (SAC) childcare is provided before and/or after school for children grades 1st – 5th. Full-day care is provided during school vacation periods. The framework for the SAS curriculum is based on the following four service areas: Sports, Fitness, and Health; Life Skills, Citizenship, and Leadership; Arts, Recreation, and Leisure; and Mentoring, Education, and Support Services.

## YOUTH CENTER

Bldg. 2800, 7th Avenue,  
(334)255-2271/2246

<https://Rucker.armymwr.com/programs/youth-center>

The Youth Center has a wide range of programs, offering fun-filled afternoons, evenings, and weekend. Free Middle School Teen (MST) programs are offered daily after school and in the afternoons during the summer for youth ages 11-15 and teens ages 16-18. MST morning camps are offered at a nominal fee during the summer.

## YOUTH SPORTS & FITNESS (YSF)

Bldg. 8950, 7th Avenue,  
(334)255-2254/9105

<https://Rucker.armymwr.com/programs/youth-sports>

The Youth Sports & Fitness program offers a wide range of opportunities for participation in sports, as well as fitness and health, and outreach activities. The program employs a philosophy of "fun, fundamentals, and maximum participation." Enrollment and additional registration forms can be found at **Parent Central Services**, located in the Soldier Service Center Building 5700, Room 193, or at the facility where the activity is being held. You can also register online with **WEBTRAC**.

# DENTAL SERVICES

By law, military dental facilities are authorized to treat Active Duty Service Members only. For a low monthly payroll deduction, the sponsor may purchase Family dental coverage through the TRICARE Dental Program. Coverage begins the month after the first deduction appears on the Leave and Earnings statement (LES). However, calling MetLife (current administrator) to verify coverage before getting dental care is strongly advised. For more information visit: <http://www.tricare dentalprogram.com/tdp/>

# EDUCATION & SCHOOL INFO

## EDUCATION CENTER

Some posts may have an Education Center. The Ed Center provides the military community with quality educational opportunities. Some colleges offer classes online and occasionally on site. The Ed Center is not designed to take the place of a fully accredited college but, it can get you started. Be sure to check into the educational benefits that may be available to you such as myCAA and the GI Bill. A global list of education centers can be found at: [http://www.goarmyed.com/public/public\\_goarmyed-education\\_centers.aspx](http://www.goarmyed.com/public/public_goarmyed-education_centers.aspx)



## ACES EDUCATION CENTER

Bldg 4502, Room 313, Rucker St.  
(334) 255-1072

The Fort Rucker Army Education Center has a variety of programs to support Service members and their dependents. The Education Center offers tuition assistance, scholarship information, and other services, such as career and education counseling, DANES, and the Green to Gold Program.

## U.S. ARMY AVIATION TECHNICAL LIBRARY

Bldg 9204, Ruf Avenue,  
(334) 255-2944

<http://www.Rucker.army.mil/usaace/techlibrary/>

The Aviation Technical Library is a mission support activity serving the U.S. Army Aviation Center of Excellence and supports Army Aviation warfighters around the world. The library provides in-depth academic and technical library reference support, research assistance and interlibrary loan service to all active duty military and civilian personnel at USAACE. Army Aviation personnel world-wide also can request information and assistance through email and the Army Knowledge Online QuestionPoint service.

## CYS SCHOOL LIAISON SERVICES

Bldg. 132, 6th Avenue  
(334)255-9812

<https://Rucker.armymwr.com/programs/school-liaison-officer>

School Liaison Services addresses educational issues involving military children. Through partnering with the local and military community, the School Liaison Officer can provide assistance with a full range of K-12 schools (private, public and home school). The School Liaison Program can also assist with the following:

- Mobilizing and using community resources to reduce the impact of the mobile military lifestyle on military children and youth
- Implementing predictable support services that assist children and youth with relocations, life transitions, and achieving academic success
- Providing access for parents, children and youth, schools, commanders, and communities to a wide range of resources that facilitate school transitions.

The School Liaison Officer is available to act as a liaison between parents and schools, upon request, to help resolve issues related to the education of children and youth. Information is also available on local schools, scholarships, and home schooling to ensure compliance with Alabama State Laws. Contact the Fort Rucker CYS School Liaison Officer at (334)255-9812.

### Where Will My Child Attend School?

- Your child(ren) will attend school in the district of residence. It is most important that parents shop for a school prior to shopping for a house. If you wish to set up tours of the surrounding schools to see which the best educational fit is for your Family, please contact the School Liaison Office to arrange tours.
- If you live in permanent housing on post, your children will attend Fort Rucker Primary and Elementary Schools for Pre-K – 6th grade. It is your choice of school districts for grades 7th- 12th. If you choose Enterprise City Schools, students will be zoned for Coppinville (7th grade), Dauphin Junior High School (8th grade), and Enterprise High School (9th – 12th grade). Again, if you would like assistance in touring the various schools in the area, please contact the School Liaison Office to assist in coordinating tours.
- If you will be residing in temporary housing off post, you will enroll in the school district in which you are temporarily housed. If you will be residing in temporary housing on post, and you are able to obtain a 90-day letter from housing (stating that you will be assigned government quarters within 90 days), you are eligible to register your children in Fort Rucker schools, K - 6th grade.
- If you will be residing in temporary housing on post, and you are unable to obtain a 90 day letter from housing, you are ineligible to attend Fort Rucker schools. You will be zoned for Daleville Middle/High School and Windham Elementary in Daleville. Bus transportation to and from on post billeting is provided

# EMERGENCY SERVICES

## **VICTIM ADVOCACY PROGRAM**

Soldier Service Center, Bldg 5700, Suite 350,  
24/7 Domestic Violence Hotline is (334)379-7947.

<https://Rucker.armymwr.com/programs/victim-advocacy-program>

Victim Advocacy Program provides immediate response for victims of domestic violence and/or sexual assault. Information and referral on services available on and off post are provided to victims and survivors.

## **NATIONAL SUICIDE PREVENTION LIFELINE 24HR EMERGENCY NUMBER**

1-800-273-8255, press 1 for Military Crisis Line

## **AMERICAN RED CROSS**

Wiregrass Area Chapter, 1004 Montezuma, Dothan, AL  
(334) 792-9852

**Emergency after Hours 1-877-272-7337 <http://www.redcross.org>**

ARC serves as the link between military and civilian worlds. They provide emergency communications between Soldiers and their Families as well as reporting service for emergency leave, personal and other family problems. This is the link to the national Messaging Center to inquire on the status of a Red Cross message. Emergency Leave and Army Emergency Relief are usually unavailable without Red Cross validation.

## **ARMY EMERGENCY RELIEF PROGRAM (AER)**

Soldier Service Center, Bldg 5700, Suite 350,  
(334) 255-2341 Emergency after hours 1-877-272-7337

Emergency financial assistance is available through AER for active duty and NG/RA (Title 10) Soldiers, Family members, and Survivors. Assistance is provided in the form of a no-interest loan, grant or combination of loan and grant. Applicants must have a valid emergency and present military or dependent ID cards and other substantiating documents. Assistance needed after duty hour is provided through the American Red Cross (ARC) military phone line at (877) 272-7337. More information is available by contacting the AER Office. AER educational scholarship applications for spouses and dependent children can be obtained through [www.aerhq.org](http://www.aerhq.org).

# EMPLOYMENT

## CIVILIAN PERSONNEL ASSISTANCE CENTER (CPAC)

This office handles employment information and opportunities concerning civil service jobs, as well as information on eligibility for spouse preference. For a current list of available GS/NAF opportunities on your post visit <http://www.usajobs.gov/>

## EMPLOYMENT

The Department of Defense (DoD) has created programs to help address the challenges faced by military spouses. The three main resources are the Employment Readiness Program at ACS, the Military Spouse Career Center, and Military OneSource. These resources are designed to offer military spouses assistance in reaching their employment and career goals. These programs also provide tools to help address the unique challenges military spouses face when beginning a job search. Because military spouses are invaluable to the health and welfare of military Families and to the retention of those serving, DoD provides many employment and career services to military members and they continuously strive to adapt and improve on these programs as the needs of military spouses change.

The Employment Readiness Program is a resource offered by each of the military branches. These programs provide training and information to military spouses in order to help them to reach their employment and career development goals. Although the programs do not guarantee employment, they provide spouses with the tools and skills necessary to identify and actively pursue employment matching their needs and skills. Some of the services provided include:

- Personalized job skill assessment and career counseling
- Resume and cover letter preparation
- Internet and printer access
- Information on local employment opportunities/career seminars
- Assistance identifying career goals and conducting job searches
- Information on the impact of relocation on employment and coping strategies
- Support and encouragement

For additional information on employment, see a list of local jobs, or to register for a class, go to <https://Rucker.armymwr.com/programs/employment-readiness>

## ACS FAMILY EMPLOYMENT READINESS PROGRAM

Soldier Service Center, Bldg 5700, Suite 117,  
(334) 255-2887

<https://Rucker.armymwr.com/programs/employment-readiness>

The Employment Readiness Program provides job search assistance and career counseling. It offers assistance and workshops on resume building, job application, and cover letter preparation. The program also offers a resource library along with small business training, development, and counseling. Services are available to active duty Soldiers, National Guard, reserve, retirees, DoD civilian employees, and their eligible Family Members, to include youth and surviving spouses.

## RED CROSS VOLUNTEER PROGRAM

Lyster Army Health Clinic, Bldg 301  
(334) 255-2594

[www.redcross.org](http://www.redcross.org)

Anyone can volunteer on post and serve at Lyster Army Health Clinic as a Red Cross Volunteer. There are several different departments needing volunteers. It is a great way to build your resume and learn new skills. Disaster Services, Health & Safety Services, Services to Armed Forces, Project Share, Blood Services, and International Services are all part of the Red Cross.

## EQUAL EMPLOYMENT OPPORTUNITY (AER)

Bldg 5700 Rucker Street,  
(334)255-9558

<https://home.army.mil/Rucker/index.php/about/garrison/eeo>

Provides support and sustains a comprehensive effort to ensure fair treatment of all Family members based on merit, fitness, capability and potential which supports and enhances readiness.

## CAREER COUNSELING/ SOLDIER FOR LIFE TRANSITION (FORMERLY ACAP)

Soldier Service Center, Bldg 5700, Suite 280A through 280D  
(334) 255-2558, 1-800-325-4715 (24/7 transition hotline)

<https://home.army.mil/Rucker/index.php/soldierforlife>

The Soldier for Life Transition program provides transition and employment assistance to Soldiers and their adult Family members who are transitioning from active duty, veterans and retirees, and DoD civilian employees in a Reduction in Force status. Pre-separation planning includes benefits information, job search skills development, career guidance, job search assistance and other guidance relevant to a thorough transition.

