

Home of Army Aviation

# WELCOME GUIDE 23



FAMILY AND MWR



FOR SOLDIERS | FOR FAMILIES | FOR RETIRES | FOR CIVILIANS



TO THE MEN AND WOMEN WHO SERVE AT FORT RUCKER

**THANK YOU!**

**YOU SERVE US. LET US SERVE YOU.**

- **ACADEMIC TRANSFER**
- **AFFORDABLE TRAINING**

**CERTIFICATES AND ASSOCIATE DEGREES AVAILABLE ON CAMPUS OR ONLINE!**

**SCAN TO LEARN MORE ABOUT WHAT WE HAVE TO OFFER!**



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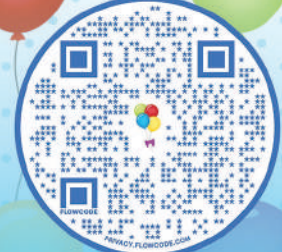
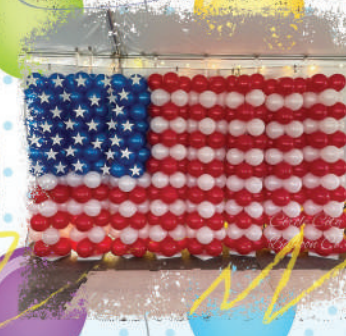


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# Circle City Balloon Co.

**334-390-0267**

Circle City Balloon is an all Women owned and operated event decoration business that specializes in balloon decor.



**SCAN HERE TO VISIT OUR FACEBOOK PAGE**

No U.S. Army or DoD endorsement implied



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# WELCOME!

On behalf of WTVY News 4, Your Hometown News Leader, thank you for your service, and welcome to the Wiregrass.

Located in Dothan, WTVY has been the market's top-rated television station since 1955. We hope to earn your trust daily with accurate local news and weather coverage.

Visit us online at [wtvy.com](http://wtvy.com), and download our apps to all your favorite mobile and streaming devices.

Our family of broadcast channels includes WTVY (CBS), NBC Wiregrass, MeTV, The CW and Circle.

Reach out to us anytime with news tips or suggestions for coverage at [news@wtvy.com](mailto:news@wtvy.com).

WTVY is a proud partner of Fort Rucker's annual "Freedom Fest" celebration and strong supporter of our local military community.

*Sincerely,*

***Robby Thomas***

*WTVY Vice President & General Manager*

# NEWS 4



## Your Hometown News Leader





# FORT RUCKER FAMILY AND MORALE, WELFARE & RECREATION

Administrative Office Building 5700, Suite 390  
Soldier Service Center

## WELCOME TO THE HOME OF ARMY AVIATION

Welcome to Fort Rucker and the Home of Army Aviation, 62,000+ Acres of Aviation's Finest situated in the heart of the Wiregrass. As the home of Army Aviation you can expect nothing less than top-notch facilities, exceptional landscapes and southern hospitality; from the championship golf at Silver Wings Golf Club to a fisherman's paradise at Lake Tholocco.

Soldiers need a balance of work and play. The Family and MWR mission is to create and maintain exceptional MWR products and services for America's Army, essential to a ready, self-reliant force.

Family & MWR has something for everyone and our goal is to ensure that we are constantly improving on our Soldiers' quality of life during their stay at Fort Rucker.

We are proud to serve the needs of our community and the DFMWR staff is committed to providing outstanding customer service for our Soldiers, Families, Retirees and Civilians. Without question they deserve the best that Fort Rucker has to offer. Please visit our facilities and see how we can make your time at Fort Rucker the best in the Army.

Soldiers are entitled to the same quality of life as is afforded the society they are pledged to defend. Keeping an Army ready to fight and win takes more than hard work and training.

Special thank you to all Family & MWR employees who assisted with the creation of this guide.

The purpose of the Fort Rucker DFMWR Welcome Guide is to educate and provide current information about Fort Rucker DFMWR activities and events and motivate readers to take full advantage of these programs that contribute to our Fort Rucker Soldiers and Military Families' quality of life. Views and opinions expressed are those of the authors.

The mention or appearance of commercial advertisers, commercial sponsors and/or their logos does not constitute endorsement by the Federal Government or DFMWR. The information in this guide is current at the time of publication; activities, events and prices advertised are subject to change. This is an unofficial publication.

Unless otherwise noted, all phone numbers in this guide have the area code 334.



### DIRECTORATE OF FAMILY AND MORALE, WELFARE AND RECREATION

Evy Bludsworth, Director  
Gloria Smith, Administrative Support Specialist  
Phone: (334) 255-2100

#### *Pledge to our Customers:*

As a service provider organization, we are committed to providing programs and services delivered with a sense of individual pride, professionalism, and in keeping with the spirit of Army values and IMCOM principles. We strive to create value for our customers through consistent and easily-accessible service that is customer focused.

#### MARKETING DEPARTMENT

Chris Mendez, Marketing Manager  
Brittany Trumbull, Senior Graphic Designer  
Bam Saipornchai, Senior Graphic Designer

#### SPONSORSHIP & ADVERTISING

Shannon Burke (334) 255-1898

For information on Post Solicitation call (334) 255-9331 and for Unit Funds please contact (334) 255-9807.







## PROFESSIONAL CAREER OPPORTUNITIES

### FAMILY & MWR CAREER OPPORTUNITIES

There are more than 28,000 civilian Family and MWR employees serving around the world. Fort Rucker Family & MWR has over 450 strong, dedicated employees serving our Soldiers, Families, Retirees and Civilians. They provide world class customer service. If you want to make a difference in the lives of Soldiers and their Families, consider joining our team. We're always looking for talented professionals in these key areas:

- Child and Youth Services
- Community Recreation
- Social Work
- Human Resources
- Food & Beverage
- Marketing
- Sports and Fitness Management
- Outdoor Recreation
- Financial Management
- Information Technology
- Professional Golf Management

### TRAINING AND BENEFITS REGULAR NAF POSITIONS

Family and MWR offers competitive salaries and benefit packages that include medical, dental and life insurance. Comprehensive retirement and 401(k) plans are available and the organization will match your monthly contributions up to four percent. There are also multiple ways to move upward in Family and MWR through training opportunities and developmental assignments.

### WHAT IS NAF EMPLOYMENT?

NAF (Non - Appropriated Fund) employment is considered federal employment. It is, however, different from federal civil service employment because the monies used to pay the salaries of NAF employees come from a different source. Civil service positions are paid for by money appropriated by Congress. NAF money, on the other hand, is self-generated by Army clubs, bowling centers, golf courses, and other activities that use NAF employees.

We have two types of NAF positions: "flexible" and "regular". Flexible employees have work schedules that depend on the needs of the activity. These employees may work a minimum of zero hours to a maximum of 40 hours per week, and do not receive benefits. Regular employees work between 20 and 40 hours a week depending on position requirements, and are entitled to receive benefits. All federal job openings (NAF and otherwise) are posted online at USAJOBS.gov. USAJobs.gov offers a one-stop shop for all your government job hunting. For more information on USAjobs.gov log on and click the FAQ page at USAjobs.gov.

**USAJOBS.GOV OFFERS A ONE-STOP SHOP FOR ALL YOUR GOVERNMENT JOB HUNTING.**

## SPONSORSHIP & ADVERTISING

**Soldier Service Center  
Bldg. 5700, Novosel St., Rm. 310  
(334) 255-1898 / (334) 255-2292**

### Sponsorship & Advertising Manager

**Shannon Burke**

**Email: [shannon.d.burke.naf@army.mil](mailto:shannon.d.burke.naf@army.mil)**

Are you interested in promoting your business to the valuable military market? If so, please contact our Sponsorship & Advertising department to receive information on event sponsorship and on-post advertising opportunities or to set up an appointment to discuss your options.

Consider the impact you and your company will have on our Soldiers and their families through your support and sponsorship of various programs and events that directly affect Soldiers and their families. Opportunities for you and your company to connect to this valuable audience are nearly endless.

The Commercial Advertising Program offers a wide range of opportunities to market your company, display your message, and brand your business throughout the installation, as well as inside and outside of our Family and MWR facilities. We offer opportunities to reach the Soldier, their Families, Retirees, and Civilians. Create Top of Mind Awareness, brand your business, and establish a sense of trust within the Military Community. As a result of partnering with us, we will produce a return on your investment that can be measured by more than just dollars.

### Marketing Manager

**Chris Mendez**

**Email: [christopher.b.mendez.naf@army.mil](mailto:christopher.b.mendez.naf@army.mil)**

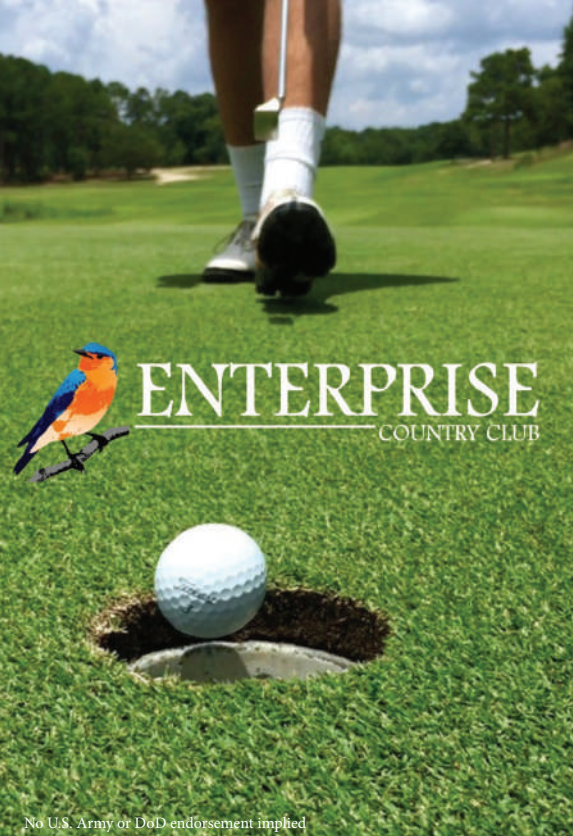
Event sponsorships are available for Family and MWR events. Sponsoring events provides you a great venue to promote your products and services, gives you the opportunity to interact with Soldiers, Families and community members, and serves as the direct link between you and the military market. See firsthand what life is like for those who sacrifice for our nation and be the reason that their quality of life is better here at Fort Rucker.

On-post advertising is another great way to get your message out to the military market. With advertising opportunities ranging from website and social media inclusion, digital displays, to banners, and print publications, we can customize a marketing campaign that is sure to make an impact and produce results.

The Welcome Guide is a must have for Soldiers, Families, Retirees, and Civilians. The Marketing Department produces and prints the Welcome Guide once a year and serves as a resource for information regarding Family and MWR activities on post and the services they offer.

Sponsorship and advertising funds stay on Fort Rucker to benefit and support vital MWR programs and events for our Soldiers, Families, Retirees, and Civilians.





*play, dine, gather*

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*Reminder*  
**IT'S OK TO NOT BE OK**

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# FORT RUCKER TELEPHONE DIRECTORY

## A PHONE

Army Community Service (ACS)	255-3161
AER & Emergency Communication	255-2341
American Red Cross	792-9852
Army Substance Abuse Program	255-7509
Army Flier	255-1239
Arts & Crafts Center	255-9020
Automotive Skills Center	255-9725

## B PHONE

**Banks**

Armed Forces Bank/Main Exchange Location	598-2402
All In Credit Union	598-4411
Base Supply Store	598-1156
Billeting (Holiday Inn Express)	598-5216
Bowling Center/Snack Bar	255-9503
Burger King (The Exchange)	503-9044

## C PHONE

Casualty Assistance	255-9005/9311
Center Library	255-3885
Central Issue Facility (CIF)	255-9573

### Chapel Directory

Headquarters Chapel (Old Wings Chapel)	255-2989
Garrison Chaplain Religious Support Office	255-3496
Main Post Chapel	255-2989
On-Call Duty Chaplain	255-3100
Talk 2 Chaplain Hotline	255-9566
Religious Education Center	255-3946
Spiritual Life Center	255-3544
Wings Chapel (New Wings Chapel)	255-9566



AREA CODE (334)



TELEPHONE DIRECTORY

## C PHONE

**Child & Youth Services**

Child Development Center	255-2262/3564
CYS Parent Central Service	255-9638
Family Child Care	255-9638
School-Age Services (SAC) Kindergarten - 5th	255-9108
School Liaison Services	255-9812
Youth Center 6th grade - 18 years	255-2271
Youth Sports & Fitness	255-2254/9105

### Catering

Welcome Home Catering Office at The Landing	255-0769
Divots Restaurant and Grille	255-0088
Class Six	598-1137
Coffee County EMA	334-894-5415/5375
Coffee County Health Department	347-9574
Commissary, DECA Southern Region	255-6671
Contracting	255-3407
Corvias Military Housing	440-8988

## D PHONE

Dale County EMA	774-2214
Dale County Health Department	774-5146
Dental Clinics	255-2367/3393
Divots Restaurant and Grille	255-0088

## E PHONE

**Education Center**

Embry-Riddle Aeronautical University	598-6232
Enterprise Campus	347-2623
Enterprise State Community College	598-3438
Troy University	1-800-414-5756



# FORT RUCKER TELEPHONE DIRECTORY

AREA CODE (334)

TELEPHONE DIRECTORY

## F PHONE

Finance Customer Service	255-3939
Financial Pay Inquiry	255-3939
Fire Emergency	911
Fire Station	255-2217/3487

## G PHONE

Gasoline Station/Triangle Express (The Exchange)	598-1295
Gasoline Station/Main Express (Mini Mall)	503-9338
Silver Wings Golf Club Pro Shop	255-0089

## H PHONE

### ***Health Clinic - Lyster Army***

After Hours TRICARE Nurse Advice Line	800-874-2273
Appointment Line	261-7193
Community & Environmental Health	255-7930
Dept. of Behavior Health	255-7028
Exceptional Family Member Program	255-7431
EDIS	255-7801
Laboratory	255-7062/7063
Occupational Health	255-7930
Patient Administration (Med Records)	255-7835
Patient Advocate	255-7229
Pharmacy	255-7175/7178
Radiology (x-ray)	255-7156/7155
Tricare Patient Representative	800-444-5445

### ***Housing***

Allen Heights Housing	503-3642
Bowden Terrace Housing	503-3640
Family Housing (on-post)	503-3644
Government Maintenance Office	255-9041
Holiday Inn Express Guest House (Automated)	598-5216
Munson Heights Housing	440-8990
Off Post Housing	255-2224/1854

## H PHONE

UPH/Barracks	255-1205/3705
Hospitals Emergency Dial	911
Houston County Health Department	678-2800

## I PHONE

ID Section DEERS	255-2437/2182
Inprocessing/Outprocessing	255-2869/1814

## J PHONE

JAG-Military Justice	255-3482
----------------------	----------

## L PHONE

Lake Tholocco Lodging	255-4234
Landing, The	255-0769
Landing Zone, The	255-0768
Laundry (Quartermaster)	255-9101
Learning Center	255-2378
Legal Assistance	255-3482
Leisure Travel (MWR Ticket Office)	255-2997
Lemon Lot, Registration/Information	255-9725
Library, Center	255-3885

## M PHONE

Mail Center	255-9313
Military Police (MP)	255-2222
Military Housing (Corvias)	440-8988
<b><i>Mini Mall/MCSS/Express/Concessions (The Exchange)</i></b>	503-9338
Barber Shop	598-4484
Express/Class Six	598-1137
Firestone Car Center	465-6185
Laundry/Dry Clean	503-9568
Military Clothing Sales Store (MCSS)	255-3313

# FORT RUCKER TELEPHONE DIRECTORY

## M PHONE

Mother Rucker's Sports Bar	255-3916
Museum, Aviation	255-1078
Museum Gift Shop	598-9465
MWR Leisure Travel	255-2997

## O PHONE

Outdoor Recreation Service Center	255-4305
Outprocessing & Inprocessing	255-2869/1814

## P PHONE

Passports	255-9842
PFC Indoor Fitness Center	255-2296
Photo Lab - DA	255-2805/3449

### Physical Fitness Centers (PFC)

Fort Rucker PFC	255-2672/2296
Fortenberry-Colton PFC	255-3794
Pike County Health Department	566-2860
Poison Control - Alabama	(800) 222-1222
Pool - Indoor	255-2296
Pool - Flynn Outdoor (Summer)	255-2296

