





Monday	Tuesday	Wednesday	Thursday	Friday	
3.	4.	5.	6.	7.	
<u>Mom & Me:</u> <u>Dad Too!</u> 0930 - 1100	WarmD	Tot Time 0930-1100 Overseas Briefs 1030 & 1400 (Every Wednesday)	Employment Readiness Workshop 0845-1130 WIND 0900-1000	ISGT (International Spouses Get Together) 0900-1100	
10.	11.	12.	13.	14.	
Mom & Me:	Family Member Resiliency Training- Day 2	FRG Leadership Training 0830-1300	Baby Sign Language 1000-1100	AFTB Birthday 1000	
<u>Dad too!</u> 0930 - 1100	0830-1430	<u>Tot Time</u> 0930-1100	Single Family Game Night 1700-1900		
	Blended Retirement Seminar 1800-1900			222	
17.	18.	19.	GAME NIGHT	21.	
Mom & Me: <u>Dad too!</u> 0930 - 1100		<u>Tot Time</u> 0930-1100			
24.	COMMI	26.	27.	28.	
Mom & Me: Dad too! Cancelled	Helidans Helidans	<u>Tot Time</u> 0930-1100 Cancelled	Real-Life Solutions for	IUNITY SERVICE ST Successful Army Living	
31.		 		Army Community Service	
Mom & Me: <u>Dad too!</u> Cancelled			Community Information Services Bldg 5700, Rm 177 (334) 255-3161/3670 https://rucker.armymwr.com/us/rucker		

- **3, 10, and 17 Dec: Mom & Me: Dad too:** 0930-1100 am: Every Monday at the Commons, Building 8950: The playgroup is for families with children ages birth to 16 months old. A copy of the children(s) immunization records is also needed prior to participation: To register or receive more information, please call (334) 255-9647/3359/9805
- **5, 12, 19, and 26 Dec: Tot Time**: 0930-1100: Every Wednesday at the Commons, Building 8950: This playgroup is for children 17 months to 36 months and their parents. A copy of the children(s) immunization records is also needed prior to participation: To register or receive additional information, please call (334) 255-9647/3359/9805
- **5, 12, 19, and 26 Dec: Overseas Briefs:** Every Wednesday at 1030 and 1400: By appointment only: To register call (334) 255-3735/2887/3161
- **6 Dec: Worthwhile Information Needing Distribution (WIND):** Starting time is 0900 and will be held at Divots Golf Course: Attendees are informed about improved services or changes that the programs are confronting. For more information, call (334) 255-3735
- **6 Dec: Employment Readiness Class**: 0845-1130: Building 5700, Room 350: You'll get the essentials about how to conduct a successful job campaign, to include crafting a winning resume, prepping for job interviews and other helpful tips! Advance registration is required and can by done by going to www.eventbrite.com or emailing michael.d.kozlowski2.civ@mail.mil. For more information please call (334)255-2594
- **7 Dec:** International Spouses Get Together (ISGT): 0900-1100: Bowden Terrace Community Center. Do you need help understanding the American culture and military life? Come join us and meet spouses from other countries at our International Spouses Get Together the first Friday of every month beginning at 9 am at the Bowden Terrace Community Center. Come join us and gain the support and knowledge with finding the resources for obtaining US citizenship, education (ESL), driver's license, and more. Multilingual volunteers available. For additional information, please call (334) 255-3735
- **11 Dec:** Blended Retirement System Seminar: 1800-1900: Building 5700, Room 350: Discussion of significant changes to Military retirement system, including how retirement pay will be calculated, continuation pay, and the Thrift Savings Plan (TSP) with matching government contributions. Pre-registration is required and must be done by 10 Dec. Free childcare available with registration. To register or receive more information, please call ACS Financial Readiness Program at (334) 255-3765/9631/2341.
- **11 Dec: Family Member Resilience Training- Day 2:** 0830-1430: Building 5700, Room 371F: Designed to provide family members and civilians with the tools to better cope and overcome adversity and challenges, as well as perform better in stressful situations. Our goal is for our students to thrive when facing life challenges, not just bounce back. Pre-registration is required and must be done no later than December 7th. To register or receive more information, please call us at (334) 255-3735/3161



12 Dec: FRG Leadership Training: 0830-1300: Building 5700, Room 371F: The Leader Training teaches about Department of Defense Instructions (DoDI), Army Regulations (ARs) and other policy guidance, down to local guidance, that are relevant to your role. The training has been established to provide FRG leaders with an awareness of your role, the responsibilities of the commander and how they can best assist the commander in establishing and maintaining his or her Family Readiness Program. Pre-registration is required and can be done by calling (334) 255-9578/3161. Free child care available with registration by calling (334) 255-3564. Class subject to cancellation without pre-registration.

13 Dec: Baby Sign Language: 1000-1100, Building 5700, Room 371G: Babies are happiest when they can communicate with the people who love them the most - their families. Did you know that babies can actually understand spoken language before they are able to physically speak? Signing is a tool that can be the key into your baby's thought and the springboard for future language development. The New Parent Support Program and Parent to Parent are inviting all Active Duty, Retired, DoD Employees and their Family Members to a parent and child interactive Baby Sign Language Class. This free class teaches expectant parents and those with young children how to communicate with their child and avoid frustrations associated with language development. Pre-registration is required by the Friday before class starts each month. Limited to the first 10 registrants each session. EFMP friendly. Open to authorized patrons. For registration, childcare and more information call ACS New Parent Support Program at (334)255-9647/3359/9805

13 Dec: Single Parent Family Game Night: 1700-1900: AAFES PX Food Court: Registration deadline is Friday, 7 Dec: To register or receive more information, please call (334) 255-3359/9647/9805

14 Dec: AFTB Birthday Celebration: Starts at 1000: Building 5700, Atrium: For additional information, please call (334) 255-1429

24 and 31 Dec: No "Mom & Me: Dad Too" playgroup scheduled

26 Dec: No "Tot Time" playgroup scheduled

25 Dec: CLOSED