# SOLDIER AND FAMILY READINESS GROUPS (SFRG)

Soldier and Family Readiness Groups (SFRGs) are "organizations of Family members, volunteers, and Soldiers belonging to a unit that together provide an avenue of mutual support, assistance, and a network of communication". Historically, they have been mistaken with coffee gatherings and other social groups; their activities frequently have a social aspect but have a different meaning. SFRGs are official command sponsored programs staffed and led by Family volunteers. Their goals include providing information on Army services, schedules and actions, assisting Families in access to these programs, providing Family input to the Command, and most importantly providing a venue where Army Families can develop new friends and informal support structures to replace those they left behind upon entering the service. You will find your Army experience richer and more fulfilling by participating in its activities.

# FINANCES



### **ACS ARMY EMERGENCY RELIEF (AER)**

Soldier Service Center, Bldg 5700, Suite 350,  
(334) 255-2341

<https://Rucker.armymwr.com/programs/army-emergency-relief>

Financial Assistance for Active Duty and Retired Soldiers and Family members. Assistance will be provided as a non interest bearing loan, a grant or a combination of both. Types of emergencies covered include non-receipt of or loss of funds; medical, dental and hospital expenses; funeral expenses for immediate Family members; travel expenses related to emergencies; rent, food, utilities, vehicle insurance and unexpected vehicle repair.

### **ACS FINANCIAL READINESS PROGRAM**

Soldier Service Center, Bldg 5700, Suite 350,  
(334) 255-9631/3765

<https://Rucker.armymwr.com/programs/financial-readiness>

Provides classes and briefings on a variety of financial subjects and individual financial counseling. Assistance in debt liquidation, consumer advocacy and complaints as well emergency food assistance is offered.

### **ACS LENDING HANGER**

Soldier Service Center, Bldg 5700, Suite 177,  
(334) 255-3161/3735

<https://Rucker.armymwr.com/programs/relocation-readiness-program>

Items such as pots and pans, dishes, irons, car seats, baby cribs, sleeping mats, high chairs, tables and chairs, and electric appliances are available for temporary loan for 30 days. Items are loaned for a limited period. Valid ID card holders and DA civilians are eligible. Soldiers in TDY status and civilians are assisted on a limited basis.

## **HOUSING/LODGING**

A primary Department of Defense (DoD) goal is to assist military members and their Families find safe, affordable housing in the military community. Military housing initiatives have taken many forms over the years ranging from government-funded, owned, and operated housing to public-private partnerships. Today, DoD is taking a comprehensive approach to a total housing solution that includes the Military Privatization Housing Initiative (MPHI). Major initiatives are underway to improve housing and the quality of life for Service members and Families.

A Soldier assigned to permanent duty within the United States, who is not furnished government housing, is eligible for Basic Allowance for Housing (BAH) based on the Soldier's dependency status at the permanent duty station zip code. Those stationed overseas are eligible for an Overseas Housing Allowance (OHA) based on the dependency status. BAH is intended to cover the costs of the current market rent, average utilities, and renters insurance. BAH is based on rental data that reflects the current rental market conditions not the historical circumstances surrounding various mortgage loans. A homeowner's monthly mortgage payment is not used in the computation because the monthly cash outlay of a homeowner is not a good indicator of the economic costs of home ownership. What this boils down to is that your BAH should be the guide to how much you should spend on a place to live in any given location. If you rent or purchase a home that exceeds your monthly BAH, then you will have to assume the additional costs on your own. BAH will not vary based upon your choices or preferences. BAH is a set amount that varies by assigned duty location. You can look up the BAH rates and learn more about BAH at: <https://www.defensetravel.dod.mil/site/bahCalc.cfm>. The frequent moves of Families from one installation to another, from low-cost rural areas with limited off-post housing availability to high-cost urban areas and back again, is a major source of stress for Army Families. Our Housing Services Offices are tasked with the mission to locate, secure and deliver community housing to approximately 70 percent of Soldiers with Families that will reside in local community housing. For information on Fort Rucker military housing visit <http://Rucker.corviasmilitaryliving.com/>

## **FORT RUCKER HOUSING SERVICES OFFICE (HSO)**

Soldier Service Center, Bldg 5700,  
(334) 255-1849/2224

**<https://home.army.mil/Rucker/index.php/housing-and-lodging>**

The Housing Services Office's mission is to assist you with all of your housing needs. We are the Soldier's advocate! HSO provides personalized assistance and instruction to Service Member's and their families on the Automated Housing Referral Network. This DOD program provides contact information for Housing Office's and real estate listings of homes for rent that are close to military installations. The HSO counsels customers on customary real estate practices for this area, rights and responsibilities of the landlords and tenants, standards of conduct and Equal Opportunity in Off Post Housing. Renters insurance is also advised for coverage against the loss of personal effects and household furnishings.

## **IHG ARMY HOTELS**

Bldg 308, 6th Ave.  
(334)598-5216

Fort Rucker IHG Army Hotels is available for official and unofficial travelers. **<http://www.ihg.com/armyhotels/hotels/us/en/fort-Rucker/mfkra/hoteldetail>**

## **LAKE THOLOCCO LODGING**

West Beach, Lake Tholocco, Bldg 24335,  
(334)255-4234

**<https://Rucker.armymwr.com/programs/lake-tholocco-lodging>**

Lake Tholocco Lodging's team looks forward to welcoming you home to Fort Rucker, Alabama and the magnificent Lake Tholocco! Situated on a 640 acre lake on the Northwest Perimeter of Fort Rucker, Lake Tholocco Lodging transports guests to a world of rustic luxury amid the wilderness that flanks the Home of Army Aviation. Boating, water skiing, hiking, biking, and swimming are among the favorite sports at the lake, which boasts excellent fishing and hunting opportunities as well. Our cabin features include: 2 bedrooms; furnished, fully-equipped kitchens; front porches, complete with rockers; and spacious screened-in back porch picnic areas. All cabins come furnished with 32-inch flat screen televisions; complete with satellite and DVD Players, and complimentary wireless high-speed internet access. Also available on Lake Tholocco is the RV Park & Family Campground located just past Singing Pines, at the end of a beautifully paved forest trail. The RV Park features 18 Rustic (long-term) Sites and 30 short-term, Modern Sites.

## **CORVIAS MILITARY LIVING**

(334) 440-8988

**<http://Rucker.corviasmilitaryliving.com/>**

Corvias Military Living was formed to partner with the U.S. military to address the challenges of providing safe, affordable, quality housing for military Families. The Corvias Military Living team is committed to working with Fort Rucker to provide high quality homes and first-rate neighborhoods.

Neighborhood Centers:

- Allen Heights, 22470 Christian Rd, Fort Rucker, **(334)440-8992**
- Bowden Terrace, 9700 Division Rd, Fort Rucker **(334)440-8988**
- Munson Heights, 45 Red Cloud Road, Fort Rucker **(334)440-8990**

# LEGAL

## STAFF JUDGE ADVOCATE GENERAL (JAG)

The Office of the Staff Judge Advocate (OSJA, JAG, or Legal Office) is responsible for providing legal advice and client services in the five main legal disciplines for the U.S. Army – Military Justice, Administrative and Civil Law (including Contracts and Labor law), Legal Assistance, Claims, and Operational law. The Legal Office offers free legal assistance to ID cardholders on topics such as powers of attorney, wills, trusts, estates, taxes, divorces, adoptions, name changes, and notarizations. One thing you and your spouse should seriously consider is creating a power of attorney. The power of attorney gives legal authority for one spouse to conduct legitimate business on the other's behalf. Powers of Attorney (POA) can be established for a myriad of things ranging from giving one spouse the ability to register a vehicle in the other's name all the way to purchasing a house in their name. The post Legal Office will be able to provide you more detailed information regarding each state's view of POAs and what business transactions require a POA. Additional information regarding the Office of the Staff Judge Advocate General can be found at [www.Rucker.army.mil/sja/](http://www.Rucker.army.mil/sja/)

### Powers of Attorney and Wills

Many military spouses may face both personal and financial issues during periods of separation due to deployments or Temporary Duty (TDY). To handle these matters, you should be prepared. Many military couples use a POA as a legal instrument during geographic separations. Two types of POAs exist. A General POA enables the spouse to conduct all the Soldier's personal affairs, while the Special POA is used for only one specific purpose, (e.g., to sell or register a car or house). Soldiers should authorize POAs for only a limited time so that the document can be reviewed and revised at certain intervals (e.g., for one year). The Legal Assistance Office can assist in drafting, notarizing, and witnessing a POA. The Legal Assistance Office will also assist in drawing up wills. Most Soldiers and spouses should have a will directing disposition of assets, especially if they have children or own real estate.

### Personal Papers

It is important to keep the following papers and documents in a safe place, and hand-carry them when PCSing, NOT packed when moving:

1. Current ID cards or passports for all Family members
2. Birth and Marriage certificates
3. Checking and savings account numbers
4. Insurance policies (car, life, personal property)
5. Naturalization papers or Alien registration card (green card)
6. Wills and/or Powers of Attorney
7. Title and car registration
8. Complete household inventory
9. Letters of adoption
10. Divorce papers
11. Immunization and other Medical records
12. School records
13. Veterinarian records (if applicable)

## TRAFFIC VIOLATIONS - STAFF JUDGE ADVOCATE

Bldg 5700, Suite 336, Rucker Street,  
(334)255-3308

Anyone issued an on-post traffic ticket requiring administrative corrections (ex: individual is asked to provide proof of insurance) must bring documentation supporting that action to suite 336. Magistrates Court is held in the court room every other month for adjudication of tickets and misdemeanor traffic violations. Notifications of required appearances will be provided by the Central Violation Bureau.

# MEDICAL SERVICES

Fort Rucker has one of the top Military Treatment Facilities (MTF) in the Southern Region. Lyster Army Health Clinic (LAHC), which serves about 17,500 patients, is ranked #1 out of 37 MTFs in the Southern Region Medical Command for continuity of care and clinical management, and #2 for patient satisfaction. Upon receiving a military ID card, spouses are automatically entitled to TRICARE Prime with medical coverage retroactive to the marriage date entered in DEERS and can enroll at the clinic. Patients can either enroll at the clinic or go online to [http:// www.tricare.mil/](http://www.tricare.mil/) to enroll. Lyster Army Health Clinic has embraced the Patient-Centered Medical Home model in its Primary Care Clinic. Each patient is paired up with a Medical Home Team based on their medical needs. The Medical Home Team is made up of doctors and nurses who work together to provide the best comprehensive care for each patient. Should a patient be referred off post to a specialty doctor, they can feel confident that their Medical Home Team works closely with network specialists to ensure they receive the best care possible. LAHC underwent a \$15 million clinic transformation in the last 18 months, including the adoption of Patient-Centered Medical Homes (PCMH), new behavioral health, physical therapy and chiropractic clinics, a new laboratory, new pharmacy, upgraded equipment, and new glass walls throughout the facility.