### Post Exchange (PX), The Exchange

Exchange Mobile Center	598-9044
Main Exchange	503-9044
Exchange Concessions:	
Barber Shop	598-4484
GNC	598-4843

### Exchange Food Court:

Charley's	503-9044 Ext. 215
Popeye's Chicken	503-9044 Ext. 215
Starbucks	503-9044 Ext. 215
Subway	503-9044 Ext. 215
Qdoba	503-9044 Ext. 215

## AREA CODE (334)

## TELEPHONE DIRECTORY

## P PHONE

Post Locator	255-1110
Post Office	598-6446
Post Solicitation	255-9331
Public Affairs Office (PAO)	255-2551

## R PHONE

Recycling Program	255-0468
Red Cross	1-877-272-7337
Retention	255-6512

### Retirement

Retirement Services	255-9124
Retirement Transition Services	255-9124
Transition Point	255-1842
Riding Stables	255-0021
Rucker Lanes Bowling Center	255-9503

## S PHONE

### School Liaison Services (CYS)

Daleville City Board of Education	598-2456
Enterprise City Board of Education	347-9531
Ellis D. Parker Elementary School Primary - Elementary (Kindergarten – 6th)	255-1607
Ozark City Board of Education	774-5197

### Shoppette, The Exchange

(Main) The Exchange	503-9044
(Triangle) The Exchange	598-1295
Soldier for Life Transition	255-2558
Solicitation Permit (Family & MWR)	255-9331
Spiritual Life Center	255-3544
Staff Duty Officer (SDO)	255-9777



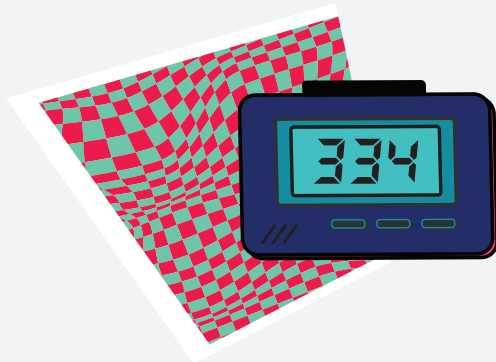
# FORT RUCKER TELEPHONE DIRECTORY

T	PHONE
Thrift Shop	255-9595
Transportation Office	255-9842
<b><u>Passenger Travel (PCS)</u></b>	
Accompanied	255-9842
Outbound	255-2343
Personal Property (Inbound)	255-2310
Unaccompanied (Port Call)	255-0294
TRICARE & Supplemental Care	1-800-444-5445

U	PHONE
United Concordia (Dental)	1-800-332-0366
Unit Funds	255-9807
Utilities Clearing House	255-3554

V	PHONE
Veterinary Treatment Facility	255-9061
Victim Advocacy (Domestic Violence) 24/7 hotline	379-7947
Visitor Control Center (Daleville Gate)	255-0797

W	PHONE
Welcome Home Catering	255-0769
Wellness Center	255-3923
Wounded Warrior Recreation	255-4305



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**RODEOS**



# The City Of Ozark



# Welcomes You!

*Fort Rucker personnel and families are invited  
to make Ozark their home*

**Mark Blankenship, Mayor**

Council Members

Brenda Simechak Leah Harlow Les Perault Winston Jackson Stanley Enfinger

Phone: 334-774-3300 Fax: 334-445-0517 Email: Mayor@ozarkal.gov  
275 N. Union Avenue P.O. Box 1987 Ozark, AL 36360

www.ozarkal.gov

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# WELCOME TO THE HOME OF ARMY AVIATION FAMILY and MWR



Outdoor Recreation & Lake Lodging • Bldg. 24235



Lake Lodge • East Beach



East Beach Cabins • East Beach



Singing Pines Cabins • West Beach



Silver Wings Golf Club • Bldg. 20067



Divots Restaurant & Grille • Bldg. 20067



Riding Stables • Bldg. 20091A



School Age Center • Bldg. 2806



Youth Center • Bldg. 2800



Youth Sports Fitness Center • Bldg. 8950



Child Development Center • Bldg. 8938



Rucker Lanes Bowling Center • Bldg. 9227



Fort Rucker Physical Fitness Center • Bldg. 4605



Automotive Skills Center • Bldg. 1902



Arts & Crafts Center • Bldg. 9205



Center Library • Bldg. 212



The Landing and Landing Zone • Bldg. 113



Welcome Home Catering • Bldg. 113



Fortenberry-Colton Physical Fitness Center • Bldg. 5900



Mother Rucker's Sports Bar • Bldg. 319



The Coffee Zone • Bldg. 5700, Lyster & The LZ



Soldier Service Center • Bldg. 5700

Located in the Soldier Service Center

ACS • Lending Hangar • DFMWR/Support Management • CYS Parent Central Services



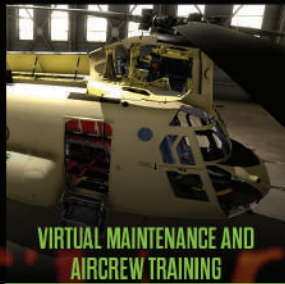
# PINNACLE SOLUTIONS

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### Corporate HQ

256.327.4181  
careers@pinnaclesolutionsinc.com  
5030 Bradford Dr. NW, Bldg 1, Ste 210, Huntsville AL 35805

### Fort Rucker

Scott Wyrosdick | 256.508.3518  
swyrosdick@pinnaclesolutionsinc.com  
4757 Rucker Blvd. Enterprise, AL 36330



# KDM

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# ARMY COMMUNITY SERVICE

Bldg. 5700, Novosel St.  
ACS Director: (334) 255-9888

Hours of Operation:  
Monday - Friday 7:30 a.m. - 4:15 p.m.  
\*Hours of operation subject to change



**ARMY EMERGENCY RELIEF (AER)**  
BLDG. 5700, RM 350  
PHONE: (334) 255-2341

Emergency financial assistance is available through AER for active duty and Reserve Affairs/National Guard (Title 10) Soldiers, Retired Soldiers, Family members, and Survivors. Assistance is provided in the form of a no-interest loan, grant or combination of loan and grant. Applicants must have a valid emergency and present military or dependent ID cards and other substantiating documents. Assistance needed after duty hours is provided through the Military American Red Cross (ARC) phone line at (877) 272-7337. More information is available by contacting the AER Office. AER educational scholarship applications for spouses and dependent children can be obtained through [www.armyemergencyrelief.org](http://www.armyemergencyrelief.org).

**ARMY VOLUNTEER CORPS**  
BLDG. 5700, RM 280P  
PHONE: (334) 255-9059

Focuses on supporting Fort Rucker Soldiers, Family members, surviving spouses, and civilian personnel through community involvement. Volunteer opportunities are available both on and off post. Installation volunteer hours are tracked and volunteer opportunities can be recorded in the Volunteer Management Information System (VMIS). Volunteer opportunities may also be available by contacting Army Community Service. Fort Rucker has an active Volunteer Program. Individuals are matched to volunteer positions according to skill, experience and time available. Childcare may be offered in some activities. Participants learn new skills, make friends, and become a part of the community. Volunteering can also be a wonderful way to gain job experience. Registration and applying for positions is on VMIS through [www.armyfamilywebportal.com](http://www.armyfamilywebportal.com).



**Fort Rucker Army Community Service**

Scan QR Code for Army Family Web Portal



## EMPLOYMENT READINESS PROGRAM (ERP)

PHONE: (334) 255-2887

The Fort Rucker Employment Readiness Program supports military spouses and dependents with employment assistance and resource referral. We offer classes and one-on-one support for career skills like resume building, job searching, and interviewing. Fort Rucker ERP can help you identify on post and off employment opportunities. In addition to connecting with ERP, spouses interested in employment should engage with Military OneSource and Hiring Our Heroes. Military OneSource Spouse Employment and Career Opportunities (SECO) offers access to the Military Spouse Employment Partnership (MSEP), potential education grants (MyCAA), and other benefits like free memberships to LinkedIn Premium and remote job search sites. Hiring our Heroes also offers career support, virtual job fairs, and career related trainings. Invest in your career while you are at Fort Rucker!

## SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION (SHARP)

BLDG. 5700, RM 373

PHONE: (334) 255-0960

**FORT RUCKER 24-HOUR SHARP HOTLINE:**  
(334) 470-6629

**DOD SAFE HELPLINE: (877) 995-5247**

The Sexual Harassment/Assault Response and Prevention reinforces the Army's commitment to eliminate incidents of sexual harassment and sexual assault through a comprehensive policy that centers on awareness and prevention, training and education, victim advocacy, response, reporting, and accountability. Army policy promotes sensitive care and confidential reporting for victims of sexual assault and accountability for those who commit these crimes.

## EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) BLDG. 5700, RM 371G

PHONE: (334) 255-9277

Provides support to military Families who have special needs. EFMP works in concert with other military and civilian agencies to provide comprehensive and coordinated community support, housing, medical, educational, and personnel services for Families with special needs. Provided services include information

and referrals, advocacy, support groups, respite care, relocation assistance, workshops & trainings and special events. Partnering with AAFES, we offer a sensory showing of current movies once per month. The lights are not turned down so low and the sound is not turned up so loud, and EFMs are free to express themselves during the show.



## FAMILY ADVOCACY PROGRAM (FAP)

BLDG. 5700, RM 350

PHONE: (334) 255-3898

**FORT RUCKER DOMESTIC VIOLENCE 24-HOUR HOTLINE:**  
(334) 379-7947

FAP is dedicated to the prevention of intimate partner and child abuse and neglect. The focus is on prevention and education that helps Soldiers and Families recognize and meet the unique challenges of military lifestyles. FAP provides a wide range of services designed to promote positive family relationships. Services include crisis intervention, stress and anger management classes, marriage/couple communication workshops, parent education, New Parent Support Program (NPS), home visitation and parent/child playgroups, family life skills workshops and child abuse prevention classes.

FAP offers support and education to the community in relation to Problematic Sexual Behavior in Children and Youth. FAP offers trainings to educate command personnel and military community to recognize signs of possible child abuse and domestic abuse. Emphasis is on prevention, education and prompt reporting.

The Victim Advocacy Program provides comprehensive services to victims of domestic abuse by trained professionals who provide non-clinical advocacy services and support to Soldiers and Family members experiencing domestic abuse. Victim advocates are on-call 24 hours a day/7 days a week to provide crisis intervention, safety planning, non-judgmental support, assistance in securing medical treatment for injuries, information on legal rights and proceedings, and referrals to military and civilian resources.

The NPS operates out of building 8946 on 7th Avenue, conveniently located near a housing area and the Child Development Center. Army Community Service.

**CHILD ABUSE HOTLINE 800-422-4453**



**FINANCIAL READINESS PROGRAM (FRP)**  
 BLDG. 5700, RM 350  
 PHONE: (334) 255-9631/3765

Provides Soldiers and Family members with current beneficial financial information, education, and individual financial counseling to promote informed and knowledgeable financial decisions. The FRP provides an assortment of services to assist individuals improve their financial well-being, financial self-sufficiency, and reduce financial stressors. Emphasis is on fundamentals designed to inform individuals regarding money management, debt management, saving and investing to include the Thrift Savings Plan (TSP) and home buying fundamentals. Mandatory counseling for the Financial Readiness Common Military Training Milestones (PCS, Promotion, TSP, Blended Retirement Continuation Pay, Birth or Adoption, Marriage, Divorce and Pre/Post-Deployment) is offered. The FRP also provides information and support concerning consumer awareness, consumer advocacy, and emergency financial assistance. Financial planning can ease economic stressors and it is as simple as calling to meet with an accredited financial counselor.

**INFORMATION, REFERRAL & FOLLOW-UP PROGRAM**  
 BLDG. 5700, RM 177  
 PHONE: (334) 255-3161

Assists service members and their Families (Active Duty, National Guard and Reserve components, Retirees and Dependents, Department of Defense civilians, and their eligible Family members) with information regarding military and civilian resources. Intake evaluations are conducted to link the Fort Rucker community with available and appropriate resources without duplication of effort. - ACS is your one-stop location for information on installation and community resources. Follow up on Facebook (facebook.com/FtRuckerACS) and Instagram (@fortruckeracs). **Mobilization and Deployment 334-255-3670.** Mob/Dep prepares and supports soldiers and families during mobilizations, deployments, emergencies, and natural disasters.



**RELOCATION READINESS PROGRAM (RRP)**  
 BLDG. 5700, RM 177  
 PHONE: (334) 255-3735

Relocation Readiness provides information and assistance to military personnel and their Families as they transition from one community to another. Soldiers and/or their dependents may request information about their new assignment by visiting or calling the office. Overseas briefs are held to prepare Soldiers and Family members moving to Germany, Korea, Alaska, and Hawaii. Individual relocation counseling is targeted to Soldiers and Families preparing for their first permanent change of duty station or a first overseas Permanent Change of Station. A Relocation Readiness Workshop is offered on demand only for Soldiers and their Families. Information on Army benefits, entitlements, TLE, BAH, per diem and TDY, as well as budgeting and spousal employment are discussed at the workshop. The monthly Newcomers' Welcome is required for newly arrived Soldiers and is open to all ID cardholders and provides information about Fort Rucker and the surrounding communities. If you're new or have been in the community for a while we would like to invite you to our monthly Coffee and Friends group. Relocation readiness also provides Sponsorship Training for military and civilian personnel.

**Army Family Action Plan 334-255-3161.**

Do you have an idea for improving the Army Standard of Living? We'd love to hear them! AFAP solicits ideas and provides real time information to commanders.

**Army Family Team Building (AFTB)**

<https://olms.armyfamilywebportal.com/>

AFTB prepares soldiers and family members to create rewarding military experiences. Online classes provide information on military knowledge, personal growth and resiliency, leadership, and personal finances.

**SURVIVOR OUTREACH SERVICES (SOS)**  
 BLDG. 5700, RM. 373  
 PHONE: (334) 255-9639  
 (VOICE MAIL) /0979



The Survivor Outreach Services (SOS) Program demonstrates the Army's commitment to Families of the Fallen. Survivors are the loved ones of Fallen Service Members, to include parents, spouses, children and siblings. Support is provided to Survivors from all branches of service and all components, Active, Reserve and National Guard. The program is a holistic, multi-agency approach embracing and reassuring Survivors they are continually linked to the Military Family for as long as they desire. Confidential services are provided based on specific individualized needs. Survivors receive support, advocacy, and assistance via group activities providing peer networking opportunities, benefits and financial counseling/planning, and referral services for military and community resources. Gold Star Families parking has been designated at various locations on Fort Rucker, in honor and recognition of the sacrifices of Family members who have lost a loved one in military service. Survivors are reminded that it is important to keep their support coordinator updated on any changes to contact information to include relocating to a new address so that they can remain connected to the program for as long as they desire.

**LENDING HANGAR**  
 BLDG. 5700, RM. 177  
 PHONE: (334) 255-3735  
 OPEN M/W/F ONLY FROM 0800-1600

The Lending Hangar offers futons, rollaway beds, dishes, travel tenders, high chairs, counter top appliances and other household items for a limited loan period. This service is available to inbound and outbound U.S. Military families, U.S. Service Members on TDY Status, and U.S. Service Members attending flight School.

**NEW PARENT SUPPORT PROGRAM**  
 8946 7TH AVE  
 PHONE: (334) 255-9647/3359/9805

The New Parent Support Program promotes healthy Families through a variety of services including home visits, support groups, and parenting classes. Learn to cope with stress, isolation, post-deployment reunions, and the everyday demands of parenthood. Army Families who are expecting a child or who have children up to age three can participate in all of our services confidentially and free of charge.





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# CHILD & YOUTH SERVICES

Bldg. 132, Sixth Ave, Fort Rucker  
CYS Coordinator (334) 255-2375  
School Age Center (334) 255-9108  
Youth Center (334) 255-2271  
Parent Central Services (334) 255-9638

Child Development Center (334) 255-2262  
SKIES (334) 255-9105/ 2254  
School Liaison Services (334) 255-9812  
Youth Sports & Fitness (334) 255-2254

## PARENT CENTRAL SERVICES

Bldg. 5700, Suite 193,  
(334) 255-9638/0621/2447

### Regular Schedule Hours:

Monday - Friday 7:30 a.m. - 4:30 p.m.

Parent Central Services is located on the first floor of the Soldier Service Center (Bldg. 5700) in Room 193. Parent Central Services provides one-stop enrollment for patrons and serves as a resource management measure, centrally tracking and monitoring vacancies and waiting lists in all CYS delivery systems. The application for Department of Defense Child Care fees must be submitted to determine the fee category. An annual registration is required to participate in all CYS programs. Registration has reciprocity Army-wide and is transferable from installation to installation with appropriate documentation of enrollment status. Currently, all annual registration fees are waived.

