



## **Survivors & Fallen Heroes Run in Remembrance and Honor 5k & 1 Mile Fun Run**

**Where:** Andrews Avenue Physical Fitness Center track  
Fort Rucker, AL

**When:** Saturday, June 3, 2017. 5k Race begins at 0800. Fun Run will start after the end of the 5k race, with awards at approximately 09:30 am.

**Details:** The run is dedicated to the memory of our Alabama and Northwest Florida Survivor's Fallen Heroes.

Race day registration: begins at 0630 and ends at 0740

Pre-registration packet pick up on Friday, June 2, from 1500-1700 at Fortenberry-Colton PFC or morning of the race beginning at 0630 at race site.

**5K Race Course:** Start will be on Corner of 3<sup>rd</sup> and Gladiator and will finish on the track behind Andrews.

**Entry Fee for participants other than Survivors:**

Pre-registration fee is \$25 thru race day, T shirt is included to all pre-registered competitors on or before, competitors registering after May 25<sup>th</sup> will receive t-shirts while supplies last

Fun Run registration is free to all children 12 and under, each child will receive a medal.

T-shirts are \$15 without registration.

No refunds available.

**Pre-Registration for participants other than Survivors:**

***Pre-registration is highly recommended.***

Entry forms are available to print off on the MWR website: <http://rucker.armymwr.com/us/rucker>

Entry forms can be processed and paid for (with CASH, CHECK or Credit Card) at either Physical Fitness Center.

If mailing in your registration form, please DO NOT SEND CASH. Make check out to **IMWRF** and mail to:

**Survivors & Fallen Heroes 5k/1 mile fun run**

Physical Fitness Center

Bldg. 4605 Andrews Ave.

Fort Rucker, AL 36362

**Awards:**

Trophies will be awarded to the 5k Overall Female and Male, Master Female and Male, & Grandmaster Female and Male.

First Place trophies, Second and Third Place medallions will be awarded for the following age categories: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & older for both males and females.

Sports drinks, water and fruit will be at the finish Line.

Questions? Contact: Lynn Avila phone # 255-1951; email: [barbara.l.avila2.naf@mail.mil](mailto:barbara.l.avila2.naf@mail.mil)



# Survivors & Fallen Heroes Run in Remembrance and Honor 5k & 1 Mile Fun Run

Saturday June 3, 2017

## ENTRY FORM

Circle Race:      5K      1 Mile Fun Run

Circle preferred shirt size:      Youth M      Youth L  
Small      Medium      Large      X-Large      \*\*\*shirt sizes will be on a first-come, first-served basis\*\*\*

### RELEASE & HOLD HARMLESS AGREEMENT DEPARTMENT OF MORALE, WELFARE, AND RECREATION

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official, relative to my ability to safely complete the run. I assume all risks associated with running, in this event including, but not limited to, falls, contact with other participants, the effects of the weather (including high heat and/or humidity), traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Department of Morale, Welfare, and Recreation Fund and the United States Government, from any liabilities or claims arising from my own participation. I agree that I will never prosecute, or in any way aid in prosecuting any demand, claim or suit against the United States Government for and loss, damage or injury to my person or property that may occur from any cause whatsoever as a result of taking part in this activity. I also understand and agree that I may be held liable for any damage or loss to the United States Government that is caused by my gross negligence, willful misconduct or fraud.

I grant Fort Rucker Family & MWR, its representatives and employees permission to take photographs of me and my property. I authorize Fort Rucker Family & MWR, the irrevocable and unrestricted right of copyright, use and publishing of said images in print, electronically, or in any other medium.

I agree that Fort Rucker Family & MWR may use such photographs of me with or without my name and for any lawful purpose, including but not limited to publicity, illustration, advertising and web content. I hereby release photographer and Family & MWR from all claims and liability relating to said photographs.

I have read and understand the above:

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Sex:      M      F      Age (as of June 3): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Parent or Guardian must sign if under 18.)

United States Government, as used here, includes Morale, Welfare, and Recreation Activities (MWR) and officer, Agency or employee of the United States Government or MWR Activities acting officially or otherwise. Entry forms for participants other than Survivors can be processed and paid for (with Cash, Check or CC) at either Physical Fitness Center. You can Mail this entry form and a check (made out to IMWRF) to the address below:

Survivors & Fallen Heroes 5k/1 Mile Fun Run  
Physical Fitness Center  
Bldg. 4605 Andrews Ave.  
Fort Rucker, AL 36362