Services and facilities include:

- Primary Care
- Behavioral Health Clinic
- Chiropractic Clinic
- Laboratory
- Pharmacy
- Physical Therapy
- Preventative Medicine
- Radiology
- Audiology
- Optometry
- Teleradiology
- Teledermatology
- Two helipads utilized by Flatiron

Lyster offers a variety of free classes to beneficiaries to help improve their wellbeing. Classes include yoga, Zumba, healthy cooking classes, diabetes prevention classes, healthy heart classes, the Army Move! comprehensive weight management and physical activity program, and a sleep hygiene class for those suffering from insomnia. Our staff is dedicated to serving the medical needs of our patients and is committed to providing the highest quality healthcare in a friendly and professional environment. The military health benefit is very complex and beneficiaries can avoid mistakes that can cost thousands of dollars by using the resources mentioned above to verify coverage and benefits. Visit our website at <http://www.Rucker.amedd.army.mil/>. Be sure to Like us on Facebook at Lyster Army Health Clinic and follow us on Twitter @LysterAHC.



## ARMY SUBSTANCE ABUSE PROGRAM (ASAP)

**Lyster Army Health Clinic, Suit. T-125, <https://www.acsap.army.mil/>**

**Employee Assistance Program: (334) 255-7678**

**Clinical Services: (334) 255-7796**

**Prevention Services: (334) 255-7806**

Education & Prevention Services: A wide range of prevention/education classes are available for Soldiers. ASAP has a professional staff educated and trained in the education, psychological, and sociological aspects of chemical dependency. Each treatment staff member is licensed and state certified in addictions counseling. Treatment consists of individual counseling, group therapy, couple counseling, Family group therapy, educational classes, and relapse prevention techniques. Additionally, the Employee Assistance Program Coordinator provides short-term counseling and referral services to eligible civilian employees and Family members (both civilian and military).

## MOVING/ PCS

Living in a variety of places is exciting as well as challenging. Moving can be fun if you are well prepared for the move and know what to expect. Every Soldier is given a weight allowance according to his or her pay grade. This weight allowance is the maximum weight authorized to be moved at government expense under the Joint Travel Regulations (JTR). Your total JTR allowance includes the weight of personal property, household goods you ship, things you place in storage and goods you send ahead to your new duty station, but does not include the weight of some professional items. The Soldier pays all charges connected with any excess weight and this can be very costly. Therefore, it is important to stay within the weight allowance. A split shipment means you can ship some household items early so they will be at your new duty station when you arrive. Your second shipment may arrive after you do. Some transportation offices may provide transportation briefings. You may want to attend one prior to each move. At the briefing, you may be given information about pickup and drop-off scheduling, what items are excluded from shipping, information on the Full Replacement Value (FRV) program for lost or damaged items, insurance coverage limits the US government will reimburse for damage or loss, and lots of other information. Additional coverage can be purchased from outside agencies. This coverage must be purchased prior to the shipment. Soldiers are required to make initial arrangements for the transportation of household goods him/ herself on **[www.move.mil](http://www.move.mil)**. Use of this site should be self explanatory. Transportation office personnel will assist Soldiers experiencing difficulty only after the Soldier has made a concerted effort to complete the arrangements him/herself online.

Some helpful moving hints:

- Log into **<http://www.move.mil>** immediately upon receiving orders in order to initiate the movement of your household goods.
- Hand carry personal papers, expensive jewelry, coin or stamp collections or other valuables. On packing day, make sure everything that is going with you in the car is either already in the car or put in a room that does not need to be packed BEFORE the packers arrive.
- When something is dismantled by the movers such as a crib, put all small parts in a small plastic bag and label it. Make sure the movers put all small plastic bags together and mark the box or have the movers tape the plastic bag to the piece of furniture. This will help the delivery company find your parts and put your items back together.
- Ensure that the packers use the appropriate packing material to prevent breakage.
- Prevent packers from taking items from one room to be packed in another with the other room's contents.
- Since light items may be left in dresser drawers from overseas moves, you may want to put clothing that you are not taking with you in the drawers before the moving company arrives.

- Put all cleaners and liquids in a place where they will not be packed. Be sure to discard trash or it may be moved with you to your new home.
- Save the original boxes and packaging from your high dollar items such as TVs, stereo equipment, computers and other fragile items. You can have the packers put the items back in these boxes and then seal the boxes.
- Wash curtains and linens before you ship them since you will not have time to wash them all at your new duty station before you use them. Simply pull them out of the box at your new location, press and hang.
- To prepare your refrigerator and/or freezer before shipment and/or storage, clean it thoroughly. Place coffee grounds or charcoal in an old sock. Put the sock along with crumpled newspapers inside the freezer and/ or refrigerator to help absorb moisture and deter the growth of mold and mildew.
- When unpacking your household goods, make sure to shake out every piece of packing paper. Small items can be inadvertently thrown out with the paper.
- Compile a complete inventory of household goods and keep it up to date. It is recommended that you take photographs of all high value items.
- Remember that ACS has a Lending Closet where you can borrow a multitude of household items to hold you over until your own personal household items arrive. Most Lending Closets will have inflatable mattresses, folding tables and chairs, dishes, pots and pans, small appliances, and highchairs. Use of these items is free.

# PUBLIC SAFETY

## FORT RUCKER CID OFFICE

Bldg 5430, Raider Ave,  
(334)255-3108

The Fort Rucker CID Office's core mission is to provide the highest quality criminal investigative support to the following major supported Commands: U.S. Army Aviation Center of Excellence, U.S. Army Combat Readiness/Safety Center, U.S. Army Air Traffic Services Command (ATSCOM), U.S. Army Installation Management Command, U.S. Army Aviation Center Logistics Command, Warrant Officer Career College and Joint Forces Training Center (MSARNG), Camp Shelby, MS. The Fort Rucker CID Office conducts felony investigations in which the Army has an interest within the Southern and Central counties of Alabama, the Southern and Eastern counties of Mississippi and seven counties within the lower portion of Georgia

## FIRE AND EMERGENCY SERVICES DIVISION

Bldg 5001,  
(334)255-0044

<http://www.Rucker.army.mil/imcom/directorates/dps/>

The Fire and Emergency Services Division, the largest fire department in the Army, serves Fort Rucker, their training sites, and the Wiregrass area when communities request mutual aid and assistance.

This division provides emergency services, such as fire suppression and prevention, crash and rescue operation, hazardous material accidents, heavy extrication mission, high-angle and confined-space rescues, high-rise structure maneuvers, and advanced life support paramedic operations. The department also offers Child Safety Seat Inspections, Extinguisher Inspections, Fire Prevention Public Education, Facility Manager Training, information at Newcomer's Brief, Provides Station Tours, inspects Homes of FCC Providers, and Walk-in Blood Pressure Checks. The Fire Prevention Section personnel visit the schools on and off post to show the "Little People's Fire House" and to explain fire prevention with such characters as "Smokey the Bear" and "Sparky the Dog."

## INSTALLATION PROVOST MARSHAL OFFICE U.S. ARMY

Bldg 5001, Lucky Star,  
(334)255-2511

<http://www.Rucker.army.mil/sja/>

Fort Rucker military police do more than law enforcement. They assist military personnel, civilians, visitors, and Families on post around the clock; help individuals locked out of Family housing, aid stranded motorists, and participate in community services and activities. Appropriately, the DPS motto is entitled the "Guardians." The Community Police Section educates community youth on protecting themselves from molestation and abduction, conducts drug awareness training, and conducts an annual bicycle rodeo to stress bicycle safety and update on-post bicycle registration. Through operation IDENT-A- KID, the community police provides parents with photographs and fingerprint cards of their children. The community police are dedicated to the on-post housing areas where they work with mayors, parents, children, and the chain-of-command as part of the neighborhood watch and Officer McGruff Safe House programs. The Provost Marshal Office provides unit commanders with assistance in performing Health and Welfare inspections utilizing Military Police Investigations and Military Working Dog assets. The service can be a valuable asset to commander in identifying problems such as possession of stolen property, and possession of other contraband. The Police department offers Police department tours, provides Crime Prevention Handouts and information, and provides Crime Prevention and DARE information at Newcomer's Brief.

**Weapons Registration:** Individuals who use or store firearms on post must register them at the MP Station, Bldg 5001. Weapons registrations must be updated every five years. Weapons may be stored in Family housing, BOQ or BEQ, or places of storage at designated firing ranges or hunting areas. Concealed weapons carried on individuals, routinely transported in vehicles, or stored in vehicles are prohibited.

### **Ozark Police Department**

275 N. Union Ave, Ozark, AL (334)445-6122

<http://www.ozarkalabama.us/ozark/CityGovernment/CityDepartments/PoliceDepartment/tabid/62/Default.aspx>

### **Daleville Police Department**

730 S. Daleville Ave, Daleville, AL (334)598-4442

<http://dalevilleal.com/home/CityServices/PoliceDepartment.aspx>

### **Enterprise Police Department**

501 S Main Street, Enterprise, AL (334) 347-1211

<http://www.enterprisepd.com/>

### **Dothan Police Department**

210 N Saint Andrews St, Dothan, AL (334) 615-3000

<http://www.dothan.org/index.aspx?nid=280>

# READY ARMY

Ready Army is the Army's proactive campaign to empower Soldiers, their Families, Army Civilians and contractors to prepare for all hazards. Through outreach and education, Ready Army calls our Army community to action and aims to create a culture of preparedness that saves lives and strengthens the nation. There are a range of natural and man-made hazards that could affect you, and emergencies often leave little or no time to react. When emergencies occur, military and civilian organizations respond, but it takes time to mobilize, and they focus on the most critical needs first. Remember, emergency preparedness is everyone's responsibility. You should get ready to take appropriate action during an emergency and manage on your own for at least three days afterwards. Ready Army provides the tools and standardized checklists to support you as you prepare. <http://www.acsim.army.mil/readyarmy/> It's up to you. Prepare Strong!

# RECREATION & FITNESS

## ARTS & CRAFTS CENTER

Bldg 9205, Ruf Avenue,  
(334) 255-9020

<http://www.ftRuckermwr.com/recreation/arts-and-crafts-center/>

Some posts may have an Arts & Crafts Center. Arts & Crafts offers equipment for a variety of projects such as framing, stained glass and photography to name a few. Trained staff is on hand to offer individual and group instruction. This is another great place to meet new friends, pick up a new hobby or skill and to host social functions.