Fort Rucker's Child & Youth Services (CYS) offers several options to meet your Family's childcare needs as well as a whole range of quality programs for children and youth. EFMP Friendly!



UNITED STATES ARMY  
CHILD & YOUTH SERVICES



## REQUESTING CHILDCARE ON MILITARYCHILDCARE.COM

MilitaryChildCare.com (MCC) is a Department of Defense website for Military Families seeking child care. This single online gateway provides access to a wide array of military-operated and military-subsidized child care options across all Services. It enables families to search for and request care, manage their requests, and update their profile online, making it easier for families to find the child care they need.

MCC Waitlist sequence is determined by Military Family Types and DoD Priority guidance. For more information and/or to receive a copy of Military Family Types and DoD Priority guidance, please contact the Parent Central Services Office at (334) 255-9638/2447/0621.

## PARENT ADVISORY COUNCIL MEETINGS

Parent Advisory Council (PAC) meetings give parents the opportunity to provide input about administrative policies and developmental programming for CYS Services, and establish volunteer opportunities. PAC meetings are held on the first Tuesday of the quarter.

## FAMILY EDUCATIONAL OPPORTUNITIES

Family Educational Opportunities are designed to enhance the awareness of the variety of needs that our Military Family members are facing today. Topics may include: Medical Condition, Finances, Marriage Enrichment, Bullying, Healthy Habits, Behavioral, Deployment and more! Family Educational Opportunities are held quarterly. For more information about the Parent Advisory Board or Family Educational Opportunities, contact CYS at (334) 255-2958.

## Webtrac

Enrollment for CYS activities is available online at [webtrac.mwr.army.mil/webtrac/ruckercyms.html](http://webtrac.mwr.army.mil/webtrac/ruckercyms.html). You can start new registrations, make payments on your monthly childcare fees, reprint receipts and tax statements or sign up for advertised SKIES Unlimited classes, Youth Sports or special activities. For more information on Fort Rucker CYS Webtrac, visit Fort Rucker Parent Central Services located in the Soldier Service Center (Bldg. 5700), Rm. 193, or call (334) 255-9638.

## CHILD DEVELOPMENT CENTER

Bldg. 8938, Red Cloud Rd.,  
(334) 255-2262

### Hours of Operation:

Monday - Friday 5:30 a.m. - 5:30 p.m.

\*Hours of operation are subject to change

The Child Development Center offers full-day care and Strong Beginnings programs. Before and after school child care is also offered for pre-kindergarten aged children that attend on post pre-k. The Center offers trained staff, balanced meals, and age appropriate developmental activities.



Rucker CYS



cysrucker

[rucker.armymwr.com](http://rucker.armymwr.com)





# YOUTH CENTER BUILDING UNDER RENOVATION 2023

FOR THE MOST CURRENT INFORMATION CALL (334) 255-2271/2260



- The Youth Center offers a variety of programs and activities for youth ages 3-18. The Youth Center is currently under renovation and will be closed for the summer months. All hours of operation are subject to change.
- After School & Leisure Activities
  - Homework Lab
  - Workforce Preparation
  - Technology Lab for Homework & Research Projects
  - Academic Support, Mentoring & Intervention

The Youth Center offers a variety of programs and activities for youth ages 3-18. The Youth Center is currently under renovation and will be closed for the summer months. All hours of operation are subject to change.

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## SKIES UNLIMITED INSTRUCTIONAL PROGRAM

Bldg. 8950, 7th Ave., (334) 255-2254/9105

SKIES Unlimited Instructional Program includes Gymnastics and Music at this time. Classes are being offered at a designated location. SKIES activities are offered for ages 18 months to 18 years. Check with the SKIES Program manager located at the Youth Sports & Fitness office and/or Parent Central Services for which classes are currently being offered.



**SCHOOL AGE CENTER**  
 Bldg. 2806, 7th Ave., (334) 255-9108  
**Hours of Operation:**  
**Before School Care:**  
 Monday - Friday 5:30 a.m. - 7:45 a.m.  
**After School Care:**  
 Monday, Wednesday, Thursday & Friday  
 2:30 p.m. - 5:30 p.m.  
 2nd Tuesday of the month 1:30 p.m. - 5:30 p.m.  
 \*Hours of operation are subject to change



## START SMART PROGRAM

Bldg. 8950, Seventh Ave.  
 (334) 255-2254/9105

Start Smart is a fun and exciting way to introduce ages 3-5 year olds to the basic fundamentals of sports such as baseball, soccer and basketball. Children must be enrolled in CYS and be registered for the activity to participate. For more information contact our office or Parent Central Services.



The School Age Center program for children in Kindergarten through grade 5 is accredited by the Council On Accreditation and offers before and after school care during the school year along with full-day summer camps. To participate in School-Age Center programs/activities, your child must be registered with Child & Youth Services and meet all CYS requirements.

- SAC will provide your child with:
- Programmed activities after school
  - Homework Center & Computer Lab access
  - USDA approved snacks & meals
  - 4-H Clubs, 5th grade club and Power Hour



## HOMESCHOOL P.E. PROGRAM

Bldg. 8950, Seventh Ave.  
 (334) 255-2254/9105

Homeschool students on Fort Rucker, that are registered through Parent Central Services (334-255-9638) may register for our Homeschool P.E. program. Classes are offered for children ages 6-18. This service is a great way incorporate P.E. into your homeschool routine as well as learn fundamentals, make friends, have fun and participate in a variety of sports.



# YOUTH SPORTS & FITNESS

Bldg. 8950, Seventh Ave., Fort Rucker

(334) 255-2254/9105

## Youth Fitness Center Hours of Operation:

Monday - Thursday 4:00 p.m. - 6:00 p.m.  
Friday - Sunday Closed

## Youth Sports Office Hours:

Monday - Friday 9:00 a.m. - 5:00 p.m.  
Saturday - Sunday Closed

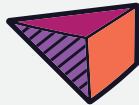
## FITNESS PROGRAM

### Fitness Specialist - (334) 255-2257

Youth Sports and Fitness provides access to a Youth Fitness Center located in Bldg. 8950 and is for youth ages 8-18.

### Here's what we offer:

- Weekly Classes - speed, agility, strength, HIIT, and more
- WOD (Workout of the Day)
- Free weights, cardio, agility, and functional equipment
- Open gym
- On-site fitness specialist



### Ground Rules:

- Children under the age of 8 are not permitted in the weight room area.
- Children 12+ may attend class without a parent/guardian.
- Children 11 and under, must be under direct supervision of parent/guardian.
- Permitting space, parents are welcome to join classes with their child.
- All participants must be CYS registered.

## YOUTH SPORTS

The Youth Sports and Fitness program provides opportunities for participation in team sports, individual sports, fitness and health, and outreach activities. All youth signing up for a sport are required to have a valid sports physical on file with Parent Central Services and the Youth Sports and Fitness Department. The physical must be current at the time of registration, list the specific sport(s) cleared for participation, and remain valid throughout the entire season. A sports physical is valid for one calendar year from the date of issue. We are constantly seeking volunteers to be youth sports coaches. Volunteers must complete a Background Check packet, complete The National Alliance for Youth Sports (NAYS) coach's training, complete Concussion training (online) and conduct a Face to Face Child Abuse training. For more information please contact the Youth Sports Department at the numbers listed above.

### Fall Sports:

- Mini Soccer
- Soccer
- Flag Football
- Ready, Set, Run!
- Start Smart Soccer

### Winter Sports:

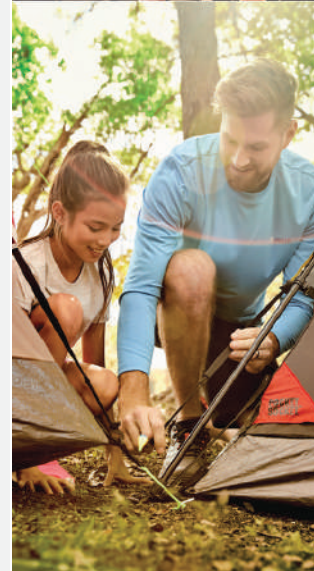
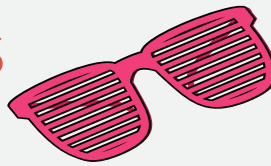
- Start Smart Basketball
- Basketball

### Spring Sports:

- Mini Soccer
- Soccer
- Start Smart Soccer
- Track and Field
- T-Ball
- Baseball
- Softball
- Start Smart Baseball

### Summer Camps:

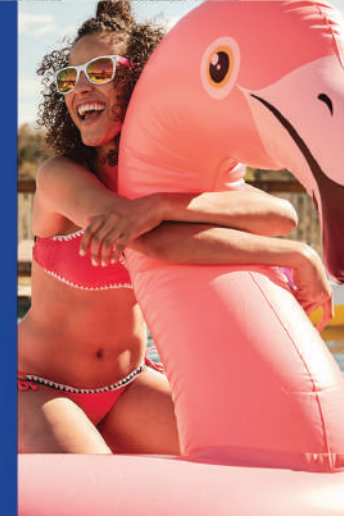
- Challenger Soccer Camp
- Summer Sports Camps



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# SCHOOL LIAISON SERVICES

**Bldg. 132, Sixth Ave., Fort Rucker  
(334) 255-9812**

The School Liaison Program addresses educational issues involving military children. Through partnering with the local and military community, the School Liaison Officer can provide assistance with a full range of K-12 schools (private, public and home school). The School Liaison Program can also assist with the following: Mobilizing and using community resources to reduce the impact of the mobile military lifestyle on military children and youth. Implementing predictable support services that assist children and youth with relocations, life transitions, and achieving academic success. Providing access for parents, children and youth, schools, commanders, and communities to a wide range of resources that facilitate school transitions. Families living on post in permanent housing, with children in grades

prekindergarten through sixth grade, will attend the Department of Defense Fort Rucker Schools. Families living on post are able to choose the local city school district they attend for grades 7-12. Families that decide to reside in off post housing are encouraged to research local schools prior to selecting a place to live. School districts generally do not allow out of district enrollment. Please double check with the Fort Rucker School Support Services or the school district's central services to determine the school district serving your residence. Child & Youth Services offers bus service from Enterprise schools to our after school programs, on a space available basis. If you are in need of bus service from an Enterprise school, please contact the School Liaison Services.



### Local School Districts

#### **Fort Rucker Schools**

(334) 255-1607  
[www.dodea.edu/americas](http://www.dodea.edu/americas)

#### **Coffee County Schools**

(334) 897-5016  
[www.coffeecountyschools.org](http://www.coffeecountyschools.org)

#### **Daleville City Schools**

(334) 598-2456  
[www.daleville.k12.al.us](http://www.daleville.k12.al.us)

#### **Ozark City Schools**

(334) 774-5197  
[www.ozarkcityschools.net](http://www.ozarkcityschools.net)

#### **Enterprise City Schools**

(334) 347-9531  
[www.enterpriseschools.net](http://www.enterpriseschools.net)

#### **Alabama Public Schools:**

Interstate Compact on Educational Opportunities for Military Children  
Member State [www.alsde.edu](http://www.alsde.edu)



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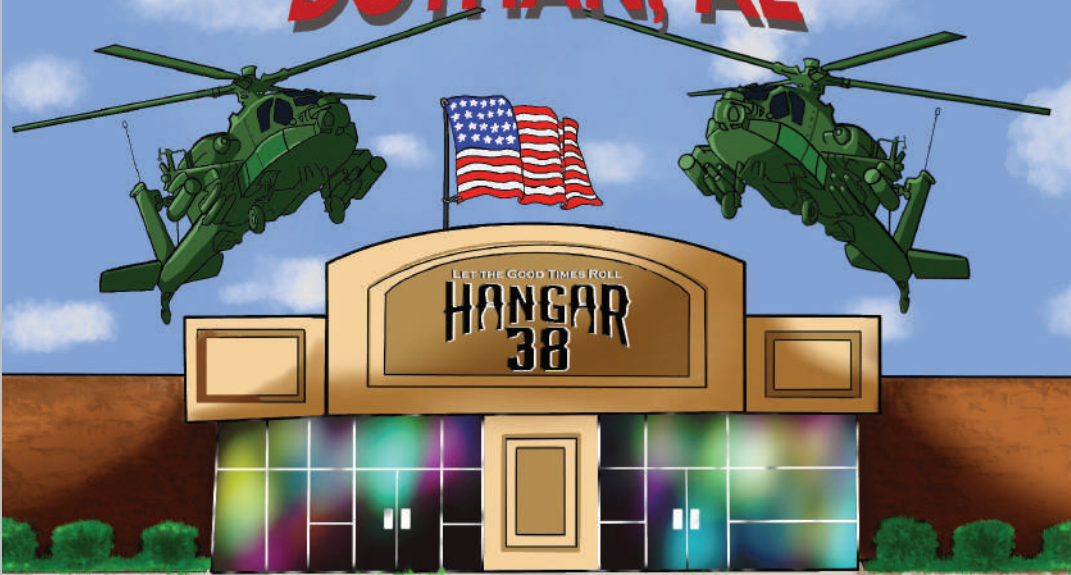
● 334-393-SOAP

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# SILVER WINGS GOLF CLUB

Bldg. 20067, Combat Road  
(334) 255-0089

## Hours of Operation:

**Open Daily 7:00 a.m. - Sundown**

**Closed Thanksgiving, Christmas &**

**New Years**

**\*Hours of operation subject to change**

## FACILITIES AND PROGRAMS

Silver Wings Golf Club is a 27-Hole Championship facility, open year-round. The course has outstanding Champion Bermuda Greens and one of the most challenging layouts in the region. The course has gently rolling elevation changes accentuated with tree lined fairways comprised of numerous hardwoods and pines. The facility boasts a fully stocked Golf Shop, Divots Restaurant & Grille, meeting & banquet rooms, and a 300-yard long Practice Range. Club Memberships are available to military and civilians. Club Membership benefits include unlimited green fees, discount on tournaments,

discounts on golf shop merchandise (excluding Ping equipment, sale, food and beverage items), advanced tee times, and member only tournaments. Golf Shop services include re-gripping, club repair and golf lessons by appointment. Two putting greens are located in front of the clubhouse, and two chipping greens one located behind Divots the other on the corner of Hatch and Combat Rd. Our Driving Range has numerous short game areas to maximize your practice options.

## Golf Pro Shop Hours of Operation:

**Open Daily 6:30 a.m. - Sundown**

**Closed Thanksgiving, Christmas & New Years**

**\*Hours of operation are subject to change**

## GOLF PRO SHOP

Save money at the Silver Wings Golf Club Golf Shop, with great deals on all current golfing apparel and equipment. If you don't see what you want, we can possibly order it for you. Don't miss our demo days that are scheduled throughout the year. Golfers can also purchase daily or annual green fees, as well as rent clubs, carts, and pull carts at the Golf Shop. All rental equipment must be returned by sundown.



# DIVOTS RESTAURANT & GRILLE

Bldg. 20067, Combat Road  
(334) 255-0088

## Hours of Operation:

**7-Days a Week and Holidays:**

**10:00 a.m. - 2:00 p.m.**

**Closed Thanksgiving & Christmas**

**\*Hours of operation subject to change**

Divots Restaurant and Grille - Be sure to stop by Divots for your dining experience. Enjoy lunch daily at Divots from 10 a.m. - 2 p.m. Relax in the comfort of the main dining area or on the back deck while enjoying the beautiful views and delicious food that Divots Restaurant & Grille has to offer. Our bar area seats up to 76 people which allows patrons to experience an impressive lunch and drink menu, while looking out over the panoramic view of the beautiful Blue Course. Our large flat screen televisions keep you up to date on sports and news. The friendly staff at Divots is ready to take your order. In a rush? Call ahead for take-out orders at (334) 255-0088.

## CATERING AND SPECIAL OCCASIONS

Divots is also capable of catering events for up to 120 guests. Our experienced staff will host golf tournament meals, hail and farewells, lunch and dinner parties, and more. Our friendly service and exceptional food pairs perfectly with an exquisite view of the golf course. The back deck also offers additional outdoor space for a gorgeous view of the course. Divot's is dedicated to making your event a success by working with you every step of the way.

