



# Spooky 5k/1 Mile Fun Run

**Where:** Fortenberry-Colton PFC, Fort Rucker, AL

**When:** Saturday, 28 October 2017; *Race Start:* 0900 CDT

**Details:** Race day registration: 0730 – 0840, Race brief at 0855

Pre-registration packet pick up on FRIDAY, October 27 from 1500-1700 at Fortenberry-Colton PFC in the gymnasium

*Ready! Set! Run! Club participants please call Mr. Randy at 335.255.2254 or Ms. Sani at 334.255.2257 to register.*

## **Race Course:**

Runners will start at Fortenberry-Colton PCF on Ruf Ave towards Lyster Health Center. Turn right on to Dustoff St and right on Farrell Rd. Turn right on Blue Max Rd and right again on Shamrock St. Follow the road around the headquarters building back on to Blue Max Rd. Take a left on Farrell Road, then left on Dustoff Rd and a final left on Ruf Ave. The Fun Run 1 mile turn around point will be right before Farrell Road and will be clearly marked.

Walkers are welcome to participate!

## **Entry Fee:**

Pre-registration fee is \$20 by October 22. October 23, and up to race day, entry fee is \$25. No T-shirt, run only, option fee is \$15. Teams of 8 runners pay \$120 (\$15.00 per team member), each additional person pays normal registration fee. Winning team will receive eight medals. Top 3 teams will be awarded streamers. After 22 October all teams are \$160. (\$20 per team member). Fun Run registration is free to all children 12 and under, each child will receive a medal. All pre-registered competitors will receive a T-shirt. Individual may purchase the t-shirt for \$15 (friendly reminder that this does not include race registration fee).

**\*\*Competitors registering after 23 October will receive T-shirts while supplies last\*\***

## **Pre-Registration:**

***Pre-registration is highly recommended.***

Registration forms will be at the Fortenberry-Colton Physical Fitness Center, the Fort Rucker Physical Fitness Center, and MWR Central. Entry forms will also be available to print off on the MWR website: <https://rucker.armymwr.com/>

Entry forms can be processed and paid for (with CASH, CHECK or CREDIT CARD) at either Physical Fitness Center or MWR Central located at Bldg 5700. If you are mailing in your registration form, please DO NOT SEND CASH, make check out to **IMWRF** and mail to:

**Spooky 5k/1 mile & Fun Run  
Physical Fitness Center  
Bldg. 4605 Andrews Ave.  
P.O. Drawer 620189  
Fort Rucker, AL 36362**

## **Awards:**

Trophies will be awarded to Overall Female and Male, Master Female and Male, Grandmaster Female and Male. First Place trophies and Second and Third Place awards will be awarded for age categories. A first place award will be given to the first place team. Streamers will be given to top **3 teams**. Team members may run as individual and qualify for age category awards.

## **Costume Contest:**

Adult & children, First place trophies to Overall Best, Scariest and Most Original Costume categories.

## **Refreshments:**

Sports drinks, water and fruit will be at the finish Line for runners.

## **Questions:**

Please call the Fitness Coordinator at 255-1951 or email: [kendra.d.santospena-collazo.naf@mail.mil](mailto:kendra.d.santospena-collazo.naf@mail.mil)





BIB NUMBER  
(Staff only)

## Spooky 5K /1 Mile Fun Run

Saturday, 28 October 2017

### RELEASE & HOLD HARMLESS AGREEMENT DEPARTMENT OF MORALE, WELFARE, AND RECREATION

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official, relative to my ability to safely complete the run. I assume all risks associated with running, in this event including, but not limited to, falls, contact with other participants, the effects of the weather (including high heat and/or humidity), traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Department of Morale, Welfare, and Recreation Fund and the United States Government, from any liabilities or claims arising from my own participation. I agree that I will never prosecute, or in any way aid in prosecuting any demand, claim or suit against the United States Government for and loss, damage or injury to my person or property that may occur from any cause whatsoever as a result of taking part in this activity. I also understand and agree that I may be held liable for any damage or loss to the United States Government that is caused by my gross negligence, willful misconduct or fraud.

Please print clearly. Only completed registration forms will be processed.

Last Name: \_\_\_\_\_ First: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age: (as of OCT 28) \_\_\_\_\_ Sex: M F

Status (circle one): Active Duty    Dependent    Reserve    Retired    Civilian

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Circle Race Type:                      5K                      1 Mile Fun Run

Circle ONE:    Small    Medium    Large    X-Large    No Shirt

\*\*\*After 23 October, shirt sizes will be available on a first-come, first-served basis\*\*\*

Team Name: \_\_\_\_\_ POC/phone number \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Parent or Guardian must sign if under 18.)

United States Government, as used here, includes Morale, Welfare, and Recreation Activities (MWR) and officer, Agency or employee of the United States Government or MWR Activities acting officially or otherwise. Entry forms can be processed and paid for (with Cash, Check or CC) at either Physical Fitness Center or MWR Central. You can mail this entry form and check (made out to IMWRF) to the address below:

Spooky 5K and 1 mile fun run  
Physical Fitness Center  
Bldg. 4605 Andrews Ave.  
P.O. Drawer 620189  
Fort Rucker, AL 36362

Please do not write below this line. To be completed by MWR Staff

- |   |                     |                        |
|---|---------------------|------------------------|
| <input type="checkbox"/> Information has been confirmed | _____<br>Staff name | _____<br>Date received |
| <input type="checkbox"/> Form is complete               |                     |                        |