## AUTOMOTIVE SKILLS CENTER

Bldg 1902, Headhunter Street & 2nd Avenue,  
(334) 255-9725

<http://www.ftRuckermwr.com/recreation/automotive-skills-center/>

Automotive Skills Centers usually have facilities for automotive repairs and maintenance such as fluid changes, alignments and engine rebuilding. The Center may simply provide a space for you to do your own repairs/maintenance or they may perform these services for you for a fee. The Automotive Skills Center may even offer classes on routine vehicle maintenance and repair. Some centers also offer state motor vehicle inspections.

## THE FLIGHTLINE BOWLING CENTER

Bldg 9227, Ruf Avenue,  
(334) 255-9503

<http://www.ftRuckermwr.com/dining-entertainment/Rucker-lanes-bowling-center/>

Some posts offer a bowling center with a full line of modern equipment. Leagues and open bowling may be available. If your post has a bowling center, this is a great place to meet with friends, host social functions and enjoy some free time.

## CHILD, YOUTH & SCHOOL SERVICES (CYSS)

Bldg. 8946, 7th Avenue  
(334) 255-9638

<http://www.ftRuckermwr.com/cyss/>

Youth Services provides a full range of social, cultural, instructional and athletic programs for youths 3-18 years old.

## LEISURE TRAVEL

Bldg 212, Ruf Avenue,  
(334) 255-2997

<http://www.ftRuckermwr.com/lodging/leisure-travel/>

LTS provides an extensive schedule of trips and mini vacations to local and regional attractions. Special interest tours may be arranged upon request. Other services include travel information on military recreation areas, Space A air travel and military travel lodging, as well as maps, brochures and train schedules for the local area.



## **CENTER LIBRARY**

Bldg 212, Ruf Avenue,  
(334) 255-3885

<http://www.ffRuckermwr.com/recreation/center-library/>

Depending on the size of your post, you may or may not have an on-post library. If you have a library, they may offer a wide array of materials such as books, magazines, newspapers, cassettes, compact discs, videos and software. Most libraries have a coin operated copy machine, children's materials, microfilm/fiche readers, computers and printers available for use by ID cardholders. Fort Rucker Center Library invites all ages to think outside the book in our newly improved Maker Space! Our Maker Space features both low-tech and high-tech resources ranging from paper crafting supplies to Legos to a 3D printer. With a variety of readily available supplies and a bunch of specialized Maker programs, there's something creative for everyone.

## **GOLF COURSE**

Bldg 20067, Combat Road,  
(334) 598-2449/1632

<http://www.ffRuckermwr.com/recreation/silver-wings-golf-course/>

The Army's MWR maintains and operates 48 separate golf courses around the globe for enjoyment by golfers of all levels. Each course also offers individual and group golf lessons for all age groups and skill levels. In addition, many of the Army Golf Courses offer additional amenities, such as driving ranges, practice greens and restaurants.

## **OUTDOOR RECREATION (ODR)**

Bldg 24235, West Beach Road,  
(334) 598-4305

<http://www.ffRuckermwr.com/recreation/outdoor-recreation/>

Around the world, ODR maintains cabins, hunting areas, marinas, paintball fields, picnic sites, private beaches, riding stables and more. Many locations also offer RV and boat storage. Contact your garrison ODR to discover the unique offerings near you.

## **WARRIOR ADVENTURE QUEST,**

Bldg 24235, West Beach Road,  
(334) 598-4305

<http://www.ffRuckermwr.com/recreation/outdoor-recreation/warrior-adventure-quest/>

Soldiers can participate in a High-Adventure Outdoor Recreation (ODR) Program that will assist in Soldier re-integration, maintaining combat readiness and increasing unit cohesion. Warrior Adventure Quest is only open to Active Duty Soldiers who have returned from deployment. Warrior Adventure Quest Activities include: White Water Rafting, Zip Lining, Deep Sea Fishing, Paintball, 4-man Scramble Golf.

## **FORT RUCKER PHYSICAL FITNESS CENTER**

Bldg 4605, Andrews Avenue,  
(334) 255-2296

<http://www.ffRuckermwr.com/recreation/physical-fitness-centers/>

The Fort Rucker Physical Fitness Center is a 64,000 square foot facility offering a variety of cardiovascular equipment ranging from treadmills to Concept2 rowers; LifeFitness selectorized equipment; and a free weight and dumbbell area with a Hammer Strength circuit. Patrons are encouraged to stop by the customer service desk to sign out a variety of equipment. The facility is home to a regulation college size basketball court, two practice basketball courts, one court that can convert into a volleyball court, three racquetball courts, a squash court, a 25-meter indoor pool, football, soccer and softball fields, a quarter-mile track, 18-hole disc golf course, disc issue and purchase programs, a mountain bike trail, and mountain bike issue program.

The facility maintains five running/walking trails around Fort Rucker and can provide runners with a map and trail descriptions. Patrons have access to men's and women's locker rooms with all the normal amenities, including sauna, steam room, and lockers for daily use and rental. The facility also offers swimsuit water extractors in each locker room. The Fort Rucker Physical Fitness Center organizes and hosts a variety of fitness programs and events, including personal training, group fitness, competitive running events, weightlifting competitions and health-promotion events.

### **FORTENBERRY-COLTON PHYSICAL FITNESS CENTER**

Bldg 5900, Skychief ,  
(334) 255-3794

<http://www.ftRuckermwr.com/recreation/physical-fitness-centers/>

The Fortenberry-Colton Physical Fitness Center is a 21,400 square foot modern facility that boasts top-of-the-line Life Fitness cardiovascular equipment, Strive selectorized strength equipment, and LifeFitness free weights. The facility includes a fitness room offering Cardio Theater for television viewing, a regulation basketball court, two practice courts, two volleyball courts, and a group fitness room. Also available is a 28-foot climbing wall, which allows four people to climb simultaneously. The wall has four auto-belay systems and four manual belays. Patrons have access to men's and women's locker rooms with all the normal amenities, including sauna, steam room, and lockers for daily use and rental. The Sports, Fitness, and Aquatic Branch hosts a variety of fitness events which includes: competitive and non-competitive runs, personal training, group fitness classes, Boot Camp, weight lifting competitions, health-promotion events, classes in aerobics and much more.

## **STORES & SHOPPING FACILITIES**

### **COMMISSARY**

Bldg 9213,  
(334)255-9177

<http://www.commissaries.com/stores/html/store.cfm?dodaac=hqcsjh>

The commissary provides high quality grocery products at the lowest possible prices. You must have a valid I.D. card to purchase items at the commissary. Items are sold at cost, with only a 5% surcharge added. The surcharge is used for commissary supplies and operating expenses. In general, 30-35 percent can be saved by using the commissary over the local supermarkets. The commissary is a huge cost- saving benefit.

### **THE EXCHANGE**

The Exchange is the re-branded name for AAFES, the Army and Air Force department store sometimes referred to as the PX or BX. You must have a valid I.D. card to purchase items at the Exchange. Other facilities that may be a part of The Exchange include: barber shop, beauty shop, flower shop, gas station, alteration and dry cleaning, class six (aka the liquor store), and theater. Many exchange complexes have concessions or vendors who are allowed to display and sell their wares and who pay a percentage of their sales to AAFES. The Clothing Sales store sells official items of military clothing and equipment to ID card holders.<http://www.shopmyexchange.com/ExchangeLocations/FtRuckerStore.htm>

# VETERINARY/ANIMAL

Some military installations offer a Veterinary Clinic which provides preventive veterinary services such as immunizations and health certificates. Animals owned by those residing on post must be micro-chipped and registered with the post veterinarian within 72 hours of arrival in order to legally reside in on-post housing. Many installations have policies on how many, what type and which breeds of animals you may have while living in on-post quarters. It is always a good idea to check with the Housing Services Office of a post prior to moving with any pets in order to verify requirements and limitations. Corvias Military Living (CML) has a three pet limitation on Fort Novosel.

## FORT RUCKER VETERINARY FACILITY

Bldg 9402, Dust Off Street,  
(334) 255-9061

<http://www.Rucker.army.mil/imcom/services/medical/>

Privately-owned animals are examined, immunized, and treated for diseases that may be transmitted to humans and cause a health problem for the military community. All animals housed on post must be registered at the VTF within three days of arrival and must be microchipped. Pets are seen by appointment only and must be preregistered. The facility is closed the last working day of each month for inventory. Services are provided to active duty Soldiers, retirees, reservists on orders for active duty 72 hours or more, and Family members.

## FORT RUCKER RIDING STABLES

Bldg 20090, Hatch Road,  
(334) 598-3384

<http://www.ftRuckermwr.com/recreation/riding-stables/>

**The Fort Rucker Riding Stables is located on Hatch Road just south of the Silver Wings Golf Course, surrounded** by over 10,000 acres of beautifully wooded trails. The complex includes a clubhouse with bathroom facilities and an emergency phone. Four community pastures, hay barn, 40 duplex barns with individual tack rooms and paddocks are available on-site as well as 67 stalls for transient and show horses. The Fort Rucker Riding Stables has two regulation dressage rings and two breaking pens. A lighted western arena and lighted jump/show arena, covered farriers' shed and double wash stalls with warm water are also available to patrons. Hay and stall bedding may be purchased from the Fort Rucker Riding Stables office. We also offer a convenient flexible feed service program to patrons.

## FORT RUCKER DOG PARK

Artillery Rd & Diamond Ave, Sunrise to sunset

<http://Rucker.corviasmilitaryliving.com/residents/bark-park>

Bark Parks are places where dog owners and non-dog owners can delight in the antics and craziness of dogs at play. Studies have shown that people somehow find it easier to start conversational talk to each other, with dogs as the initial focus, breaking down the usual barriers among unfamiliar people. Dog park design, rules of etiquette, and conflict resolution all play an important role in making your visit a positive and safe experience.

# LINKS

**<http://www.myarmyonesource.com/default.aspx>**

This website gives you the lowdown on all branches of service: Army, Air Force, Navy and Marines.

**<http://www.militaryonesource.mil/>**

This website will give you the latest and greatest information on duty locations for all military services. Be sure to check out your new post online here.

**<http://csf2.army.mil/>**

Comprehensive Soldier Fitness is a structured, long term assessment and development program to build the resilience and enhance the performance of every Soldier, Family member and DA civilian.

**<http://www.slideshare.net/USArmySocialMedia/army-social-media-handbook-2011/>**

Army Social Media Handbook is a document that offers a vast amount of social media guidance, including information for Army leaders, guidance for Army families, checklists, regulations, frequently asked questions, and more.

**[www.militaryonesource.mil/](http://www.militaryonesource.mil/)**

Military Community and Family Policy: Social Media Guide is an ideal site for all military families. Providing confidential help like counseling and language interpretation, resources for controversial topics in military life, and a frequently updated calendar of family-friendly events, this site keeps military families informed and secure.