## ROOM AVAILABILITY AT SILVER WINGS

- Divots Banquet Room accommodates 100 guests and Audio/Visual is available
  - Divots Regimental Room accommodates 12 guests and Audio/Visual is available
- Plan your festivities with a round of golf and let the staff assist with several catering options suited to fit your occasion. Call (334) 255-0089 or stop by to see what Silver Wings can do for you. Book your next Special Occasion at Divots!





Visit our historic Downtown district and enjoy shopping at our diverse mix of businesses, dining in our award winning restaurants and don't forget to snap a photo with the Boll Weevil Monument!



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Girls Night Out



Spring Festival

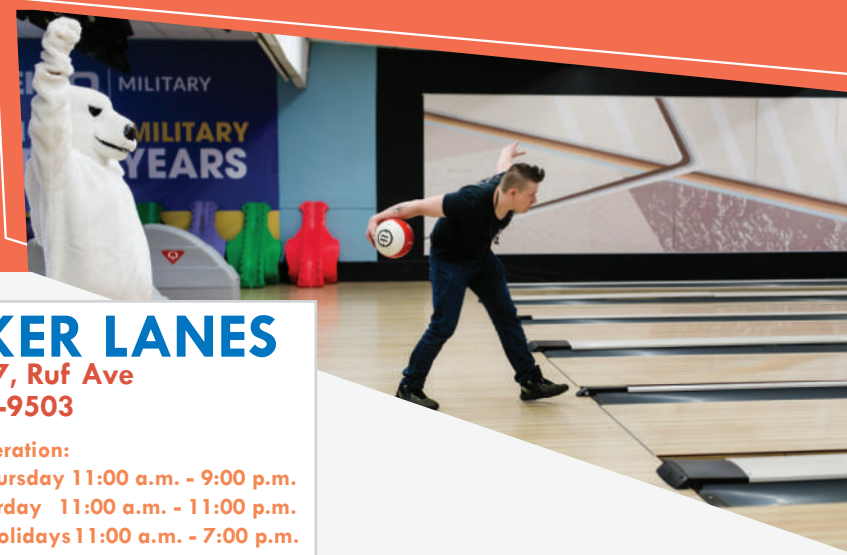


SCAN ME TO SEE OUR MILITARY DISCOUNT INFORMATION!



SCAN ME TO STAY UPDATED WITH ALL OF OUR UPCOMING EVENTS!





## RUCKER LANES

Bldg. 9227, Ruf Ave  
(334) 255-9503

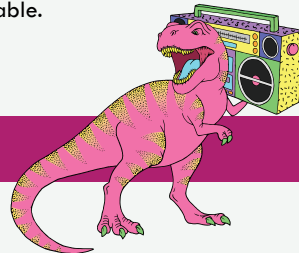
### Hours of Operation:

Monday - Thursday 11:00 a.m. - 9:00 p.m.  
Friday - Saturday 11:00 a.m. - 11:00 p.m.  
Sundays & Holidays 11:00 a.m. - 7:00 p.m.  
\*Hours of operation subject to change

Your home for family-friendly-fun is Rucker Lanes Bowling Center. Featuring 20 Bowling Lanes, Snack Bar, Bingo Corner and Annual Locker Rentals there is fun to be had for all ages! If you're hungry, the Rucker Lanes Snack Bar serves a variety of pub faire, along with some family favorites like pizzas, chicken tenders, and the best burgers in town! Join us on the lanes for your next unit event, birthday celebration or hail and farewell where we take care of everything that you'll need for the perfect event! There are a variety of bowling options available for all ages, adult leagues, and open bowling specials designed with the family in mind. Have a young one? Bumpers and light-weight bowling balls are available for children under the age of 10.

### BOWLING LEAGUES

Join a Rucker Lanes Bowling League! Registration for each league is available at the front counter of Rucker Lanes prior to the start of each league season (fall and spring). Leagues are open to the public, and all ages and levels are welcome. Fees, schedule and league specifics will be discussed at the league's first meeting. You must register for a league by the first meeting date. All current Rucker Lanes League Bowlers in good standing are extended a league bowler rate that will match current league bowling pricing for 3 games and shoes, anytime lanes are available.



### BINGO CORNER

Rucker Lanes features the iPlay iWin Bingo Corner with Electronic Bingo for your enjoyment! Eligible players can win up to \$6,000 instantly. Our hand-held, easy-to-play system allows all eligible patrons and their bona-fide guests to purchase cards and have fun! What is electronic bingo? iPlay iWin Electronic Bingo allows you to play the game at your leisure - play when you like, for as long as you'd like!

Electronic Bingo is played on either portable or stationary touch-screen devices and offers a variety of games. Our touch interface makes enjoying Bingo accessible to all skill levels, and our friendly Rucker Lanes Team is always available to assist! Ready to get started? For all of your bowling, Bingo and food wants, Rucker Lanes is here to please! Just stop by the Control Desk and speak with a Team Member to get started.



## BOWLING SPECIALS

### • FAMILY BOWL SUNDAYS:

Sundays, 11:00 AM – 7:00 PM  
Discounted rates geared towards families on games and shoe rentals.

### • SATURDAY NIGHT UNLIMITED:

Saturday Nights, 5:00 PM – 9:00 PM  
Unlimited Bowl, during Xtreme Bowl, including shoe rental for one low price.

### • FRIDAY NIGHT UNLIMITED:

Friday and Saturday Nights,  
7:00 PM – 11:00 PM  
Unlimited Bowl, during Xtreme Bowl, including shoe rental for one low price.

### • PIZZA, PINS AND POP

Get 90 minutes of bowling, shoe rentals, a large one topping pizza and bottomless fountain beverages, for one low price. Limit 5 bowlers per special. Available whenever lanes are available.

Our rates, hours of operation and specials are subject to change. Please visit Rucker Lanes for current programming.





# iPLAY iWIN BINGO

## iPLAY iWIN BINGO

At Rucker Lanes

We offer iPlay iWin electronic bingo for your enjoyment in Rucker Lanes seven days a week. Players can win up to \$6,000 instantly. Our hand-held, easy-to-play system allows all eligible patrons to play the game at their leisure – when they like, for as long as they would like!

Electronic Bingo is played on a handheld, touch-screen device and offers a variety of games. Just ask our friendly staff at the cashier counter and they will get you started. The device comes pre-loaded with the number of Bingo cards you request. Once you'd like to cash out, just return the unit to the counter to collect your winnings.

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## HOURS OF OPERATION

### Lyster Army Health Clinic

MONDAY - FRIDAY  
7:00 A.M. - 3:00 P.M.  
CLOSED HOLIDAYS & DONAS

### Soldier Service Center

MONDAY - FRIDAY  
7:00 A.M. - 3:00 P.M.  
CLOSED HOLIDAYS & DONAS

### The Landing Zone

MONDAY - FRIDAY  
7:00 A.M. - 2:00 P.M.  
CLOSED HOLIDAYS & DONAS



## COFFEE TRAVELER AVAILABLE AT ALL LOCATIONS

LET US HELP YOU WITH YOUR COFFEE NEEDS FOR EARLY MORNING MEETINGS AND OFFICE PARTIES.



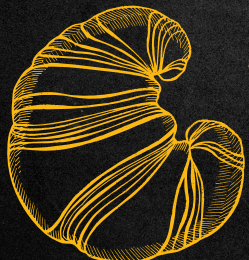
## SEASONAL SPECIALS

SERVING HOT AND COLD STARBUCKS SEASONAL BEVERAGES AND REGULAR BREWED COFFEE AT ALL OUR LOCATIONS! BE SURE TO ASK OUR BARISTAS ABOUT OUR SEASONAL SPECIALS.



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ENJOY A LARGE VARIETY OF SANDWICHES, WRAPS, CROISSANTS, SCONES, MUFFINS, FRUIT PARFAITS, AND BREAKFAST SANDWICHES. SELECTIONS VARY AT EACH LOCATION.



## DOUBLE STAMP WEDNESDAY & REWARDS CARD

THE COFFEE ZONE OFFERS CUSTOMERS A REWARDS CARD. PRESENT YOUR CARD WHEN YOU PURCHASE A BEVERAGE AT THE COFFEE ZONE. AFTER THE PURCHASE OF 12 BEVERAGES, THE 13TH BEVERAGE WILL BE ON US FOR FREE! REMEMBER TO VISIT THE COFFEE ZONE ON DOUBLE STAMP WEDNESDAYS AS WELL!

# WELCOME HOME CATERING

## Welcome Home Catering Office at The Landing: (334) 255-0769

Welcome Home Catering Office Hours  
Tuesday - Friday 8:00 a.m. - 4:00 p.m.  
Closed Monday, Saturday, Sunday & Holidays

Welcome Home Catering is experienced in bringing our clients vision to light, with years of experience in social gatherings, graduations, holiday spectaculars, business events, fund raising galas, weddings, and birthdays.

Every event is custom tailored to our client's vision and goals. From the initial selection of a theme, through the development of your menu, our professionals work closely with you to ensure that we have exceeded your expectations.



\*We can cater events outside of normal business hours\*

\*Hours of operation subject to change

Our Catering Manager has developed a menu that explores a wide range of cuisine, with perennial favorites and chef specialties. However, if you are interested in an item that is not listed, or you would like to work with our team to develop something completely personalized, please inquire with our Catering Manager.

Your vision is our mission. From buffets to banquets, carving stations and live demonstrations, informal to formal and everywhere in between; we are here to help you create your elegant occasion or memorable event.

Our Team is excited to assist with the development of your next event, from the selection of a venue, to the development of the menu, we are committed to ensuring your events are memorable and your occasions are elegant. Ready to begin the discussion? We may be contacted by phone at (334) 255-0767, or please accept our invite to the Welcome Home Catering Office at the Landing for a personalized consultation.

**We Cater Where You Want, When You Want!**





# THE LANDING ZONE

Bldg. 113, Novosel Street  
(334) 255-0768

Hours of Operation:

Monday - Friday 11:00 a.m. - 2:00 p.m.

Closed Saturday, Sunday & Holidays

\*Hours of operation subject to change

The Landing Zone is located inside The Landing at Fort Rucker. The Landing Zone offers a casual dining experience for lunch and features a full-service bar. The interior décor will take you back to Camp Rucker, a nostalgic trip through Army Aviation history. Come enjoy great times with great friends. The Landing Zone offers a delicious menu for lunch. Our menu offers something to please everyone.

Having a party or just looking to grab a meal on the go? Check out our to-go menu available every day. Our service team takes pride in offering a friendly, welcoming environment for all our guests. We hope that you enjoy your visit to The LZ and your experience is one to remember. Our full service bar offers top-shelf liquors, great cocktails, an assortment of wines, and draft beer served.



## THE LANDING ZONE GIFT CARDS

Looking for the perfect gift? Look no further! Give the gift of a great dining experience by loading a gift card with any amount. Gift Cards may be used to purchase food or beverages in The Landing Zone.



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334-792-0063





# MOTHER RUCKER'S

319 Ruf Avenue  
(334) 255-3916

### Hours of Operation:

- Friday-Saturday 4:00 p.m. - 11:00 p.m.
  - Sunday-Thursday 4:00 p.m. - 9:00 p.m.
  - Federal Holidays 4:00 p.m. - 9:00 p.m.
- \*Hours of operation subject to change

Unwind. Relax. Meet up with old friends, or make new ones. Mother Rucker's Sports Bar features a full menu including Hand-Pressed Burgers, Black-n-Blue Steak Salads, Wings, Cuban and Philly Steak Sandwiches and Flatbread Pizzas. With over 30 varieties of beer in stock daily, a top shelf liquor selection, pool tables, dart boards and 16 flat screens covering a wide variety of sports, Mother Rucker's will make you feel right at home.



Mother Rucker's is open to the public seven days a week and is located conveniently within walking distance of the Holiday Inn Express on Ruf Avenue. If you do not have time to dine in with us, take advantage of our pick up orders.



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## RIDING STABLES

**Bldg. 20150, Hatch Road  
(334) 255-0021**

**Hours of Operation:**  
Mon, Tues, Thurs, Fri.  
8:00 a.m. - 4:00 p.m.

The Fort Rucker Riding Stables is located on Hatch Road just south of the Silver Wings Golf Club, surrounded by over 10,000 acres of beautifully wooded trails. The complex includes a clubhouse with bathroom facilities. Four community pastures, 40 duplex barns with individual tack rooms and paddocks are available on-site as well as 24 stalls for transient and show horses.

The Fort Rucker Riding Stables has two regulation dressage rings and three breaking pens. A lighted western arena and lighted jump/show arena, covered farriers' shed and double wash stalls with warm water are also available to patrons. If you have a horse that needs boarding, please contact the Riding Stables for arrangements.

**\*Hours of operation subject to change  
Closed on Federal Holidays**

### POLICIES & PROCEDURES

All riders are expected to abide by the Fort Rucker Riding Stables rules and regulations. Trail riders are required to wear orange vests throughout the year. For information on patron authorization please contact the Riding Stables at (334) 255-0021.

### CAMPSITES

The Fort Rucker Riding Stables offers 20 rustic RV Campsites with water and electric hook ups. The grass sites have no paved areas. A dump station is not available onsite, but can be utilized at the Lake Tholocco RV Park & Campground area on West Beach. Please call for more details.



## LAKE LODGE

**East Beach, Lake Tholocco  
(334) 255-4234**



Fort Rucker's newly constructed Lake Lodge is situated on the East Beach of Lake Tholocco. Scheduled to open in 2023, the Lake Lodge features 20 resort rooms with panoramic views and furnished balconies. A large banquet hall with seating capabilities for 156 guests compliments the Lodge, and in conjunction with Welcome Home Catering welcomes events from intimate gatherings to extravagant weddings, and everything else in-between. Experience the true relaxation of a Lake Tholocco sunrise at the Lake Lodge. Additional information will be available from Fort Rucker MWR in 2023.





# LAKE THOLOCCO LODGING

**Bldg. 24235 West Beach, Lake Tholocco  
(334) 255-4234**

**Hours of Operation:**  
Monday - Sunday 8:00 a.m. - 4:00 p.m.  
Closed on Wednesdays Nov. - Feb.

The morning sunrises at Lake Tholocco can be best described as breathtaking. The lake is one of the most treasured jewels on Fort Rucker. With abundant fishing, hunting, swimming, and recreational activities, Lake Tholocco has much to offer Fort Rucker and the surrounding communities. With visitors year-round taking part in all of what Family & MWR has to offer, the lake is a never-ending outlet for outdoor enthusiasts. Lake Tholocco offers numerous recreational activities, such as boating, water skiing, swimming and fishing. Other facilities available include fishing piers, beaches, pavilions, restrooms, picnic areas and much more. Cabins and RV spots are available on a nightly basis.

**Closed on Thanksgiving, Christmas, & New Year's Day.**

**\*Hours of operation subject to change**

## CABINS

Enjoy panoramic views of Lake Tholocco and Fort Rucker's scenic landscape from one of the 23 lovely cabins. These top-notch recreational lodging facilities overlook the banks of Lake Tholocco and offer active duty, retired military personnel, DoD APF/NAF civilians, and authorized guests a memorable stay. Our cabins offer fully equipped kitchens, a furnished living space, Wi-Fi, satellite TV, and a screened-in back porch with picnic table and grill. We have 21 two bedroom cabins and 2 three bedroom cabins.



## ENGINEER BEACH RV PARK

The paved campground has 18 long term sites and 30 short-term sites, all with concrete parking pads. All sites have electrical and water hookups excluding our 4 tent camping sites. Also available: a waste station, climate controlled Recreation Room, bathhouse with rest rooms and shower facilities, and a fully equipped coin-operated laundry room.

## THE YURT

Have you always wanted to try camping but thought it wasn't for you? Come give the Yurt a try! It features a comfortable bunk bed with a rustic feel and you're guaranteed to have the most spectacular view of Lake Tholocco!

## NEW : COMING 2023 EAST BEACH LODGE

20 guest rooms and a banquet facility. Call Lake Lodging for details on reservations or to book your event.



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# OUTDOOR RECREATION SERVICE CENTER

**Bldg. 24235 West Beach, Lake Tholocco  
(334) 255-4305**

**Hours of Operation:**  
Monday - Sunday 8:00 a.m. - 4:00 p.m.  
Closed on Wednesdays

Outdoor Recreation offers many services and opportunities for a spectacular time at Lake Tholocco! Outdoor Recreation is located on the West Beach side of Lake Tholocco.

Lake Tholocco is a 676.8 acre lake that offers numerous recreational activities. Boating, skiing and swimming are favorite sports at the lake. Facilities include two fishing piers, beaches, pavilions, and clean restrooms.

