

Fort Rucker Dance Fall Schedule 2026-27

Monday:

Jazz/Tap 3-4 1015-1100 - \$40/mo 951200-01

This class is for 3-4 year old students. It is a combination class of Jazz and Tap. Both jazz shoes and tap shoes will be required. In this class we will be learning age appropriate vocabulary for jazz and tap techniques.

Ballet/Tap 3-4 1530-1615 - \$40/mo 951200-02

This class is for 3-4 year old students. It is a combination class of Ballet and Tap. Both ballet shoes and tap shoes will be required. In this class we will be learning age appropriate vocabulary for ballet and tap techniques.

Ballet/Tap 5-7 1630-1730 - \$50/mo 951200-03

This class is intended for Kindergarten, 1st and young 2nd graders. We will be exploring tap and jazz techniques. We will work on music/movement association, rhythms, flexibility, and arm/leg coordination. Both tap and jazz shoes will be required.

Tuesday:

Creative Movement/Ballet 3's - 915-1000 - \$40/mo 951200-04

This class is for 3 year olds only. It is meant as an introduction to movement instruction and the classroom environment. We will work on developmentally appropriate gross motor skills, music/movement association, and basic vocabulary for ballet. Students will begin this class at 3 years old and can move to the next class once this class is complete. It is okay for the student to turn 4 during the duration of the class. Ballet shoes will be required for this class.

Ballet/Jazz 3-4 - 1015-1100 - \$40/mo 951200-05

This class is for 3-4 year old students. It is a combination class of Ballet and Jazz. Ballet shoes will be required. Jazz shoes only required with a jazz dance in the final performance(s). In this class we will be learning age appropriate vocabulary for ballet and jazz techniques.

Ballet/Jazz 5-6 - 1515-1615 - \$50/mo 951200-06

This class is intended for Kindergarten and 1st graders. We will be exploring ballet and jazz techniques. We will learn turnout vs parallel, fast and slow movement, levels, and flexibility. Ballet shoes will be required for this class. Jazz shoes will only be required if jazz is being performed in the final performance(s).

Ballet/Lyrical 7-9 - 1630-1730 - \$50/mo 951200-07

This class is intended for 2nd, 3rd and young 4th graders. We will explore ballet technique and apply it to lyrical movement. Lyrical movement is usually done to slower music with lyrics. We will explore using emotion while moving. We will also be exploring fast and slow movement, levels, and flexibility. Ballet shoes will be required, the lyrical portion can be done barefoot, convertible tights are highly recommended.

Wednesday:**Parent/Child 1.5-2.99 - 0930-1000 - \$30/mo 951200-08**

Creative Movement, Ballet and Jazz with a grown up. This class is perfect for students not yet ready to go into a classroom without their adult. We will work on developmentally appropriate gross motor skills, music/movement association, and basic vocabulary for ballet all wrapped up into a fun 30 minute class!

Jazz/Lyrical 10+ - 1615-1715 - \$50/mo 951200-09

Lyrical movement is usually done to slower music with lyrics. We will explore using emotion while moving. We will also be exploring fast and slow movement, levels, turnout vs parallel and flexibility. Jazz is a fast paced, rhythm driven style of dance that includes elements such as isolation of body parts, energetic movements, and a strong connection to the ground. Jazz dance celebrates both joy and emotional expression. Characteristics of Jazz Dance include -Syncopation and Rhythm, isolations, Contractions and Expansions, Flexibility, Style and Personal Expression. Jazz shoes will be required for this class.

Thursday:**Jazz 7-9 1530-1630 - \$50/mo 951200-10**

Jazz is a fast paced, rhythm driven style of dance that includes elements such as isolation of body parts, energetic movements, and a strong connection to the ground. Jazz dance celebrates both joy and emotional expression. Characteristics of Jazz Dance include -Syncopation and Rhythm, isolations, Contractions and Expansions, Flexibility, Style and Personal Expression. Jazz shoes will be required for this class

Parent/Child 1.5-2.99 - 1645-1715 - \$30/mo 951200-11

Creative Movement, Ballet and Jazz with a grown up. This class is perfect for students not yet ready to go into a classroom without their adult. We will work on developmentally appropriate gross motor skills, music/movement association, and basic vocabulary for ballet all wrapped up into a fun 30 minute class!

Dance @ CDC Ballet/Jazz

2-3A - Wednesday 1030-1100 - \$35/mo 951200-16

4-5A - Wednesday 1500-1545 - \$45/mo 951200-17

2-3B - Thursday 0900-0930 - \$35/mo 951200-18

4-5B - Thursday 1000-1045 - \$45/mo 951200-19

Brief style definitions:

Ballet: a type of performance dance that originated during the Italian Renaissance in the fifteenth century and later developed into a concert dance form in France and Russia. It has since become a widespread and highly technical form of dance with its own vocabulary. Classical Ballet is known for its rigorous technique, flowing and precise movements, lithe aesthetics, and ethereal qualities. It is characterized by tradition and employs techniques and tools, such as pointe shoes and tutus, that have been handed down over the centuries. Pointe technique is only taught after age 12, after the dancer has had rigorous training of at least 2 hours a week, and has been tested for strength and ability.

Jazz: a type of fast paced, rhythm driven style of dance that include elements such as isolation of body parts, energetic movements, and a strong connection to the ground. Jazz dance celebrates both joy and emotional expression. Characteristics of Jazz Dance include -Syncopation and Rhythm, isolations, Contractions and Expansions, Flexibility, Style and Personal Expression

Creative Movement: a form of dance that focuses on exploration, self-expression, and developing foundational motor skills. It encourages children to engage in imaginative and playful movement, fostering their creativity and building a foundation for more structured dance forms like ballet, jazz, and tap. It combines elements of dance, play, and improvisation to engage young children in physical activity and artistic exploration.

Tap: style of dance in which a dancer wearing shoes fitted with heel and toe taps sounds out audible beats by rhythmically striking the floor or any other hard surface.

Lyrical: a dance form that blends ballet and jazz techniques to create a visually and emotionally expressive style, often performed to songs with lyrics. It emphasizes storytelling and emotional connection to the music through graceful, flowing movements and facial expressions