**<http://www.ushistory.org/betsy/flagetiqa.html>**

The Flag Rules and Regulations found on this page offer all you need to know about the American Flag and how to use it. The site includes a comprehensive guide on treating the American flag with respect; in it you will find everything from instructions on how to fold it to examples of misuse of the American flag in the media.

**[www.myarmyonesource.com](http://www.myarmyonesource.com)**

My Army One Source is a website mandated by the U.S. Army, on which one can find news about the Army and its notable soldiers, as well as extensive resources for military families' education, youth services, housing, recreation, and more.

**<http://www.militaryspouse.com/articles/dos-and-donts-while-in-uniform/?pageNum=1>**

This article on MilitarySpouse educates husbands and wives of soldiers on how to behave while their spouse is in uniform. Within it one can find information on pushing strollers, holding umbrellas, referring to your spouse, chewing gum, and more in accordance with military etiquette.

## LOCAL WEBSITES

U.S. Army Aviation Center of Excellence and Fort Rucker **<http://www.Rucker.army.mil/>**

Fort Rucker Family & MWR **<http://www.ftRuckermwr.com/>**

Fort Rucker Army Community Service **<http://www.ftRuckermwr.com/acs/>**

Fort Rucker Child, Youth & School Services **<http://www.ftRuckermwr.com/cyss/>**

Lyster Army Health Clinic **<http://www.Rucker.amedd.army.mil/>**

The Exchange **<http://shop.aafes.com/shop/>**

Chaplain and Religious Support Office **<http://www.Rucker.army.mil/chaplain/>**

Fort Rucker Community Spouses' Club <http://www.fortRuckercsc.com/>

Corvias Military Living <http://Rucker.corviasmilitaryliving.com/>

SHARP <http://www.Rucker.army.mil/sharp/>

Code Red <http://www.Rucker.army.mil/codered/>

## FACEBOOK LINKS

USAACE and Fort Rucker <https://www.facebook.com/ffRucker>

Fort Rucker MWR <https://www.facebook.com/ffRucker#!/ffRuckermwr>

Fort Rucker Army Community Service <https://www.facebook.com/ffRucker#!/pages/Fort-Rucker-Army-Community-Service/323789580072>

Fort Rucker Silver Wings Golf Course <https://www.facebook.com/ffRucker#!/fortRucker.silverwingsgolfcourse>

Fort Rucker FMWR Sports, Fitness and Aquatics Branch <https://www.facebook.com/ffRucker#!/pages/Fort-No-vosel-FMWR-Sports-Fitness-and-Aquatics-Branch/133231670035369>

Lyster Army Health Clinic <https://www.facebook.com/ffRucker#!/LysterArmyHealthClinic>

## AREA CITY FACEBOOK AND WEBSITES

Enterprise

Facebook: <https://www.facebook.com/pages/Enterprise-Chamber-of-Commerce/120515981304284>

Website: <http://www.enterprisealabama.com/>

Ozark

Facebook: <https://www.facebook.com/ozarkalchamber>

Website: <http://ozarkalchamber.com>

Daleville

Facebook: <https://www.facebook.com/pages/Daleville-Area-Chamber-of-Commerce/111567388879981>

Website: <http://www.dalevilleal.com/home/>

Dothan

Facebook: <https://www.facebook.com/pages/City-of-Dothan-Government/178073165032>

Website: <http://www.dothan.org>



# GOOD TO KNOW INFO

## Acronyms - What does it mean?

A new military spouse will quickly discover that the military has its own language, which consists of acronyms. Once you understand that these acronyms stand for a phrase or words, you will easily learn to speak military jargon. You may at least attempt to guess what they represent. Following is a list of acronyms.

<b>A</b>		<b>DEERS</b>	Defense Enrollment Eligibility Reporting System
<b>AAAA</b>	Army Aviation Association of America	<b>DEH</b>	Directorate of Engineering & Housing
<b>AAFES</b>	Army/Air Force Exchange Service	<b>DENTAC</b>	Dental Activity
<b>ACES</b>	Army Continuing Education System	<b>DEROS</b>	Date of Estimated Return from Overseas
<b>ACS</b>	Army Community Service	<b>DFAS</b>	Defense Finance and Accounting System
<b>ACU</b>	Army Combat Uniform	<b>DI</b>	Drill Instructor
<b>AD</b>	Active Duty	<b>DLA</b>	Dislocation Allowance
<b>ADJ</b>	Adjutant	<b>DO</b>	Duty Officer
<b>AER</b>	Army Emergency Relief	<b>DOB</b>	Date of Birth
<b>AFAP</b>	Army Family Action Plan	<b>DOD</b>	Department of Defense
<b>AFN</b>	American Forces Network	<b>DOR</b>	Date of Rank
<b>AFB</b>	Army Family Team Building	<b>DOS</b>	Date of Separation
<b>AG</b>	Adjutant General	<b>DPP</b>	Deferred Payment Plan
<b>AGR</b>	Active Guard Reserve	<b>DPS</b>	Department of Public Safety
<b>AKO</b>	Army Knowledge Online	<b>DSN</b>	Defense Switched Network (current term for Autovon)
<b>ALC</b>	Advanced Leader Course (BNCOC)	<b>DZ</b>	Drop Zone
<b>AMC</b>	Army Materiel Command	<b>DPW</b>	Directorate of Public Works
<b>AMMO</b>	Ammunition	<b>DENTAC</b>	United States Army Dental Activity
<b>AO</b>	Area of Operations		
<b>APC</b>	Armored Personnel Carrier	<b>E</b>	
<b>APF</b>	Appropriated Funds	<b>EDRE</b>	Emergency Deployment Readiness Exercise
<b>APFT</b>	Army Physical Fitness Test	<b>EER/OER</b>	Enlisted/Officer Evaluation Report
<b>APO</b>	Army Post Office	<b>EFMP</b>	Exceptional Family Member Program
<b>AR</b>	Army Regulation	<b>EM</b>	Enlisted Member
<b>ARC</b>	American Red Cross/Army Reserve Command	<b>EN</b>	Enlisted
<b>ARNG</b>	Army National Guard	<b>ERP</b>	Employment Readiness Program
<b>ASAP</b>	As Soon As Possible/Army Substance Abuse Program	<b>ETS</b>	Expiration of Term of Service
<b>ASU</b>	Army Service Uniform		
<b>ASVAB</b>	Armed Services Vocational Aptitude Battery	<b>F</b>	
<b>AT</b>	Annual Training	<b>FAC</b>	Family Assistance Center
<b>ATRRS</b>	Army Training Requirement and Resources System	<b>FAP</b>	Family Advocacy Program
<b>AUSA</b>	Association of the United States Army	<b>FLO</b>	Family Liaison Office/Foreign Liaison Officer
<b>AVC/AVCC</b>	Army Volunteer Corps/Army Volunteer Corps Coordinator	<b>FM</b>	Field Manual
<b>AVN</b>	Aviation	<b>FOUO</b>	For Official Use Only
<b>AWOL</b>	Absent without leave	<b>FRG</b>	Family Readiness Group
		<b>FRO</b>	Family Readiness Officer
<b>B</b>		<b>FRL</b>	Family Readiness Liaison
<b>BAH</b>	Basic Allowance for Housing	<b>FRP</b>	Financial Readiness Program
<b>BAS</b>	Basic Allowance for Subsistence	<b>FRSA</b>	Family Readiness Support Assistance
<b>BC</b>	Battery/Brigade/Battalion Commander	<b>FSA</b>	Family Separation Allowance
<b>BCT</b>	Basic Combat Training/Brigade Combat Team	<b>FSSA</b>	Family Supplemental Subsistence Assistance
<b>BDE</b>	Brigade	<b>FTX</b>	Field Training Exercise
<b>BN</b>	Battalion	<b>FY</b>	Fiscal Year
<b>BOLC</b>	Basic Officer Leadership Course		
<b>BOQ</b>	Bachelor Officer Quarters	<b>G</b>	
		<b>GO</b>	General Officer
<b>C</b>		<b>GOV</b>	Government Owned Vehicle
<b>CASCOM</b>	Combined Arms Support Command	<b>GS</b>	General Schedule (Government civilian employee pay grades)
<b>CDC</b>	Child Development Center	<b>GSA</b>	General Services Administration
<b>CDR</b>	Commander		
<b>CDS</b>	Child Development Services	<b>H</b>	
<b>CE</b>	Civil Engineer	<b>HHC/D/B</b>	Headquarters & Headquarters Company/Detachment/Battery
<b>CG</b>	Commanding General	<b>HOR</b>	Home of Record
<b>CGSC</b>	Command and General Staff College	<b>HQ</b>	Headquarters
<b>CID</b>	Criminal Investigation Division	<b>HQDA</b>	Headquarters, Department of the Army
<b>CINC</b>	Commander in Chief	<b>HRC</b>	Human Resources Command
<b>CLEP</b>	College Level Examination Program	<b>HRO</b>	Human Resource Office
<b>CO</b>	Commanding Officer/Company	<b>HS</b>	Home Station
<b>COB</b>	Close of Business		
<b>COLA</b>	Cost of Living Allowance	<b>I</b>	
<b>CONUS</b>	Continental United States	<b>I &amp; R</b>	Information and Referral
<b>CP</b>	Command Post	<b>IADT</b>	Initial Active Duty Training
<b>CPO</b>	Civilian Personnel Office	<b>IET</b>	Initial Entry Training
<b>CPX</b>	Command Post Exercise	<b>IG</b>	Inspector General
<b>CQ</b>	Charge of Quarters	<b>IMCOM</b>	Installation Management Command
<b>CSA</b>	Chief of Staff, Army	<b>IRR</b>	Individual Ready Reserve
<b>CWOC</b>	Catholic Women of the Chapel	<b>ITO</b>	Invitational Travel Order
<b>CY</b>	Calendar Year	<b>ITT</b>	Information, Tours, and Travel
<b>CYSS</b>	Child, Youth and School Services		
		<b>J</b>	
<b>D</b>		<b>JAG</b>	Judge Advocate General
<b>DA</b>	Department of Army	<b>JR EN</b>	Junior Grade Enlisted Personnel
<b>DACP</b>	Department of Army Civilian Police	<b>JR NCO</b>	Junior Grade Noncommissioned Officer
<b>DASG</b>	Department of the Army Security Guard		
<b>DCSPER</b>	Deputy Chief of Staff for Personnel		
<b>DECA</b>	Defense Commissary Agency		

## K

KIA Killed in Action  
KP Kitchen Patrol

## L

LES Leave and Earnings Statement  
LN Local National  
LOD Line of Duty  
LTS Leisure Travel Service

## M

MEDDAC Medical Department  
MEDEVAC Medical Evacuation  
METL Mission Essential Task List  
MFO Multinational Forces and Observer  
MGIB Montgomery GI Bill  
MI Military Intelligence  
MIA Missing In Action  
MILPO Military Personnel Office  
MOAA Military Officers' Association of America  
MOB/DEP Mobilization and Deployment  
MOBEX Mobilization Exercise  
MOS Military Occupational Specialty  
MP Military Police  
MRE Meals Ready to Eat  
MWR Morale, Welfare, and Recreation