**Closed on Thanksgiving, Christmas, & New Year's Day.**  
**\*Hours of operation subject to change**

## EQUIPMENT CHECKOUT CENTER

For that special family outing, Outdoor Recreation (ODR) offers several items to aid in the fun and enjoyment for your entire family. Pontoon boats, ski/wake board boats, fishing boats, water tubes, jet skis, canoes, kayaks, and paddle boards are available for use at Lake Tholocco. For those family reunions or school fund raisers, ODR offers picnic pavilions, inflatables, multiple party game sets, BBQ cookers, canopies and dunking booths. For camping enthusiasts, ODR has travel trailers.

Outdoor Recreation oversees picnic areas at Lake Tholocco (West & East Beach), Beaver Lake, and Buckhorn Lake. Patrons will need to reserve pavilion areas through Outdoor Recreation.

Picnic areas are authorized for use on a first come, first served basis, unless reserved through the Outdoor Recreation Pro Shop. Reservations are confirmed only after receipt of appropriate fees, and are subject to cancellation restrictions. Units/Organizations must submit a request in writing for organizational days at least 5 business days in advance.

Equipment Checkout is available to authorized patrons. Fulltime government contractors and personnel with a valid ID badge are also authorized to checkout equipment from Outdoor Recreation Equipment Rental, but may not sponsor a guest.

## FISHING AND HUNTING

Fort Rucker has several excellent lakes and ponds for fishing: Lake Tholocco, Beaver Lake, Buckhorn Lake, Ech Lake, Beaver Pond, and Parcours Lake (for the youths under the age of 16). Come try your luck with largemouth bass, catfish, crappie and bream.

Fort Rucker also offers big and small game hunting. All hunters 16 years of age and above must complete and be in possession of a valid hunter's education card. If you do not have a hunter's education card, the Alabama State Hunter Education program offers hunter education classes at various locations or complete the entire course online at [outdooralabama.com](http://outdooralabama.com). All individuals 16 years and older are required to have an Alabama State license and a Fort Rucker post permit. The Alabama State license may be purchased at the Outdoor Recreation Service Center. To purchase the Fort Rucker post permit please visit

[www.fortrucker.isportsman.net](http://www.fortrucker.isportsman.net)

Military personnel without an Alabama driver license will need to present a copy of orders indicating Fort Rucker as their current duty station. Military dependents without an Alabama driver license will need to present orders authorizing movement of dependents to Fort Rucker. For rules and regulations, and permit prices pertaining to fishing and/or hunting on Fort Rucker, patrons may view Fort Rucker Regulation 215-1 at

[www.fortrucker.isportsman.net](http://www.fortrucker.isportsman.net)

## COVERED FLOATING BOAT DOCK SLIPS

A floating boat dock is available at West Beach Marina for patrons to store their personal watercrafts for a daily, monthly or yearly fee. Please call Outdoor Recreation for prices and availability.

## LAKE THOLOCCO WEST BEACH SWIMMING AREA

Cool off during the hot summer months between Memorial Day weekend and Labor Day weekend at the West Beach Swimming Area. This popular summer retreat boasts two large slides. Life jackets are available. Swimming is allowed only when life guards are on duty. Swimming at your own risk is prohibited. For more information on swimming on Fort Rucker please contact Swimming and Aquatics at (334) 255-9162.





# DID YOU KNOW?

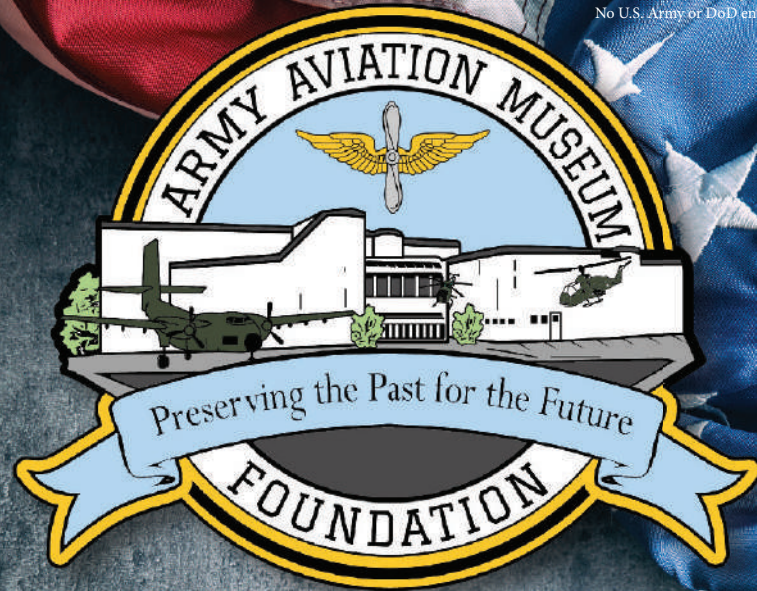
## FORT RUCKER HISTORY

### A BRIEF HISTORY OF FORT RUCKER

Although both Fort Rucker and Army Aviation trace their origins back to earlier eras, they came into being during the early months of World War II. The United States entered the war on December 8, 1941, following the surprise Japanese attack on Hawaii, the Philippines, Guam, and Midway. On December 15, Congress voted an appropriation of \$10 billion for the defense of the United States and established a military service draft for men from 20 to 44 years of age during World War II. America conducted a manpower mobilization unprecedented in its history in terms of total numbers; the United States put into uniform more than 16 million men (one-sixth of the total male population) and also approximately 333,000 women. This mobilization called for the creation of new training camps and military bases, including Camp Rucker.

### CAMP RUCKER

The original name of the post was Ozark Triangular Division Camp, but before the camp was officially opened on May 1, 1942, the War Department named it Camp Rucker. The post was named in honor of Colonel Edmund W. Rucker, a Civil War Confederate officer, who was given the honorary title of "General," and who became an industrial leader in Birmingham after the war. In September 1942, 1,259 additional acres south of Daleville were acquired for the construction of an airfield to support the training camp. It was known as Ozark Army Airfield until January 1959, when the name was changed to Cairns Army Airfield. The first troops to train at Camp Rucker were those of the 81st (Wildcat) Infantry Division; the 81st Division left Rucker for action in the Pacific Theater in March 1943. During the latter part of World War II, several hundred German and a few Italian prisoners-of-war were housed in stockades near the railroad east of the warehouse area, on the southern edge of the post. The Camp became a Fort on February 1, 1955, and the Army Aviation Center was officially established at Rucker. In October of that year, the post was given permanent status with the name change from Camp Rucker to Fort Rucker.



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## BENEFITING LOCAL WOUNDED WARRIORS WOUNDED WARRIOR PROGRAM RECREATIONAL OPPORTUNITIES

Fort Rucker Outdoor Recreation provides Wounded Warriors and Wounded Veterans specialized recreation equipment. Among the items funded with the proceeds from the Wounded Warrior Hunts and local Sponsors are a 42 ft wheelchair accessible travel trailer complete with a hydraulic lift, accessible mobile tracked wheelchair which allows a hunter to go over various outdoor terrains, and two hydraulic hunting stands which can be moved to desired hunting locations. The 5x7 ft hunting stands sit on a trailer with controls that allow them to be lowered to the ground (so no ramps needed) and elevated to any height up to 18 ft providing a better field of view for hunting. This equipment makes hunting more accessible for hunters with physical limitations.

A specially designed and customized Rhino Boat named "The Warrior" has been completely customized to fit the needs of a person with disabilities and allow them to operate the boat or to be a passenger. Customized features on the boat include a ramp allowing a wheel chair to roll directly onto the boat, specialized controls, remote control automated anchor, wheel chair locking system, and specialized safety features.

**WOUNDED WARRIOR RETREAT BY THE LAKE**  
Wounded Warrior Retreat by the Lake is a three bedroom, two bathroom, ADA accessible cabin donated by the Wiregrass Wounded Veterans Committee (WWVC). These amenities make the great outdoors more accessible for Wounded Warriors and Wounded Veterans with physical limitations. Authorized Patrons, priority reservations, and fee information can be found online at [rucker.armymwr.com](http://rucker.armymwr.com). Fort Rucker Family & MWR provides Soldiers, Civilians and their Families with a quality of life commensurate with the quality of their service. Patrons can coordinate with the Fort Rucker Outdoor Recreation department for assistance with using the equipment. For more information on Wounded Warrior recreational activities on Fort Rucker call Outdoor Recreation at (334) 255-4305. For More information on the Wounded Warrior Cabin call Lake Lodging at (334) 255-4234.



## A FISHERMAN'S PARADISE

Whether you're an expert angler or a casual fisherman, you will enjoy casting your line out on one of Fort Rucker's beautiful lakes. Try your luck with largemouth bass, catfish, crappie, or bream. Creel limits posted at each location.

### LAKE THOLOCCO

This 676.8 acre lake is located on Johnston Road and is home to our Outdoor Recreation Service Center, West Beach swimming area, RV Park and Lake Tholocco Lodging cabins. While this location is known for its amazing views and recreation on the shore, its waters offer a fisherman's paradise 24 hours a day 7 days a week. Lake Tholocco fishing is open to all ages.

### BEAVER LAKE

Surrounded by walking trails, this 7.7 acre lake is open to all ages, from sunup to sundown. Access to Beaver Lake can be found off of 3rd Avenue, by the Fort Rucker Physical Fitness Center's football field.

### BEAVER POND

This small fishing pond is open to all ages, from sunup to sundown. Beaver Pond is located off of Andrews Avenue, between Silver Wings Golf Club and the Ozark Gate.

### PARCOURS LAKE

At 4.1 acres, this lake is reserved for youth, ages 15 and below. Ages 16 and above may assist youth in fishing, but may not actively fish at this lake. Ages 13 and under must be accompanied by an adult. Parcours Lake is located on Farrel Road, behind Lyster Army Health Clinic.

### ECH LAKE

This 7.7 acre lake is open to all ages, from sunup to sundown, however, days of operation are subject to change. To get to Ech Lake, turn from Christian Road onto Johnston Road, then take the first unpaved road on the left and follow the signs to Ech Lake.

### BUCKHORN LAKE

This 13.2-acre lake is open to all ages. Buckhorn Lake is open from sunup to sundown, however days of operation are subject to change. The Lake is located 2 miles past Silver Wings Golf Club on Hatch Road.





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## FORT RUCKER ADOPT-A-TRAIL PROGRAM

Have you made use of the extensive network of walking and biking trails on Fort Rucker? If so, consider becoming a volunteer in our new Adopt-a-Trail program!

Adopt-a-Trail volunteers promote community stewardship and bridge the communication between the community and MWR. The Adopt-a-Trail program sends a message that the community cares about its trails. Through monthly visits to your trail, volunteers document maintenance needs, report acts of vandalism, interact with trail users, promote trail safety, and encourage an overall positive use of public trails.

Volunteers have two trails to choose from: the Parcours trail is a walking/running nature trail with 18 fitness stations. This course is relatively flat and easily traversed: the mountain biking trails are rugged nature trails consisting of uneven terrain with hills and dips. Volunteers can indicate which type of trail they prefer to work on, as well as the length of trail under their care.

If you have specific questions related to the Adopt-a-Trail program, feel free to contact the Fort Rucker Sports Coordinator at 334-255-2671.



## OUTDOOR RECREATION HUNTING & FISHING REGULATIONS

### ALABAMA STATE HUNTING/FISHING LICENSE & FORT RUCKER POST PERMIT

Hunting and Fishing on Fort Rucker requires that individuals ages 16 and older have an Alabama State License and a Fort Rucker Post Permit. The Alabama State license may be purchased at the Outdoor Recreation Service Center.

To purchase an Alabama State License at the Alabama state resident price, military personnel and their dependents stationed at Fort Rucker are required to provide a copy of orders of assignment to Alabama, along with their military identification card, driver's license, and hunter safety education card. Without an Alabama driver license or copy of orders of assignment to Alabama, patron will be subjected to non-resident prices. Alabama residents over the age of 65 are not required to have an Alabama State License, but must have a Fort Rucker Post Permit. Youth ages 15 and younger do not need a State License or a Post Permit. State Fishing and Hunting Licenses and Post Permits expire on August 31 and must be renewed annually.





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**DALEVILLE AREA**  
CHAMBER OF COMMERCE







# ARTS & CRAFTS CENTER

Bldg. 9205, Ruf Avenue  
(334) 255-9020

### Hours of Operation:

Wednesday - Friday 9:00 a.m. - 4:30 p.m.  
Saturday 9:00 a.m. - 4:30 p.m.  
Sunday-Tuesday/Federal Holidays closed  
\*Hours of operation subject to change

### ARTS & CRAFT PROGRAMS

The arts and crafts center offers a variety of creative opportunity to learn a new skill or a space to create your own works of art. Classes are scheduled by request in things such as sewing, stained glass, pottery, framing and more!<sup>\*</sup> We also offer pick and paint ceramics for all ages with a variety of pieces available there is something for everyone. Do you have a skill or hobby you would like to teach? Want to volunteer? Share your talent and creative ideas with the Arts and Crafts Center. <sup>\*</sup> Many classes have a minimum age requirement of 16 years old due to safety requirements. All classes and use of the facility require closed toe shoes.

### FRAMING

Save money and learn a new skill with an instructional framing class. Beginner and Advance classes available upon request. Choose from an extensive selection of framing materials to create your very own masterpiece. We offer a selection of frame and matting available in house but have an even larger selection of additional options that can be special ordered to truly help you create a piece you can be proud of! Learn everything from designing your layout, to

cutting and assembling your frame. If you don't have time to build one yourself the Arts and Crafts Center staff are happy to create a custom frame for you!

### COLOR SUBLIMATION

Pictures, images, custom designs, and much more can be heat pressed into fabrics, ceramics, and a multitude of different metals that allow you to add a personal touch to anything from clothing, bags, mugs, and much more. Ask the Arts and Crafts Center staff what options are available for sublimation.

### GIFTS AND ENGRAVING

Want to make that gift extra special? Or bring a piece of Fort Rucker home? Have your gifts and memorabilia personalized at the Arts and Crafts Center in one of our laser engravers! Customizing is what we do best. Choose from an extensive line of trophies, plaques, and gift items. Don't see what you're looking for? Ask us about items available to order or even bring your own. Engraving can be added to almost anything made of wood, acrylic, and glass, engraving can also be added to most tumblers, cups, and knives. For all your engraving wants and needs, please keep the Arts and Crafts Center in mind. We

are here to help bring your ideas to life!

### WOODSHOP

The Arts and Crafts Center has a woodshop with a variety of tools and machines available with experienced staff and volunteers to help you build anything from a jewelry box to custom furniture. All individuals are required to take a mandatory safety class prior to using the facilities. Have a big project? Ask us about our punch cards to help save on project costs, we offer them in 5 and 10 hours. We ask all woodshop usage to be scheduled in advance to ensure one of our experienced staff is here to assist you. Based on patron interest, safety classes will be held on Saturdays from 0900-1000 by appointment. The class is \$10.00 and patrons are required to bring their own hearing and eye protection and wear closed toe shoes. <sup>\*</sup>Framing and woodshop classes are 16 and up due to machinery safety.

### POTTERY

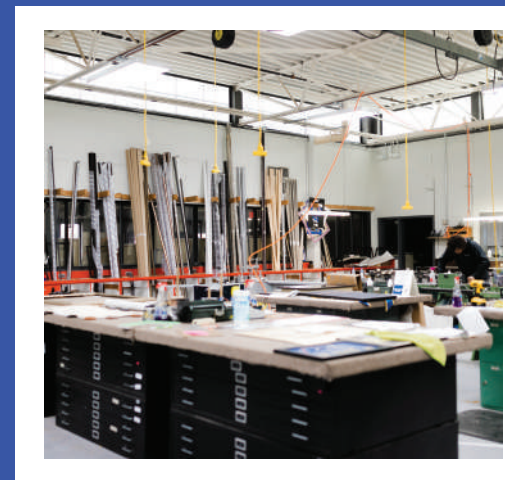
Pottery has become all the rage! The Arts and Crafts Center offers pottery wheel classes available for beginners. Already familiar with the wheel? Take our short introductory quiz and get started on a masterpiece of your own. Not interested in the wheel? We offer several clay options that are perfect for sculpting, making

coil pots or even using cookie cutters and make your very own ceramic ornaments, coasters, or jewelry! We have a variety of in-house glaze options, but patrons are welcome to bring their own if they are compatible with our kilns. Availability of classes are dependent upon volunteers, please call for more details.

### RECREATIONAL VEHICLE STORAGE LOT

Call (334) 255-2552 for more information

Authorized patrons wishing to store oversized boats, trailers, and recreational vehicles may do so at the Arts and Crafts Center. We have two secure fenced-in lots available to store your items. All vehicles must be registered with the Arts and Crafts Center to utilize the lot. Proof of ownership (title, registration, or power of attorney) and matching government issued picture ID are required for registration. All patrons living on Fort Rucker will need to bring the one page of your lease agreement that states patron name and address to receive on post rates. Please call for more details and current pricing, and matching picture ID card are required for registration.





# HISTORY OF THE BEAR

In many cities across America, mascots can be found that promote esprit de corps – Enterprise has the Boll Weevil, Dothan has its Peanut statues and Louisville has its Horses – and promoting morale is one of the things that Fort Rucker’s Sgt. Ted E. Bear does best.

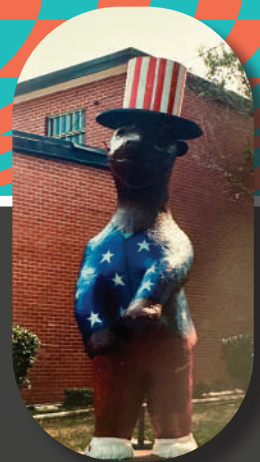
Located at the corner of Andrews and Novosel, Sgt. Ted E. Bear has watched over Fort Rucker for the last 61 years. Standing watch over the installation just inside the Daleville gate across from the Army Aviation Museum, he observes the thousands of people passing by him every day.

Lee Koplin originally designed him in Panama City; Sgt. Ted E. Bear was assembled here on Fort Rucker and has been an icon on Fort Rucker ever since.

Over the years, Sgt. Ted E. Bear has donned many outfits as part of his provided care, ranging from bunny and penguin suits to flight suits even a Santa outfit for Christmas. He has also sported superhero costumes and a variety of other seasonable ensembles.

Sgt. Ted E. Bear overshadows all of his fellow sergeants, if not by age then by dimensions. At 15 feet high, he weighs over 2,000 pounds (mostly made of solid concrete), with his weight steadily growing with each outfit he dons.

Sgt. Ted E. Bear was originally erected as an emblem of the 2nd Battle Group, 31st Infantry Regiment, also known as the Polar Bear Regiment. Construction was commissioned in 1961, by Col. Bennett L. Jackson, to commemorate the action the unit saw while attempting to keep the Trans-Siberian Railroad open during World War I, in Murmansk, Russia. It was that operation that earned the regiment the nickname “The Polar Bears”



Sgt. Ted E. Bear was originally located next to the 46th Engineer Battalion building after the 31st Infantry Regiment was reassigned to Fort Benning, Georgia, in 1966.

Eventually, the responsibility of caring for Sgt. Ted E. Bear passed to 1st Battalion, 210th Aviation Regiment, in 1994, when the bulk of the engineer battalion relocated to Fort Polk, La., and he was then reassigned to the Warrant Officer Career College, in 1997.

With his reassignment to the 210th, he received his new orders, rank and name -- Pfc. Ted E. Bear. He was promoted to sergeant Sept. 19, 2007, in an official ceremony approved by Maj. Gen. Virgil L. Packett II, then U.S. Army Aviation Warfighting Center and Fort Rucker Commanding General.

In 2008, Sgt. Ted E. Bear was moved from his original home on Ruf Avenue to his new home near the U.S. Army Aviation Museum, where he bravely and quietly stands guard. Currently Sgt. Ted E. Bear is assigned to the MWR Marketing team, who take great pride and care when it comes to his wellbeing.

Generations of Aviators, Veterans, Retirees and Civilians have visited Fort Rucker over the years and expect to see him when they come through. “It is always nice to see him in a new outfit promoting the community and supporting the Soldiers for us.” “If he was not there as I drove in each morning it just wouldn’t be the same,” said MWR Marketing Manager Chris Mendez.

Truly, Sgt. Ted E. Bear serves as a colorful community bulletin board, and many organizations have upped the ante when it comes to decorating him -- giving him 3D accessories like banners, hats, sporting equipment and large polar bear sized packages.

People can only wonder what fashion statements Sgt. Ted E. Bear will reveal next and when he will be promoted to staff sergeant, because he is surely the most famous sergeant in the lower 49 states.

Sgt. Ted E. Bear is part of the tradition of being at Fort Rucker, even though his origins do not lie in aviation. He is part of the experience of becoming an Army aviator.





# Fort Rucker Wiregrass Chapter of AUSA



The Fort Rucker-Wiregrass Chapter of the United States Army (AUSA) supports important issues facing:

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# AUTOMOTIVE SKILLS CENTER

**Bldg. 1902, Headhunter & 2nd Avenue  
(334) 255-9725**

**Hours of Operation:**  
Monday - Wednesday **closed**  
Thursday - Friday **10:30 a.m. - 7:30 p.m.**

The Fort Rucker Automotive Skills Center has the equipment you need to save money on do-it-yourself car maintenance and repair. Here patrons have access to professional assistance, tools, and equipment. Stop by today to learn how we can help with your automobile repairs and questions.

The twenty-six bay center has thirteen automotive lifts, one motorcycle lifts, twelve flat bays (non-lift), a paint booth, and body bay. The center is easily accessible to Soldiers and their Families with operational hours structured to meet their needs.

### PAINT BOOTH

Ride in style with a fresh new paint job! Bring your paint and your car to the paint booth at the Automotive Skills Center to get that fresh new look on your ride! The self service paint booth can be rented per day or per hour. All patrons requesting to utilize the paint booth must complete a list of requirements and make an appointment in advance.

### AUTOMATIC CARWASH

The automatic carwash has four wash cycles available ranging from an express wash to the works. The automatic wash accepts coins or cash.

**Saturday - Sunday 9:00 a.m. - 6:00 p.m.**  
**Federal Holidays closed**  
**\*Hours of operation subject to change**

### SELF-HELP CAR WASH

The self-help car wash located at the Automotive Skills Center has two wash bays, a vacuum cleaner with a shampooer, two standard vacuums, a fragrance machine, and vending machines stocked with large towels, Armor All® towels, and air fresheners.

### HOLIDAY INSPECTIONS

Free vehicle inspections are available during advertised dates. The free Holiday Safety Inspection Program provides inspections prior to Memorial Day, Fourth of July, Labor Day, Thanksgiving and Christmas.

### PROPANE TANK

Need to refill a propane tank? Fort Rucker's Automotive Skills Center offers a propane service which allows you to have your own propane cylinder refilled rather than having to swap them out. This service is also available for RV propane tanks.



## LEMON LOT



**Office : Bldg. 1902, Headhunter & 2nd Ave**  
**Lot: Located on Andrews Ave**  
**(334) 255-1075**

**Hours of Operation:**  
Monday - Friday **7:30 a.m. - 4:30 p.m.**

**Federal Holidays Closed**  
**\*Hours of operation subject to change**

We are also the registration point for Fort Rucker's Lemon Lot, located on Andrews Avenue, just past the Soldier Service Center, Building 5700, towards Enterprise on the left. The Lemon Lot is a paved, fenced area where you can sell your personal vehicles, RVs, motorcycles, boats, and ATVs.

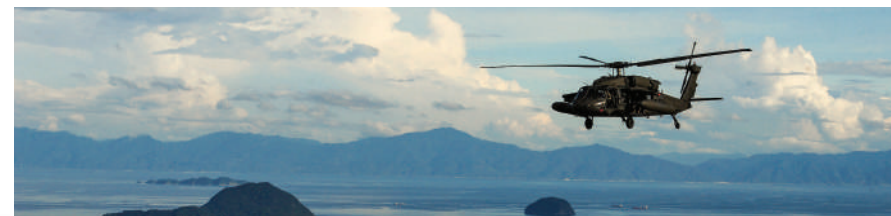
All vehicles must be registered with the Automotive Skills Center to utilize the lot. Proof of ownership (registration, title, bill of sale, power of attorney, etc.), proof of insurance and ID card are required for registration. Owner of the vehicle must be present or have power of attorney for item being sold. Register in person at the Automotive Skills Center.



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# BETTER OPPORTUNITIES FOR SINGLE SOLDIERS

Bldg. 8350, Headhunter St.  
(334) 255-2296

Fort Rucker's Better Opportunities for Single Soldiers (BOSS) is a program that supports the overall quality of life (QOL) for single and unaccompanied Soldiers. It supports the chain of command by identifying QOL issues and concerns, and by providing recommendations for QOL improvement. BOSS encourages and assists single Soldiers in identifying and planning for innovative and fun-filled recreational and leisure activities as well as community service projects.

BOSS also participates in diverse recreational events. As a result of the single Soldiers dedication to the program, Fort Rucker BOSS has been recognized by IMCOM as having one of the premier programs in the Army.

The renovated BOSS building is a place where single and unaccompanied Soldiers can relax and have some fun while playing video games or pool, or watching a movie in the theater room. Free Wi-Fi Internet is also available in the BOSS building. BOSS building hours are posted on the front of the facility. Council and Event Planning Meetings are open to all Soldiers and organizations that would like to participate in BOSS. Council Meetings and Event Planning Meetings are held every 3rd Monday from 1600-1700 inside the BOSS Building (Bldg. 8350 Headhunter St.). The meetings cover quality of life issues, community service projects, and leisure activities/trips. Monthly meetings ensure that the voices of single Soldiers are heard.



Command involvement in BOSS is essential to the success and growth of the BOSS program and our single Soldier community. Commanders at Fort Rucker promote and ensure participation of the single Soldiers at every level, from junior enlisted to Senior NCOs, Warrant Officers, and Commissioned Officers.

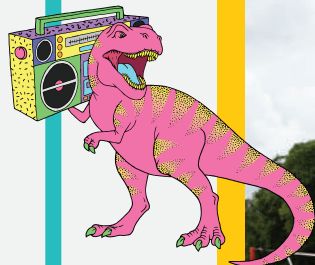
BOSS program eligibility and participation is open to all single Soldiers, which is defined as all unmarried, divorced, widowed, and unaccompanied Soldiers, to include single parent Soldiers. BOSS-sponsored events may be open to all, with preference and priority to the single Soldier.

#### **BOSS' MISSION:**

To enhance the quality of life and morale of single Soldiers, increase Soldier retention, and sustain readiness.

#### **BOSS' VISION:**

Be the advocate for single Soldiers to ensure they have a quality of life commensurate with their service.



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U.S. Army

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# CENTER LIBRARY

Bldg. 212, Ruf Ave., Fort Rucker  
(334) 255-3885

Hours of Operation:  
Tuesday - Friday 10:00 a.m. - 6:00 p.m.  
Saturday 10:00 a.m. - 2:00 p.m.

Fort Rucker's Center Library is your source for books and a whole lot more. Our facility has abundant resources to offer the entire Fort Rucker community, from entertainment and research materials to guest speaker events, and free programs for children, teens, and adults.



## RESOURCES

Center Library's collection includes something for all ages: books, DVDs, audio books, music CDs, video games, video game consoles, and board games. There is a young adult section and an extensive children's collection. With graphic novels, large print books, and a summer reading program full of events and prizes, there is something for every member of the family. Featuring an online card catalog, the General Library Information System (GLIS) connects Army libraries worldwide, making it easy to find what you need.

We have 18 high speed online public access computers and high speed Wi-Fi connectivity for laptops and other portable devices, as well as charging kiosks. We offer black and white and color photocopying services, color printing, digital scanning, laminating, and faxing services for a nominal fee. Center Library provides access to valuable databases that offer self-help information including auto-repair, genealogy, finance, resume writing, and language learning.



Sunday - Monday Closed  
Federal Holidays Closed  
\*Hours of operation subject to change

We provide access to hundreds of journals, encyclopedias, and other reference materials, and all of it is available to you from your home computer, mobile device, and at the library. By simply visiting Center Library and setting up your account, you can also borrow e-books and e-audiobooks, stream videos, and download music! With your online account, you can place holds on materials, renew materials currently checked out, and keep a history of library materials you have previously checked-out.



## EVENTS & PROGRAMMING

As with all Family & MWR programming, Center Library is Exceptional Family Member (EFM) friendly. Our facility provides activities throughout the year including monthly crafting events, book clubs, STEAM programs, and weekly preschool story time, which promotes a love of libraries, reading, and lifelong learning. Additionally, Center Library is home to a new state-of-the-art makerspace: an area that fosters creativity and ingenuity for all ages. It includes a 3-D printer, building bricks, programming circuits, craft materials, and robotics.



## STORYWALK®

During your stay at Ft. Rucker, be sure to visit our StoryWalk® located along Beaver Lake Trail. StoryWalk® helps build children's interest in reading while encouraging healthy activity for the whole family. Laminated pages from a children's book are attached to posts installed along the trail. As you stroll down the trail, you're directed to the next page in the story. New stories are posted every 4 to 6 weeks.



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# PHYSICAL FITNESS CENTER

**Bldg. 4605, Andrews Ave.  
(334) 255-2296**

**Hours of Operation:**

**Monday - Friday** 5:00 a.m. - 8:00 p.m.  
**Saturday - Sunday** 8:00 a.m. - 6:00 p.m.  
**Federal Holidays** 8:00 a.m. - 6:00 p.m.

**Closed Thanksgiving, Christmas, and New Year's Day**

**\*Hours of operation subject to change**

The Fort Rucker Physical Fitness Center (PFC) is a sixty-four thousand square foot facility offering a variety of cardiovascular equipment ranging from treadmills to Concept2 rowers; LifeFitness selectorized equipment; and a free-weight and dumbbell area with Hammer Strength Equipment. This facility offers a fully equipped functional fitness area with a rig and artificial turf.

Patrons are encouraged to stop by the customer service desk to sign out a variety of auxiliary equipment such as jump ropes, racquetball equipment, belts and more. Group Fitness classes are offered as well and schedules can be picked up at the front desk or found at [rucker.armymwr.com](http://rucker.armymwr.com). This facility is equipped with one racquetball court, two additional functional fitness rooms, a 25-meter indoor pool, outdoor multi-purpose fields, a quarter-mile track, 18 - hole disc golf course, batting cages and a mountain bike trail.

The PFC maintains five running/walking trails around Fort Rucker and can provide runners with a map and trail descriptions. Patrons have access to men's and women's locker rooms with all the normal amenities, including sauna and steam room as well as daily use lockers. The PFC organizes and hosts a variety of fitness programs and events including personal training services, intramural sports, competitive and non-competitive running events, health-promotion events, Rucker Runs Program, Gym Rat Program, and other activities.



## WARRIOR ADVENTURE QUEST MOUNTAIN BIKING TRAILS

The Warrior Adventure Quest Mountain Biking Trails span a large area between Farrell Road and Lyster, and past headquarters and the PX. The trails intertwine with the Parcours Fitness trail and have a designated bike route of approximately 3.5 miles, indicated by white arrows on trees. A yellow-red-green safety system is in place with yellow being moderately difficult, red being extremely difficult and green being "all clear". Please stop by the PFC on Andrews Avenue or the marquees along the trail heads for all rules associated with the trails. A mountain bike issue program is also available through the Fort Rucker PFC on Andrews Avenue.

## SWIMMING & AQUATICS

The Fort Rucker Physical Fitness Center features an eight lane, heated, twenty five meter indoor pool with a low dive, and handicap access. Lifeguard certification courses, swim lessons, water aerobics, and military training are offered.

## FUNCTIONAL FITNESS AREA

The Functional Fitness Area provides space for functional fitness equipment including but not limited to; power racks, lifting platforms, TRX, Olympic bars, and plyometric boxes. There is a 6 lane turf strip for sprint work and also an open area for full body movements including lunges, battle ropes, and more!



## DISC GOLF

Family & MWR and the Physical Fitness Center are excited to invite everyone to come out and play the 18 - hole disc golf course at Fort Rucker, where the challenge of long holes, tall trees, and water carry shots will surely bring you back time and time again. Not sure what disc golf is? Disc golf is played much like traditional golf, but instead of using a ball and clubs, players use a flying disc. So whether you're a novice or professional, bring your friends out and enjoy some friendly competition. Discs are available to check out or purchase at the PFC.

## WALKING TRAILS

Fort Rucker offers two different walking/running trail systems, one located near Parcours Lake and one surrounding Beaver Lake. Each trail offers a customizable experience for runners of any fitness level. The running trails behind Parcours Lake intertwine with bike trails. Different stations are available throughout the trail system such as balance beams, pull-up bars and monkey bars. The Parcours Lake trails contain more than a dozen stations for different workouts and could be ideal for anyone who wishes to incorporate more into their workout. The Beaver Lake trail splits into four unique routes two-thirds of the way into the path. Maps are available at the PFC.