## N

NA Not Applicable  
NAF Non-Appropriated Funds  
NATO North Atlantic Treaty Organization  
NCO Noncommissioned Officer  
NCOER Noncommissioned Officer Evaluation Report  
NCOIC Noncommissioned Officer in Charge  
NEO Noncombatant Evacuation Operation  
NGB National Guard Bureau  
NLT Not Later Than

## O

OBC Officer Basic Course  
OCONUS Outside Continental United States  
OCS Officer Candidate School  
OD Officer of the Day  
OHA Overseas Housing Allowance  
OIC Officer-In-Charge  
OER Officer Evaluation Report  
OJT On the Job Training  
OPSEC Operational Security  
OSC Officers' Spouses' Club  
OSJA Office of the Staff Judge Advocate

## P

PAC Personnel Administration Center  
PAM Pamphlet  
PAO Public Affairs Officer  
PCS Permanent Change of Station  
PDA Public Display of Affection  
PEBD Pay Entry Basic Date  
PERSCOM Total Army Personnel Command  
PLT Platoon  
PMO Provost Marshal Office  
PMOS Primary Military Occupational Specialty  
POA Power of Attorney  
POC Point of Contact  
POI Program of Instruction  
POV Privately Owned Vehicle  
PT Physical Training  
PWOC Protestant Women of the Chapel  
PZ Pickup Zone

## Q

QOL Quality of Life  
QM Quartermaster

## R

RA Regular Army  
RC Reserve Component  
RD Rear Detachment  
RDC Rear Detachment Commander  
R & R Rest and Relaxation  
RFO Request For Orders  
RIF Reduction In Force  
ROTC Reserve Officer Training Corps  
RRP Relocation Readiness Program  
RSO Religious Support Office  
R.S.V.P. Reply whether or not you can attend (repondez s'il vous plait)  
REG Regulation

## REGT

Regiment

## S

SARC Sexual Assault Response Coordinator  
SATO Scheduled Airlines Ticket Office  
SBP Survivor Benefit Plan  
SD Staff Duty  
SDNCO Staff Duty Noncommissioned Officer  
SDO Staff Duty Officer  
SES Senior Executive Service (senior civilian employee grades)  
SF Special Forces  
SGLI Servicemen's Group Life Insurance  
SHARP Sexual Harassment/Assault Response Prevention  
SIDPERS Standard Installation Division Personnel Reporting System  
SJA Staff Judge Advocate  
SLC Senior Leaders Course (ANCOC)  
SLO School Liaison Officer  
SOCOM Special Operations Command  
SOP Standing Operating Procedure(s)  
SOS Survivor Outreach Services  
SRB Selective Reenlistment Bonus  
SSS Selective Service System  
SSN Social Security Number  
SZ Secondary Zone

## T

TAP Transition Assistance Program (ACAP)  
TDA Tables of Distribution and Allowances  
TDY Temporary Duty  
TIG Time In Grade / The Inspector General  
TLA Temporary Living Allowance  
TMO Traffic Management Office  
TMP Transportation Motor Pool  
TOE Table(s) Organization and Equipment  
TPU Troop Program Unit  
TRADOC Training and Doctrine Command  
TTAD Temporary Tour Active Duty

## U

UCMJ Uniform Code of Military Justice  
USAF United States Air Force  
USAR United States Army Reserve  
USARC United States Army Reserve Command  
USAWOCC United States Army Warrant Officer Career College  
USO United Services Organization  
USPFO United States Property & Fiscal Office

## V

VA Department of Veterans Affairs (formerly Veterans Administration)  
VHA Variable Housing Allowance  
VOLAR Volunteer Army

## W

WG Wage Grade  
WO Warrant Officer  
WOC Warrant Officer Candidate

## X

XO Executive officer

## Y

YS Youth Services

# LOCAL ACRONYMS

<b>Get REAL</b>	Rucker Experience Army Learning
<b>AVC3</b>	Aviation Captain's Career Course
<b>B.E.S.T.</b>	Better Empowered Soldiers Today
<b>OH-58</b>	Kiowa (Observation)
<b>TH-67</b>	Training Helicopter
<b>UH-60</b>	Blackhawk (Utility)
<b>AH-64</b>	Apache (Attack)
<b>CH-47</b>	Chinook (Cargo)
<b>FRCSC</b>	Fort Rucker Community Spouses' Club
<b>LCT</b>	Leading Change Team
<b>USAACE</b>	United States Army Aviation Center of Excellence
<b>USAARL</b>	United States Army Aero-medical Research Lab
<b>USASAM</b>	US Army School of Aviation Medicine
<b>WIND</b>	Worthwhile Information Needing Distribution
<b>WOCS</b>	Warrant Officer Candidate School
<b>WOCC</b>	Warrant Officer Career College
<b>IERW</b>	Initial Entry Rotary Wing
<b>TAOG</b>	164th Theater Airfield Operations Group
<b>1AB</b>	1st Aviation Brigade
<b>110th</b>	110th Aviation Brigade
<b>128th</b>	128th Aviation Brigade
<b>NCOA</b>	Noncommissioned Officer Academy

# ARMY RANKS

## ENLISTED RANKS

Junior Enlisted Personnel (E1-E4) enter the military as Recruits, and once they complete their Basic Military Training, they generally attain rank. Some enter as Privates, but depending on education level can immediately attain the rank of PV2 or PFC, and upon completion of basic training, some may attain the rank of Specialist. Enlisted personnel form the foundation of the Army's manpower.

Non-Commissioned Officers (NCO) are expert Soldiers who have undergone professional military training courses and have proven themselves to be capable and responsible. They serve as the link between the officers and the junior enlisted Soldiers and are referred to as the "backbone of the Army". There are Junior NCOs (E4-E6) and Senior NCOs (E7-E9).

											
no insignia	Private E-2 (PV2)	Private First Class (PFC)	Corporal (CPL)	Sergeant (SGT)	Staff Sergeant (SSG)	Sergeant First Class (SFC)	Master Sergeant (MSG)	First Sergeant (1SG)	Sergeant Major (SGM)	Command Sergeant Major (CSM)	Sergeant Major of the Army (SMA)

## OFFICER RANKS






Warrant Officers are referred to as Mr. or Ms. when being formally addressed verbally. Warrant Officers are generally educated technicians in their specified fields. They are considered experts in certain military technologies or capabilities.

Commissioned Officers serve leadership and staff roles in a variety of different branches of the Army.












Junior Officers are also known as Company Grade Officers. The Company Grade Officers are Second Lieutenants (2LT), First Lieutenants (1LT) and Captains (CPT). They will command platoons or companies of Soldiers. They oversee the execution of orders and ensure the welfare of the Soldiers in their command. They are most important in small-unit combat and earn the respect of their Soldiers by leading by example.

Field Grade Officers are the mid-level officers within organizations from battalion up. They are the staff officers of every senior level Headquarters (HQ) from the Pentagon to the combatant commands. Majors (MAJ), Lieutenant Colonels (LTC) and Colonels (COL) make up the Field Grade Officer ranks. They may serve as staff officers and/or commanders. Many have successfully commanded at the company level and, in the ranks of Lieutenant Colonel and Colonel may command battalions and brigades respectively. Field Grade Officers orchestrate the day-to-day activities on most staffs.

General Officers (GOs) are the Soldiers with the highest ranks in the Army. They are responsible for the planning of policies which affect the entire Army. They will command Divisions, Corps, and Armies. Presently, the five levels of General Officers are Brigadier General (BG), Major General (MG), Lieutenant General (LTG), General (GEN) and General of the Army.

	W-1	W-2	W-3	W-4	W-5
<b>WARRANT OFFICER</b>  (Silver and Black)	 Warrant Officer	 Chief Warrant Officer	 Chief Warrant Officer	 Chief Warrant Officer	 Master Warrant Officer

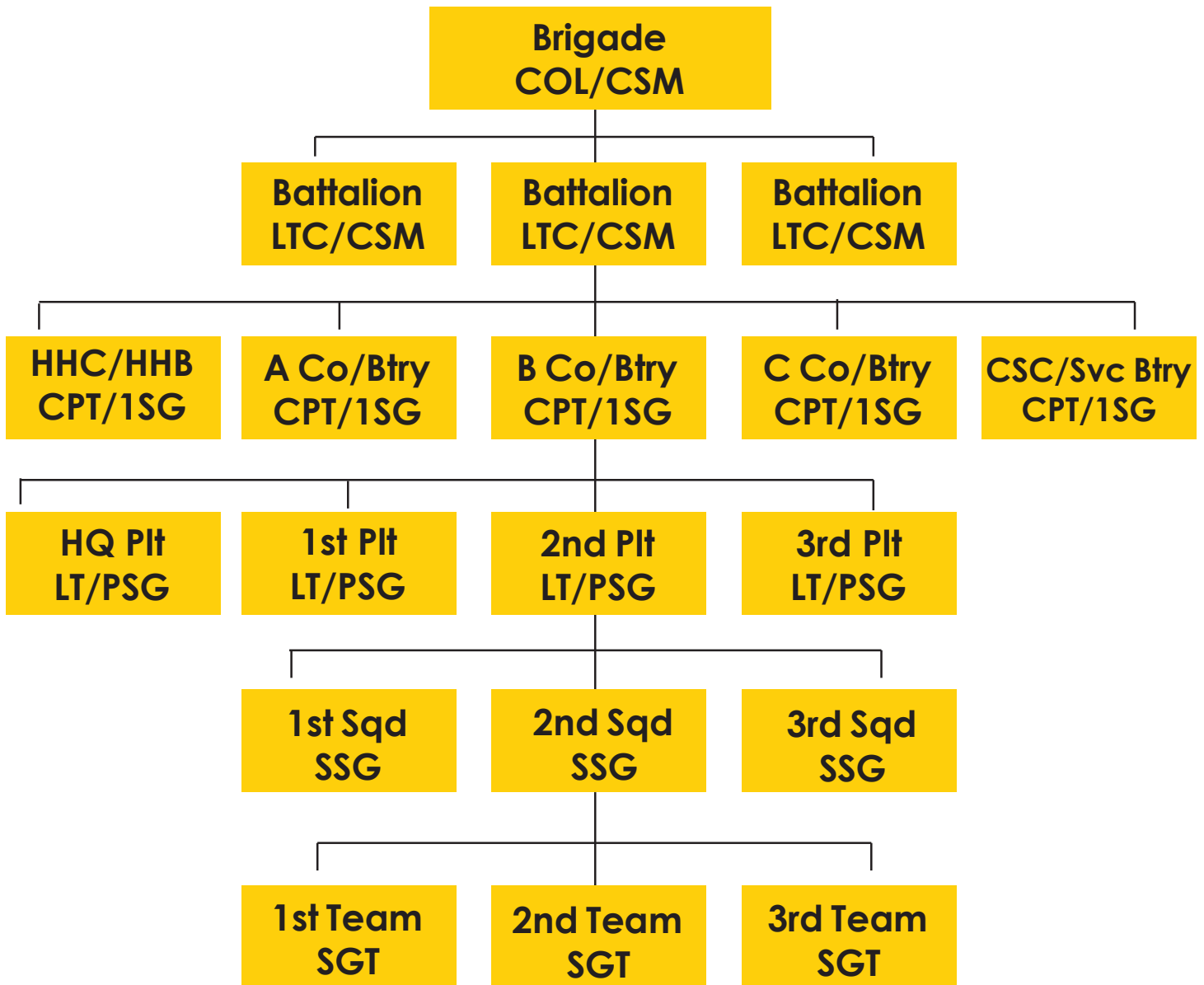
  

 Second Lieutenant (2LT)	 First Lieutenant (1LT)	 Captain (CPT)	 Major (MAJ)	 Lieutenant Colonel (LTC)	 Colonel (COL)	 Brigadier General (BG)	 Major General (MG)	 Lieutenant General (LTG)	 General (GEN)	 General of the Army (GA)
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# COMMAND STRUCTURE