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- 8 SEP
- 13 OCT
- 17 NOV

## FRIDAY

- JAN 27
- FEB 17
- MAR 24
- APR 21
- MAY 19
- JUN 23
- JUL 28
- AUG 25
- SEP 22
- OCT 20
- NOV 17

## FORT RUCKER

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# FORTENBERRY-COLTON PHYSICAL FITNESS CENTER

Bldg. 5900, Skychief  
(334) 255-3794

Hours of Operation:  
Monday - Friday 5:00 a.m. - 8:00 p.m.  
Saturday - Sunday Closed  
Federal Holidays Closed

The Fortenberry-Colton Physical Fitness Center (PFC) is a twenty-three thousand square foot modern facility that boasts state of the art LifeFitness cardiovascular equipment, Nautilus selectorized strength equipment, and LifeFitness free weights. The facility is home to a regulation size basketball court that can be converted into two practice basketball courts or two volleyball courts, and a group fitness room that supports stationary bikes and group fitness classes. Also available is a 28-foot climbing wall, which allows four people to climb simultaneously. The wall has four autobelay systems and four manual belays. Patrons have access to men's and women's locker rooms with all the normal amenities, including sauna and steam room, and daily use lockers.



Closed Thanksgiving, Christmas, and New Year's Day  
\*Hours of operation subject to change

## PERSONAL TRAINING SERVICES

Our trainers have a deep passion for helping people of all ages gain confidence and feel better about themselves by achieving their fitness goals and improving their health through cardiovascular training, strength training, and proper nutrition. We design each one of our training programs to fit the unique needs of each individual, based on their wants, needs, goals, and current fitness level. We not only want to help you reach your full potential and goals, but we also want to educate you on how to get there and maintain an active lifestyle. So whether your goal is to lose body fat, to gain muscle and strength, to become a better athlete, or to just live a healthier lifestyle, we can help you!

## GROUP FITNESS CLASSES

The Physical Fitness Center is dedicated to serving the needs of our patrons by providing professional instruction, a safe environment, and chance to get a great workout. We strive to offer a variety of classes that focus on cardiovascular conditioning, strength, flexibility, and body/mind awareness. We believe in promoting the general health of the individual on a personal level with all the components to make your workout an effective and enjoyable experience. All of our instructors are professional and certified. Classes are open to all authorized patrons. For additional information on fitness classes and pricing call (334) 255-3794 or go to [rucker.armymwr.com](http://rucker.armymwr.com).

# WORK OUT! GET FIT!

We offer an array of fitness classes. Below are descriptions of classes currently available. All classes are subject to change based on trends and certifications of instructors

## INDOOR CYCLE/SPINNING®

A truly fantastic cardio class. Using stationary bikes the instructor simulates an outdoor bike ride that may include: traveling on flat roads, climbing hills, sprinting and jumps. In addition to the high caloric burn the lower body will tone and firm.

## STEP AEROBICS

A step aerobics class that teaches basic combinations at an intermediate level for a safe and effective cardiovascular workout and combines toning aspects of resistance training. A great class for intermediate and advanced fitness levels.

## YOGA FLOW

A full body Vinyasa yoga class linking breath to movement with a focus on posture fundamentals and mindfulness. Expect to begin each flow slowly with a detailed description of pose form, and then transition to breath to movement pace in subsequent flows. Come on in and unroll your mat for an hour of inspiring tunes and positive self-care!

## H2O FITNESS

H2O Fitness will build cardiovascular fitness and strength while toning and sculpting your body without the impact on your joints. This class will offer resistance training, and may incorporate resistance equipment such as buoyant water weights, steps, and noodles. The class will finish with a soothing cool down. H2O fitness is designed for all fitness levels.

## ZUMBA®

Perfect for anybody and everybody. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance, and flexibility.







You don't need to type a web address every time you want to access [rucker.armymwr.com](http://rucker.armymwr.com) - just tap on a shortcut to open the page!



### Here's how to do it:

- [ iphone ]**
- Open your browser and go to [rucker.armymwr.com](http://rucker.armymwr.com).
  - Tap on the "Share" icon at the bottom. This looks like a square with an arrow pointing upwards.
  - Select the "Add to Home Screen" icon.
  - Give your Link Button a name.
  - Tap on the word "Add" in the upper right hand corner.
  - The Fort Rucker MWR shortcut should now appear on your home screen.

- [ android ]**
- Open your browser and go to [rucker.armymwr.com](http://rucker.armymwr.com).
  - Press the Menu button (either below the screen on some devices or at the top-right corner of the browser), then tap on the Page.
  - Tap Add Page Shortcut.
  - Your shortcut to Fort Rucker MWR should now appear on your home screen.

**[ mwr mobile ]**  
NEVER MISS ANOTHER FORT RUCKER COMMUNITY EVENT, SERVICE, OR PROGRAM AGAIN!





## INTRAMURAL SPORTS

**Bldg. 5900, Skychief**  
**(334) 255-2671**

The Sports Branch of Sports, Fitness & Aquatics is dedicated to creating and maintaining first choice programs and services for the military family. The Intramural Sports Program coordinates intramural athletics, sporting events, and tournaments to enhance morale and esprit de corps, promote team work and cooperation, and encourage participants to attain and sustain high levels of fitness. Program currently offers competition in Softball, Flag Football, Volleyball, Basketball, Golf, Bowling and more through Commander's Cup and Open recreation leagues/tournaments. Additional information is available for All Army Sports, and other competitions at Sports Office (4605 Andrews Ave) or by calling 255-2671.

### **AUTHORIZED PATRONS:**

All Active Duty military personnel, retired military personnel, members of the ARNG and USAR with a reserve ID card, active duty dependents 18+ years of age, DoD, APF/NAF Civilians employees, and contracted Civilians are eligible to participate. Players must be 18+ years of age and out of high school to participate.



## SWIMMING AND AQUATICS

The Sports, Fitness and Aquatics Branch is home to an Indoor 25 meter pool, Outdoor 50 yard pool, and West Beach recreation area. SFA supports PT, instructional swim for active duty soldiers, military trainings, and hosts a myriad of recreational activities that include; Water Aerobics, Senior Swim, American Red Cross Lifeguard Certification courses, Adult Swim lessons, and youth swimming lessons. For more information about hours of operation and programs offered, call the Physical Fitness Center at (334) 255-2296.

### **LAKE THOLOCCO WEST BEACH SWIMMING AREA**

The perfect family getaway spot to cool off during the hot summer months between Memorial Day weekend and Labor Day weekend at the West Beach Swimming Area. This popular summer retreat boasts two large water slides. Life jackets are available. Swimming is allowed only when life guards are on duty. Swimming at your own risk is prohibited. For more information on swimming on Fort Rucker please contact the Aquatics Department at (334) 255-9162.

**Aquatics Office: (334) 255-3998/1875**

**Flynn Pool**

**Bldg. 9222, Park Dr.**

Open to Authorized Patrons Only  
(seasonal fitness swimming and programming, May - September)\*

**PFC Indoor Pool: (334) 255-3386**

**Bldg. 4605, Andrews Ave.**

Open to Authorized Patrons Only  
(seasonal fitness swimming and programming, September - May)\*

**Hours of Operation:**

Monday - Friday 5:30 a.m. - 7:00 p.m.

Saturday, Sunday 10:00 a.m. - 5:00 p.m.

**West Beach, Lake Tholocco**

**Bldg. 24207, Johnson Rd.**

Open to the General Public  
(seasonal swimming May - September)







# MWR LEISURE TRAVEL

Bldg. 212, Ruf Ave., Fort Rucker  
(334) 255-2997

Hours of Operation:

Tuesday - Friday 10:00 a.m. - 5:00 p.m.  
Saturday 10:00 a.m. - 2:00 p.m.



Closed on Sundays and Mondays  
\*Hours of operation subject to change

### TICKETS

Special rates are available to Active Duty, Retirees, DoD Civilians and many more. Come see us and get exclusive military pricing for attractions like, Walt Disney World, Universal Orlando Resort, LEGOLAND and the Georgia Aquarium. We also have tickets and information for seasonal events like Pepsi Gulf Coast Jam and Seabreeze Jazz Festival as well as area theme parks, water parks, dinner shows, and much more!

### RESERVATIONS

Planning a trip? Our office can assist in planning your perfect vacation! Since no two vacations are alike, we work on building the best package suited just for you. Ask us about guided and non-guided tours, discounted hotels, cruises, all-inclusive vacations and resources, such as Shades of Green, Armed Forces Vacation Club and the newest military discount program American Disces Travel.

### CRUISES & DESTINATION VACATIONS

Come visit MWR Leisure Travel and see what military discounts are available on various popular travel destinations, or if you need help booking a cruise and/or an all-inclusive vacation.



MWR Leisure Travel is a full service travel agency that provides a range of travel services to Active Duty, Retired military personnel, their Family members, DoD Civilians, and other members of the military community. We are also your one-stop shop to receive the latest and greatest information on MWR events and activities on Fort Rucker. You are able to register for the fun runs and other various events hosted by the Physical Fitness Center, along with other special event tickets may be purchased at your MWR Leisure Travel office.

### INFORMATION

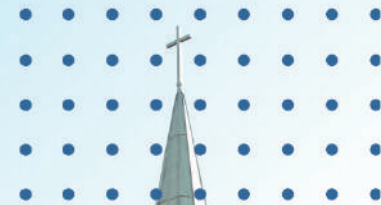
We provide brochures, catalogs, flyers and information on various attractions and points of interest in the surrounding area as well as other major travel destinations and hotels all over the world.



No U.S. Army or DoD endorsement implied



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8:15 AM - Contemporary  
10:45 AM - Traditional

**SUNDAY SCHOOL**  
9:30 AM

**Wednesdays @ FIRST**  
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5:45 PM - Preschool & Children's Activities  
6:00 PM - Adult Bible Studies & Student Worship

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# SPECIAL EVENTS



Family & MWR Special Events supports Fort Rucker's Soldiers, Families, military retirees and civilians by providing exciting and diverse events for all ages. We strive to provide quality programs and activities that result in improving quality of life for your service and sacrifice. We love to hear your feedback when you attend these events, so please visit the Family & MWR website and leave us an ICE comment.

## FREEDOM FEST

Hosted by the Commanding General, Freedom Fest is the premier event at Fort Rucker. This Independence Day celebration is held every summer and is open to the public. Thousands of spectators attend to enjoy great food, vendors, music, displays, games, and activities for all ages. In the spirit of Independence Day, the day culminates with the area's largest fireworks display.

## CHILDREN'S FESTIVAL

Held in early spring, Children's Festival offers military children and their families a wide variety of free games, crafts, and other activities to enjoy throughout the afternoon. This event hosts one of the largest Easter egg hunts in the Wiregrass, photos with the Easter Bunny, and a variety of vendors. Children's Festival is fun for the whole family!

## DAY AT THE LAKE

Day at the Lake is held the Saturday before Memorial Day and kicks off the annual opening of the recreational swimming area at West Beach, Lake Tholocco. The event offers contests, sand volleyball tournament and a variety of vendors; the swimming area features water slides and a floating trampoline. Admission to the park, swimming, and use of life jackets, canoes, and paddle boats are free of charge the day of the event. The entire community is encouraged to enjoy the summer celebration and see why Lake Tholocco is the best place to be for fun in the sun!

## OKTOBERFEST

Oktoberfest, held each year on the last Friday in September, celebrates German culture. The event features live German music, authentic German cuisine to include schnitzel and bratwurst, and plenty of German beer. Children's inflatables, teen and adult activities, and a variety of vendors make Oktoberfest sure to please all ages.

## WINTERFEST/CHRISTMAS TREE LIGHTING

The annual Christmas Tree Lighting is a Fort Rucker tradition. A military band performs a medley of holiday songs while local choir groups sing carols. Area Families wait in anticipation for the official lighting of the Post Christmas Tree and the arrival of Santa. In conjunction with the Tree Lighting is "Winterfest" which includes an on-site Ice Skating Rink, Family Fire Pits & S'mores Cooking, Food, Craft & Merchandise Vendors, high caliber live entertainment and more.

## WOUNDED WARRIOR HUNT

Fort Rucker Family and MWR Outdoor Recreation Program host a Spring and Fall Wounded Warrior Fall Hunt each year. Wounded Warriors from across the Southeast participate in the hunt free of charge through the gracious support of Sponsors assisting with lodging and food. The hunt is also open to the general public. Volunteer Guides to assist the Wounded Warriors are welcomed.

## AVIATION INDUSTRY DAYS

Fort Rucker Aviation Industry Day is held annually at The Landing. Get a firsthand look as Aviation Industry representatives showcase new equipment, services provided, simulators, and discuss the latest in Aviation technology. The expo display area is open free of charge to the Fort Rucker community.





### Our Vision and Mission:

Our vision is to be **our customer's first choice.**

It is our dual enduring **mission** to:  
Provide quality merchandise and service to  
our customers at competitively **low prices.**



Our customers can  
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benefits in many  
ways, and in many  
places as "We Go  
Where You Go"!

### Main Exchange Shopping Complex

Bldg. 9214 Ruf Ave.

**Main Exchange**  
(334) 503 - 9044

**Food Court**  
(334) 503 - 9044 #215

▶ ANYONE CAN DINE ▶▶



Welcome to Fort Rucker, Alabama, the Home of Army Aviation. Our team at the Exchange want to thank you for all you do. Our Exchange associates stand ready to proudly serve you and your family members, the best customers in the world. We promise to always support you to the best of our ability and continuously strive to satisfy all your shopping requirements. We encourage you to shop often and take advantage of the many wonderful savings we offer, to include **no sales tax.**

With more than 45,000 square feet the **Main Exchange** in Hutton Plaza Shopping Center, Bldg. 9214 on Ruf Avenue, stocks brand name apparel for the entire family, cookware, sporting goods, electronics, toys, hardware, firearms, pet supplies, and more.

Our food court offers Popeye's Chicken, Charley's Grilled Subs, Subway, Qdoba and Starbucks. The Optical Shop, Optometrist, Barber Shop, GNC and other concessionaires are in the mall area of the shopping center. **Burger King** is just a short walk across the street on Ruf Avenue.

We have two Express stores conveniently located on post providing quality service; they are truly a one-stop shops for those on the run. The **Mini Mall Express** along with the **Military Clothing Sales Store** are located at the corner of Andrews Avenue and Dustoff, Bldg. 6600 in the shopping center. The shopping center also houses Firestone, a barber shop, alterations, dry cleaners, and U.S. Patriot. The **Triangle Express** is located on Farrell Road, Bldg. 22305 near Bowden Terrace.

Last, but not least, the **Class Six**, located on Andrews Ave, Bldg. 2906, is stocked with an extensive assortment of beer, wine, and spirits to meet all your celebratory needs throughout the year.

For updated Exchange information, maps, telephone numbers, and much more, download the free Digital Garrison app.

Your patronage allows the Exchange to provide over \$1.3 million annually to the local MWR programs on post. The Exchange returns its earnings to the military community via the MWR Dividend to improve the quality of life on post for our warfighters and their families.

Thank you for all you do. We look forward to serving you and helping to make Fort Rucker your favorite assignment.

- Your Exchange Family

### Mini Mall Shopping Center

Bldg. 6600 Andrews Ave.



**Mini Mall Express**  
(334) 503 - 9338



**Military Clothing**  
(334) 503 - 9338 #204



### Class Six

Bldg. 2906  
Andrews Ave.  
(334) 598 - 1137



**Burger King**  
Bldg. 4300  
Ruf Ave.  
(334) 598 - 1140

### Triangle Express

Bldg. 22305  
Farrell Rd.  
(334) 598 - 1295



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# Paradise pumpkin patch

-and farm festival-



**October 1 - 31**

We are located just west of Eufaula, Alabama in Baker Hill Alabama.

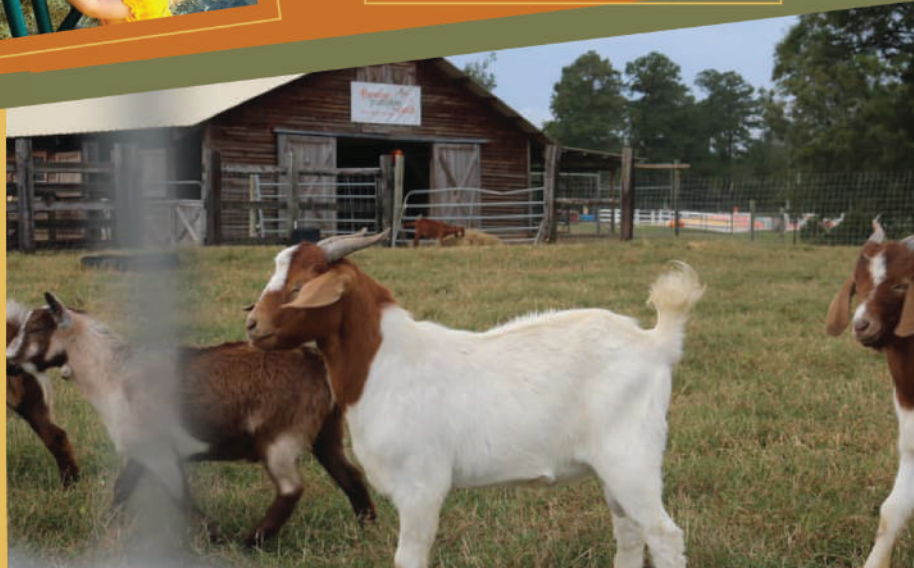
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**www.ParadisePumpkinPatch.com**

**334-695-3600**

894 County Road South • Eufaula, Alabama 36027

Paradise Pumpkin Patch is the perfect place to plan your next Field Trip, Family Outing, Church Function, Birthday Parties or just a day on the farm.



## POST SOLICITATION

**Soldier Service Center Building 5700, Room 310, Novosel St.  
(334) 255-9331 / DSN: 558-9331**

**Hours of Operation:  
Monday - Friday**

**8:00 a.m. - Noon, 1:00 p.m. - 4:00 p.m.  
Appointments Recommended**

### HELPFUL INFO FROM NAF SUPPORT MANAGEMENT

The Post Solicitation Office is responsible for the oversight of business conducted on the Fort Rucker installation, private organizations, and the coordination of on-post fundraising. Solicitation permits may be issued for individuals conducting business on-post including, but not limited to, Insurance Agents, Financial Representatives, Photographers, Domestic Cleaning Companies, and Home Based Businesses such as Pampered Chef, Mary Kay, and Scentsy.

Please be aware of the following with regards to solicitation on the installation:

- A permit (Fort Rucker Form 44) must be issued to conduct business on the installation.
- The permit does not allow door-to-door solicitation.
- All business must be conducted by appointment only and appointments must not be during duty hours.
- Solicitation may not be conducted in mass, group, or captive audiences.
- Agents may not distribute literature on the installation, except to the person that they have a scheduled appointment with. This includes the distribution of flyers and business cards unless specifically requested by a client from the sales representative.
- Agents may contact prospective clients initially by methods such as advertising, direct mail, and telephone.
- Commercial insurance agents are not authorized to give financial planning briefings during military sponsored events.
- Agents are prohibited from having allotment forms in their possession and/or assist in the administrative processing of these forms.
- Personnel in pay grades E1, E2, and E3 are required to be counseled by the commander or designated individual using DA Form 2056, Commercial Insurance Solicitation Record, prior to purchasing insurance. These Soldiers are required to wait seven days from initial counseling before an allotment form is signed and submitted to finance for processing.
- Commanders should have designated areas assigned for agents to meet with Soldiers who live in the barracks. Agents are not authorized in individual rooms.
- Home address of members of the command or unit will not be given to commercial enterprises, or individual agents.
- DoD personnel will not act in any official or business capacity, either directly or indirectly, as liaison with agents to arrange appointments.
- The Department of the Army does not endorse any company or products offered on the installation.

**GOOD  
VIBES  
ONLY**



## AUTHORIZED PATRONS

### Authorized Patronage of Fort Rucker Morale, Welfare, and Recreation (MWR) Activities

Active duty and retired military personnel, Active Duty Coast Guard and their Family Members with valid ID cards are authorized use of all MWR facilities on a priority basis, in accordance with individual facility age requirements. The following MWR patronage policy for DoD Appropriated Fund (APF), Nonappropriated Fund (NAF) and Coast Guard civilians, Reserve Components, contract civilians, and their Family Members (who meet individual facility age requirements) and their guests is established at Fort Rucker, Alabama. Participation in, or spectators at, music and theater productions, sporting events, special events and other activities open to the local community to foster public relations, when their participation is an enhancement, are authorized. Patronage privileges will be suspended, terminated, or denied if the installation commander or his delegate determines it to be in the best interest of the activity, program, installation or Army.

#### PROGRAM SPECIFIC - AUTHORIZED PATRON ELIGIBILITY:

**BINGO:** All participants must be over the age of 18 to purchase cards or claim prizes. All members of the United States Reserve Components and their Family Members with a valid ID card are authorized. Currently employed and retired APF, NAF, and DoD and Coast Guard civilians are authorized. DoD contract employees working full time on the installation are authorized. Bona fide guests of authorized patrons. Bingo callers or monitors, Family & MWR managers, the DFMWR, direct line supervisors, other employees of the sponsoring activity, and their immediate Family Members may not play. Employees assigned to one or more MWR activity (ies) may participate in bingo sponsored by an unrelated activity if they are otherwise eligible. Former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members are authorized. Non-DoD Federal employees working on the installation are authorized. Community area residents with no military affiliation may participate in FB&E activities. Participation will be IAW FB&E operational procedures for nonmilitary patrons, and on a space availability basis.



**BOWLING CENTER:** All members of the United States Reserve Components and their Family Members with a valid ID card are authorized. Currently employed and retired APF, NAF, and DoD and Coast Guard civilians are authorized. DoD contract employees working full time on the installation are authorized. Community area residents with no military affiliation may participate in bowling activities. Participation will be IAW bowling operational procedures for nonmilitary patrons, and on a space availability basis. Former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members are authorized. Non-DoD Federal employees working on the installation are authorized.

**CHILD & YOUTH SERVICES (CYS):** Authorized Patrons include: All members of the United States Reserve Components and their Family Members with a valid ID card; currently employed and retired APF, NAF, and DoD and Coast Guard civilians; DoD contract employees working full time on the installation; former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members; non-DoD Federal employees working on the installation.

**FOOD, BEVERAGE AND ENTERTAINMENT (FB&E):** Authorized Patrons include: All members of the United States Reserve Components and their Family Members with a valid ID card are authorized. Currently employed and retired APF, NAF, and DoD and Coast Guard civilians are authorized. DoD contract employees working full time on the installation are authorized. Community area residents with no military affiliation may participate in FB&E activities. Participation will be IAW FB&E operational procedures for nonmilitary patrons, and on a space availability basis. Former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members are authorized. Non-DoD Federal employees working on the installation are authorized.

**GOLF COURSE:** All members of the United States Reserve Components and their Family Members with a valid ID card are authorized. Currently employed and retired APF, NAF, and DoD and Coast Guard civilians are authorized. DoD contract employees working full time on the installation are authorized. Community area residents with no military affiliation may participate in Golf Course activities. Participation will be IAW Silver Wings Golf Club operational procedures for nonmilitary patrons, and on a space availability basis. Former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members are authorized. Non-DoD Federal employees working on the installation are authorized.

**INTRAMURAL SPORTS PROGRAM:** Authorized Patrons include: All members of the United States Reserve Components and their Family members with a valid ID card, who meet age restrictions; currently employed and retired APF, NAF, and DoD and Coast Guard civilians and eligible Family Members residing in the sponsor's household, as outlined in Memorandum of Instruction for each sport, may take part in military intramural sports programs; Family Members of active duty military personnel, with a valid ID card, may participate in intramural sports programs when age requirements are met and specific intramural sports leagues will allow participation; contract civilians are authorized to participate in accordance with the Memorandum of Instruction (MOI) for each intramural program; spectators at sporting events and invited community civilian teams are authorized to observe and participate in scheduled tournaments and sport events; former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members are authorized; non-DoD Federal employees working on the installation are authorized to participate in accordance with the Memorandum of Instruction (MOI) for each intramural program. Civilian personnel and Family Members may not participate with military personnel in individual sports or contact sports (boxing, wrestling, team handball, and football).

**LAKE THOLOCCO LODGING:** All members of the United States Reserve Components and their Family Members with a valid ID card are authorized. Currently employed and retired APF, NAF, and retired DoD and Coast Guard civilians are authorized. DoD contract employees working full time on the installation are authorized. Former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members are authorized. Non-DoD Federal employees working on the installation are authorized. Guests when accompanied by an authorized patron.

**LIBRARY:** Authorized Patrons include: All members of the United States Reserve Components and their Family Members with a valid ID card; currently employed and retired APF, NAF, and DoD and Coast Guard civilians; DoD contractor employees working full time on the installation; non-DoD Federal employees working on the installation; guests, when accompanied by authorized patrons, are authorized in-house use of materials; former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members are authorized.

**MWR LEISURE TRAVEL:** Authorized Patrons include: All members of the United States Reserve Components and their Family Members with a valid ID card; currently employed and retired APF, NAF, and DoD and Coast Guard civilians; DoD contract employees working full time on the installation; guests when accompanied by authorized patrons; former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members; and Non-DoD Federal employees working on the installation.

**OUTDOOR RECREATION:** Authorized Patrons include: All members of the United States Reserve Components and their Family Members with a valid ID card; currently employed and retired APF, NAF, and retired DoD and Coast Guard civilians; DoD contract employees working full time on the installation; guests when accompanied by authorized patrons; former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members; non-DoD Federal employees working on the installation. Fort Rucker Lake Tholocco areas and facilities will remain open to members of the public.

**PHYSICAL FITNESS CENTERS:** Authorized Patrons include: All Active Duty Military and their family members with a valid ID card. All members of the United States Reserve Components and their Family Members with a valid ID card are authorized. Currently employed and retired APF, NAF and DoD and Coast Guard civilians and Family members residing in the sponsor's household are authorized. DoD contract employees working full time on the installation are authorized, except during PT hours (0500-0715 Mon-Fri), on a space available basis. Former Prisoners of War (POW's), and spouses of current POWs or service members missing in action (MIA) and their Family Members are authorized. Non-DoD Federal employees working on the installation are authorized. Guest Policy: Active Duty/Retired military and their Family members only may sponsor guests at the facility. Guests must be accompanied by the sponsor.





**RIDING STABLES:** All members of the United States Reserve Components and their Family Members with a valid ID card are authorized. Currently employed and retired APF, NAF, and DoD and Coast Guard civilians are authorized DoD contract employees working full time on the installation are authorized. Community area residents with no military affiliation may participate in Riding Stables activities. Participation will be IAW Equestrian Center operational procedures for nonmilitary patrons, and on a space availability basis. Former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members are authorized. Non-DoD Federal employees working on the installation are authorized.

**SKILL DEVELOPMENT ACTIVITIES (AUTO, ARTS & CRAFTS):** Authorized Patrons include: All members of the United States Reserve Components and their Family Members with a valid ID card; Currently employed and retired APF, NAF, and DoD and Coast Guard civilians; DoD contract employees working full time on the installation; guests when accompanied by authorized patrons, any; any guests must stay with authorized patron throughout visit; former Prisoners of War (POWs), and spouses of current POWs or Service members missing in action (MIA) and their Family Members; and non-DoD Federal employees working on the installation.

## FUNDRAISER REQUESTS

Fundraiser Form Instructions (Forms are available from the MWR NAF Support Management Division or online at [rucker.armymwr.com](http://rucker.armymwr.com)): The request must be completed and submitted to DFMWR 30 DAYS PRIOR to the fundraising event. If submitted less than 30 days prior, the event MAY NOT BE APPROVED. Forms should be returned to MWR NAF Support Management, Bldg. 5700 Room 310.

### TO COMPLETE THE FORM:

- 1 Please provide your unit information, soldier family readiness group information, or private organization name.
- 2 What kind of event are you trying to hold? i.e. car wash, cookie sales, popcorn sales, donation giveaway, etc. NOTE: If you are having a donation giveaway, please annotate what the item is that will be given away on this same line. Example (Item: Xbox).
- 3 Please provide the date and time of your event. The application may not contain dates for multiple events. However, the application can have multiple dates for the same event. Example of compliant is a seasonal event held over a range of days, i.e. gift wrapping (December 12-14). Example of non-compliant is scheduling separate car washes on one application (May 15, June 20, etc.).

- 4 Where do you plan on having this event? Are you having it at multiple sites? List the locations where you plan to raise your funds here. It is your responsibility to coordinate approval with the manager of a facility prior to submitting your request. Please obtain the printed name, signature, and phone number from the locations' management/commander on the supplemental lines provided. Please attach additional approvals on a separate sheet of paper.
- 5 Please provide a fee or donation amount that your organization will be accepting during the event.
- 6 If your event will require military or logistical support, please attach a separate page explaining your intent and the support you would like to request.

If an Unit Informal Fund or SFRG you must provide a signed copy of your informal fund SOP. SFRGs require a signature from the battalion level or equivalent prior to being submitted.

For additional information or to make an appointment for Fundraising Requests, contact the DFMWR office at (334)255-9331.



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Where Healthcare and Community Connect

### Did you Know:

Over 900 babies were born at MCE last year. More than 26,000 patients were treated in our ER, over 37,700 patients were treated with outpatient procedures, over 4,700 patients had surgery, over 700 pain management procedures, and more than 3,700 patients are admitted at MCE each year.



## A GREAT PLACE TO DELIVER

Labor and Delivery done your way! Three amazing OB/GYN physicians, that will help guide you through the process. Modern facility, clear curtain deliveries, Mommy quiet time, and skilled compassionate nursing care with decades of combined experience. Plus, your own lactation specialist. Call for a private tour today.

**MCE, where caring for you and your family is our mission.**



Sleep Study Clinic, Cardiopulmonary/Respiratory (EKG, Stress Testing), Laboratory, Pediatrics, Rehab (physical therapy, speech therapy, sports medicine, wound care), Imaging (3D mammograms, CT, MRI, MRA, Ultrasound, Nuclear Medicine, Bone Densitometry), Joint Replacement program, plus Volunteer, Senior Circle, and Healthy Woman programs. We are here to meet the needs of your family.



Medical Center Enterprise

# YOUR HOMETOWN HOSPITAL

No U.S. Army or DoD endorsement implied

400 NORTH MAIN STREET, ENTERPRISE  
334 - 347 - 0584 — MCEhospital.com

No U.S. Army or DoD endorsement implied



## Transforming training solutions for the Enduring and Future Fleet

CAE proudly serves the Fort Rucker community and supports the U.S. Army's Aviation Center of Excellence with academic, advanced synthetic and live flight instruction for both rotary and fixed-wing Army aviators.

cae.com/defense-security

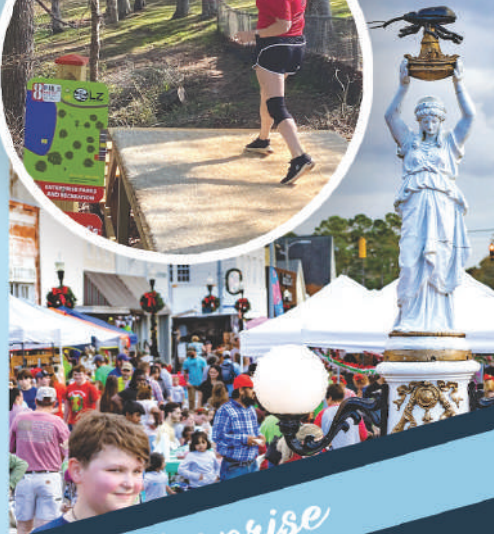




# VISIT ENTERPRISE

*Where you can spread  
your wings and enjoy...*

- The world-famous Boll Weevil Monument and explore all the weevil statues along Weevil Way.
- Historic downtown where you can shop, dine, create and be entertained.
- Beautiful parks with walking trails, sports fields, splash pad, 18-hole disc golf course, fishing pond, picnic pavilions, dog park and playgrounds.
- Fun festivals, concerts, recreational activities and the World's Smallest St. Patrick's Day Parade.
- Farm-to-Table tastes and handcrafted items at the Enterprise Farmers Market.
- Educational institutions with a tradition of excellence in academics, athletics and extracurricular activities.
- Dining destinations ranging from homemade donuts, ice cream and homestyle Southern cooking, to fine dining, cocktails and craft beer.
- A wide variety of overnight accommodations and locations for meetings, conferences, tournaments, weddings, or other special events.
- Southern hospitality and welcoming neighborhoods that make everyone feel like a local.



*Connect with Everything Enterprise*



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