This chart depicts a brigade (BDE), battalion (BN), and a company (CO) organization generally representative of what you may find in a military unit. There may be more or fewer battalions or companies in the unit with different staff positions.

# Unit/Organization Command and Composition



Unit/Organization	Composed of	Commanded By
Battalion/Squadron	Headquarters & 2-6 Companies/Batteries/Troops	Lieutenant Colonel (Command Sergeant Major)
Company/Battery/Troop	Headquarters & 2 or more Platoons	Captain (First Sergeant)
Platoon	2 or more Squads/Sections	Lieutenant (Platoon Sergeant)
Squad/Section	7-11 Soldiers	Staff Sergeant



# DEPLOYMENTS

Deployments are a normal way of military life. There is much documentation on coping with deployments and reunions. It would be to your advantage to read as much as possible. Never shy away from talking with as many people as you can that have been through deployments. Also, talk with other spouses and Soldiers and keep in mind that you can learn as much from what NOT to do as you can from what TO do. Crawl across the web and read and digest as many websites, blogs, tutorials and trainings as you can cram into any given day. Once you have gathered information and data, then you will want to overlay all of that information over your own unique circumstances and Family. The little plaque which was placed in a classroom was right; you do put the U in unique. No one else has your exact life experiences, preferences and expectations. No one else is married to your spouse and no one else is living your marriage. It is up to you and your Soldier to figure out what your new normal is going to look like and how it is going to function best.

Once your Soldier is notified of an impending deployment, the two of you should immediately begin formulating a plan of attack. In depth discussions and long range planning will ensue. Serious questions need to be asked and answered.

- Who is going to pay the bills?
  - Who is going to manage the bank accounts?
  - Where will the spouse live while the Soldier is deployed?
  - What will you do with the Soldier's vehicle?
  - How will you communicate?
  - What types of powers of attorney will you need while the Soldier is deployed?
- Now, complicate things even further by throwing a child or two into the mix.
- Who will be the backup to the parent that remains at home if the need should arise?
  - Where will the children go to school?
  - How will the children communicate with the Soldier?
  - How will you keep the Soldier updated on the progress of their child's development & achievements?
  - How will you celebrate holidays with the Soldier away?

These and many more questions will need to be considered. Most units will offer training and preparation classes prior to deployment. You are strongly encouraged to participate at every level and to take advantage of every resource you are offered along the way. If your unit is not offering training, ask why.

# MILITARY TIME

Telling military time may also confuse the new Army spouse. The twenty-four hour clock is not only used by the military, but it's the standard practice in many countries outside of North America. The military clock starts at midnight, known as 0000 hours. This is called "Zero Hundred Hours." Instead of having a twelve-hour clock that resets twice, in military time, you work with one clock that starts with 0000 at midnight and runs all the way until 2359 hours (11:59 p.m.) until it resets at 0000 hours at midnight again. Note that the military clock does not use the colon to separate the hours and minutes. The hours from 1 am to noon are the same as in civilian time. For hours below 10, you just add a zero in front of it. So 8:00 a.m. becomes 0800. For a military time that's 1300 or larger, subtract 1200 to get the civilian time. For example, if someone says the briefing is at 1645 you would subtract 1200 from 1645 (1645-1200= 445) to get 4:45 p.m.

CIVILIAN	MILITARY	CIVILIAN	MILITARY	CIVILIAN	MILITARY
Midnight	0000/2400	1:00 am	0100	2:00 am	0200
3:00 am	0300	4:00 am	0400	5:00 am	0500
6:00 am	0600	7:00 am	0700	8:00 am	0800
9:00 am	0900	10:00 am	1000	11:00 am	1100
12:00 pm	1200	1:00 pm	1300	2:00 pm	1400
3:00 pm	1500	4:00 pm	1600	5:00 pm	1700
6:00 pm	1800	7:00 pm	1900	8:00 pm	2000
9:00 pm	2100	10:00 pm	2200	11:00 pm	2300

# MILITARY CUSTOMS, PROTOCOL, AND TRADITIONS

Protocol can be a very imposing word. In the strict sense, it is the formal rules of conduct at high-level government ceremonies. For military spouses it can be defined as etiquette and good manners blended with the rich heritage of tradition and courtesies of military life. Protocol lets us know what to expect in a given situation and can help you feel more comfortable and at ease. Social functions run the gamut from black tie to blue jeans. With the knowledge of some general guidelines, you will be able to enjoy them all.

## SOCIAL OBLIGATIONS

There are lots of social functions associated with military life. These social functions allow you a wonderful opportunity to get to know your Soldier's co-workers and their spouses on a more personal level. Military social life is one of our nicest traditions out of which friendships and camaraderie grow. Military social life is characterized by the exchange of visits, invitations and other courtesies. Remember to be yourself, to do what is comfortable for you and to keep it within your budget. In this way you will entertain because you enjoy it and will soon find yourself building lasting friendships.

## TO GO OR NOT TO GO?

Sometimes you may find a conflict of obligations and interests when it comes to deciding which functions to attend. Of course, your Family is your top priority. Usually your unit Hail and Farewells and spouses' coffees or Family Readiness Group functions will take precedence over other functions scheduled at the same time. These social occasions are great opportunities to get to know the people with whom your Soldier works and to discover new friendships. This leads to esprit de corps, or unit spirit, which is a very special military tradition. As part of his/her job as a professional Soldier, your spouse must be loyal to the unit and to its commander. Your Soldier will pull duty, go to the field and may someday be called upon to defend our Nation and our Allies. Your support of his/her career will be a great help in a tough job.

## INVITATIONS

There are a variety of invitations to choose from depending on the mood of the party and the host or hostess: e-invites, informal notes, boxed invitations or handmade creations. Whether your response is a 'yes' or a 'no', please be considerate and respond to your host or hostess and then follow through.

## TYPES OF RESPONSES

Most invitations indicate the type of response requested in a lower corner. Call to say "Yes, I will attend" or "No, I will not be able to attend". REGRETS ONLY means the host or hostess is assuming you will attend and you should call when you are unable to attend. Never assume that you will not be missed. When you receive an invitation, remember your old-fashioned good manners and reply promptly, within forty-eight hours. Consider the waste of time and money if the host or hostess prepares food for twenty people and only eight guests show up. If, after receiving an invitation, you meet the host or hostess somewhere, you may refer to the party; however, do not RSVP at that meeting. You must still RSVP by phone, email or by written note. When you decline an invitation, an explanation is not required and should never be requested. Once you accept an invitation and an emergency arises, you may call and decline. However, once you decline an invitation, you should not reverse your response.

## THANK YOU

There is always much discussion generated about what to wear to the many social functions you will undoubtedly be invited to. A good rule of thumb to follow is that no matter how friendly the workplace is or how chummy co-workers are, the Army and all of its various functions is STILL your spouse's place of work and business. Always maintain a professional image and manner of dress. There are technically only three forms of attire (Formal, Informal and Casual). However, you will see many things written on invitations in terms of dress codes. The following is a guide to help you decide WHAT to wear to a function.

### Formal

**Military Personnel:** Army Service Uniform (ASU)/bow tie (men) or neck tab (women), Army white uniform/bow tie or neck tab, Army blue mess or white mess with bow tie or neck tab

**Civilians:** A ball or dance: White or black tie (men); long or short formal (women). For a formal dinner: Tuxedo/bow tie (men); long dress, blouse and skirt, or evening slacks (women)

### Informal

**Military Personnel:** ASU with four-in-hand tie(men)/ black neck tab (women); when not in uniform, dark-colored business suit preferred

**Civilians:** Business suit (men); "Dressy" dress or suit (women)

### Casual

**Military Personnel:** May include the Class B uniform or Army Combat Uniform (ACU); check with host/hostess

**Civilians:** Open-neck shirt (no tie), slacks with sports coat or sweater (men); simple dress, skirt and blouse, or pant suit (women)

### Semi-Formal

Although not an official category of dress, the host or hostess that uses this description most likely expects guests to wear a business suit (men) or a cocktail dress (women).

### Very Casual

This usually means jeans, shorts or sundresses. There is no military dress for this category.

### Country Casual, Beach Wear, etc.

These types of categories are usually "defined" by local custom and policy. It would be best to ask the host or hostess if you are unsure.

# SOCIAL FUNCTIONS

## PROMOTION PARTY

The promotion party, a time-honored tradition, is usually given by an officer or NCO or a group of officers or NCOs with similar dates of rank, shortly after being promoted. It does not have to be a fancy affair but provides a chance to invite friends and their spouses to share the good fortune.

## UNIT PARTIES

Although the unit is usually the host, unit members and guests share the cost and planning of the party. The most popular unit party is the Hail and Farewell which welcomes the incoming members and farewells the departing members. These parties build the unit spirit and camaraderie and are successful only if everyone supports and participates.

## DINING IN

The Dining In is an old military tradition that has been passed down from the British. As the most formal event, a Dining In allows all unit members, regardless of rank, to celebrate its successes and to enjoy its traditions and heritage. It is strictly an Army only affair, no spouses are invited.

## DINING OUT

When spouses are invited to a Dining In, it becomes a Dining Out. This gives the spouses an opportunity to see all the "pomp and circumstance" that goes with the tradition. The spouses will enjoy the opportunity to dress in their dressiest dinner gowns or tuxedos and spend a fun evening with their Soldier and his/her fellow Soldiers.

## RECEPTIONS

A reception is usually held in honor of a special guest or after a change of command. There may or may not be a receiving line. Guests mingle and visit with the other guests. Conversations are usually light and of short duration. When you wish to move on to greet other guests, a simple "Excuse me..." will do and then leave. Before departing, thank the hostess and host and bid good-bye to the guest of honor.

## PARADES AND REVIEWS

Certain traditions and courtesies should be observed during these ceremonies. Spectators stand for the playing of the national anthem and the anthems of other countries represented. As troops pass in review, spectators stand as the national colors approach and pass. Depending on post/base policy, spectators may be required to stand for the playing of other songs such as the Army Song. A review is usually smaller than a parade.

If the reviewing officer is a General Officer, the spectators will stand at the beginning of the ceremony for the playing of "Ruffles and Flourishes" and/or the sounding of the accompanying gun salute.

These events are an important part of the military. Parades can be held for many reasons, but the following are some of the most frequent:

- **Change of Command:** The outgoing commander officially passes the unit colors to his/her successor.
- **Change of Responsibility:** Key to the ceremony is the changing of position of responsibility between the outgoing and incoming First Sergeants
- **Presentation of awards and medals:** Soldiers are recognized and commended publicly for their achievements or valor in the outstanding performance of duty.

# OTHER MILITARY FUNCTIONS & COURTESIES

At all social functions, invited guests should try to speak to the guest (s) of honor and always bid good-bye to the hostess and/or host.

- Always be punctual for social functions, however, do not arrive early. You may arrive early to meetings so that you can socialize before the meeting and the meeting can start on time.
- When entering or leaving an installation with a guarded gate at night, dim your headlights 50 feet before the gate so that you will not blind the guard.
- Although the military has a defined rank structure, spouses have no rank. It is still proper to address senior officers and their spouses by their last name, until they ask you to do otherwise.
- A chaplain may be addressed as chaplain, or if Catholic, by Father. A doctor is addressed by military rank, although in a clinic setting you may find "doctor" more comfortable.
- You are welcome to attend a change of command ceremony without a specific invitation. Attendance at the reception following should be by invitation.
- The topic of children at events is a touchy subject. When children are invited, it will be specified on the invitation. If an event is intended for adults only, please be respectful of the host and other guests and leave your children at home with adequate supervision or at a childcare facility. Children are welcome at parades and reviews as long as they are quiet and well-behaved.
- When the colors (Honor Guard containing the US flag) "passes in review" during a parade, it is expected that all in attendance will stand and remain standing until the honor guard passes by your location. It is also customary for civilians to place their right hand over their heart in a show of respect and allegiance. Soldiers, both active and retired, and veterans may salute whether in uniform or civilian attire.
- Soldiers are not permitted to do a few things while wearing their uniform in order to lend dignity and honor to the uniform and respect for all that it conveys. Some of the unauthorized actions while in uniform are: chewing gum, showing public displays of affections such as holding hands or kissing, wearing earphones, talking on a cell phone or eating while walking or wearing a backpack or front pouch for a baby to name a few.

## REVEILLE AND RETREAT

If you are on post in the morning for Reveille (flag being raised) or in the evening for Retreat (flag is being lowered), stop and stand facing the flag or the sound of the bugle call. Soldiers will salute. Family members (to include children) may place their right hand over their heart. Stand quietly until the music has stopped. If you are in a car, stop in a safe location, get out and follow the same procedure. If you have small children in the car, you may remain in the car, however, please stop the vehicle until the music stops playing. Generally, on an Air Force



# FLIGHT SCHOOL SURVIVAL TIPS

Flight School will be full of sacrifices for the family as a whole. Your Service member's time will be spent studying, studying, and yet still more studying. The information Flight School students have to learn is overwhelming and many times must be learned verbatim. It will be hard at first having them home but not being able to spend time with them the way you like. Trying to figure out how to spend time with Family and still manage study time is a difficult task. Set up a Routine: By setting aside "Family time" each day and especially on the weekends, you will be setting yourselves up for success. As an example, after class your flight student goes to the gym and then he or she sits down to dinner with the Family. After that, "he/she belongs to the books." On weekends, Sunday is "Family day" and you take advantage of the events/activities at Fort Rucker and in the surrounding community.

**Assist Your Flight Student with Studying:** Be understanding of late nights with a study group or by helping him/her with study flash cards.

**Family Readiness Group:** Each flight class has a Family Readiness Group (FRG). The mission of the FRG is to provide official command information and a mutual avenue of support. FRGs are a great way to meet other spouses and Family members within your flight class and make new friends. Questions, concerns and suggestions should be addressed by your Class FRG Leader who can also provide support during times of crisis/injury, birth/death, hospitalizations and illness. The friends you will make in Flight School will be friends for a lifetime. It's almost inevitable that you will end up stationed together with friends from Flight School at sometime in the future. It is our hope that you will find your time as a Flight School Family one of your most memorable assignments in the military.

## SOUNDS OF FLIGHT SCHOOL

The military has its own special language to provide a quick and easy way of communicating. Flight Schools adds its own dialect to the language. Below are a few of the terms and acronyms you'll hear while your Service Member goes through Flight School.

<b>5 &amp; 9</b>	Chapters from Dash 10 that cover limitations and emergency procedures
<b>Autos</b>	Practice emergency landings in helicopter.
<b>BOLC</b>	Basic Officer Leader Course - Training to provide the fundamentals necessary to being an Aviation Officer
<b>Dash 10</b>	Owner/Operator's manual for the assigned aircraft.
<b>EP's</b>	Emergency Procedures - What to do in case of emergency while flying?
<b>Goggles (NVG)</b>	Learn to fly the aircraft and execute their mission at night using night vision goggles (NVGs).
<b>HOST</b>	Helicopter Overwater Survival Training - Formerly known as DUNKER. Students learn water survival techniques.
<b>IERW</b>	Initial Entry Rotary Wing Course - Includes academics and flying.
<b>Instruments</b>	Students learn to navigate a helicopter in the clouds.
<b>Nickel Ride</b>	First solo flight.
<b>SERE-C</b>	Survival, Evasion, Resistance and Escape. Survival course covering many different elements
<b>Stick Buddy</b>	Partner your flight student flies with during Flight School.

**Training Back-log** Break in the training schedule.

## PHASES OF FLIGHT SCHOOL

### **BOLC: Basic Officer Leader Course/WOBC: Warrant Officer Basic Course**

Training that provides the fundamentals necessary to being an Aviation Officer. This is Army Aviation 101 and builds on the basic foundation that was laid during ROTC/USMA/OCS or WOCs. Topics range from Army Aircraft and Aviation Missions to shooting the M16 and M9.

### **HOST: Helicopter Overwater Survival Training**

Helicopter Overwater Survival Training prepares aircrew member and their passengers to successfully exit an aircraft in an overwater emergency in both day and night conditions. Students receive the finest in water survival instruction and upon completion of this phase of Flight School students will be prepared for an aircraft ditching.

### **SERE: Survival, Evasion, Resistance and Escape**

A physical and mentally challenging three-week training program providing knowledge and skills relative to survival, evasion, resistance to exploitation and escape from captivity and is a prerequisite to Flight School.

### **IERW: Initial Entry Rotary Wing**

Starts with two weeks of pre-flight where students learn the basic prerequisites for starting to fly. The next phase is primary, which is also referred to as contact. Primary consists of eight weeks of learning the basics of taking off, landing and hovering. Family Day happens during primary. That is soon followed by instruments which will last eight weeks. Instruments, which takes students who know how to fly and teaches them how to fly in a cloud, where they are not able to see where they are going and must rely on multiple systems for navigation. Basic Warfighting Skills (BWS) is the final phase of IERW. It takes all the flight training to date, which is essentially what civilian flight school is, and starts to add Army training such as navigating off a military map, conducting reconnaissance and landing in confined areas. Throughout this phase, the students are broken into two groups, alternating morning and afternoon flight line with academics in the other half of the day. This phase culminates with Aircraft Selection.

### **FSXXI: Flight School 21**

(UH 15 Weeks, CH 15 Weeks, OH 19 Weeks, AH 22 Weeks)

These numbers are estimates as the times change to manage the back log). This phase puts flight students in their "Go to War" aircraft and teaches them its particular characteristics and its role in Army Operations. UH and CH pilots will learn about things like air moves, air assaults, sling loads, etc. AH and OH pilots will learn about attack and reconnaissance missions as well as aerial gunnery as they prepare to fire the aircrafts weapons systems.

# HELICOPTERS



**LAKOTA**



**BLACKHAWK**



**CHINOOK**



**APACHE**



# INSIGNIA



TRADOC



USAACE



Wing & Torch



Wing & Prop



1st AVN BDE



1/13th AVN REGT



1/145th AVN REGT



110th AVN BDE



1/11th AVN REGT



1/14th AVN REGT



1/212th AVN REGT



1/223rd AVN REGT



128th AVN BDE



ATSCOM



164th TAOG



AMCOM



Garrison



IMCOM  
SOLDIERS • FAMILIES • CIVILIANS

IMCOM



WOCC



Army Medical CMD



USASAM



USAARL



USAAMC



NCOA



Military Police



DES



LRC



CRC



CRC

# MAP



Map not to scale.





**Outdoor Recreation & Lake Lodging • Bldg. 24235**



**Lake Lodge • East Beach**



**East Beach Cabins • East Beach**



**Singing Pines Cabins • West Beach**



**Silver Wings Golf Club • Bldg. 20067**



**Divots Restaurant & Grille • Bldg. 20067**



**Riding Stables • Bldg. 20091A**



**School Age Center • Bldg. 2806**



**Youth Center • Bldg. 2800**



**Youth Sports Fitness Center • Bldg. 8950**



**Child Development Center • Bldg. 8938**



**The Flightline Bowling Center • Bldg. 9227**



**Fort Novosel Physical Fitness Center • Bldg. 4605**



**Automotive Skills Center • Bldg. 1902**



**Arts & Crafts Center • Bldg. 9205**



**Center Library • Bldg. 212**



**The Landing • Bldg. 113**



**Welcome Home Catering • Bldg. 113**



**Fortenberry-Colton Physical Fitness Center • Bldg. 5900**



**Big Mike's Bar & Grill • Bldg. 319**



**The Coffee Zone • Bldg. 5700 & Lyster**



**Soldier Service Center • Bldg. 5700**

Located in the Soldier Service Center

ACS • Lending Hangar • DFMWR/Support Management • CYS Parent Central Services



**Museum • Bldg. 6000**

# PHONE BOOK



Please visit <https://home.army.mil/Rucker/index.php/contact/phonebook> or scan the QR CODE to see the most up-to-date number.

# NOTES

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*Sweet Home*

**FORT  
RUCKER**

